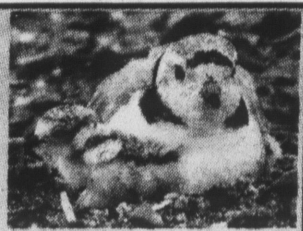




COVID-19 Writing Competition Winners - Page 3

Massachusetts To Allow Voting By Mail - Page 24

Piping Plovers At Wollaston Beach - Page 15



CAR-RT LOT-C-004
THOMAS CRANE LIBRARY
40 WASHINGTON ST
QUINCY, MA 02169-6304

The Quincy Sun



Historic Quincy's Hometown Weekly Newspaper Since 1968

VOL. 52 No. 43

Thursday, July 9, 2020

\$1.00



JAMES CHIRIELEISON, 3, holds a flag during the National Anthem opening the Adams Shore Community Association's annual Fourth of July celebration at O'Hara Circle on Saturday. More photos from the Independence Day celebration will appear in the July 16th Quincy Sun.

Quincy Sun photo/Tom Gorman

\$1.27 Million OK'd For Community Preservation Projects

By SCOTT JACKSON

The City Council unanimously approved appropriating \$1.27 million in community preservation funds towards eight projects at historic sites and an affordable housing development.

The council approved the appropriation on June 15. The projects were previously vetted by the Community Preservation Committee.

"This year it was very challenging obviously with the COVID-19," said Councillor Noel DiBona, a member of the Community Preservation Committee.

"It was some good stuff - projects that were put in the pipeline from these different groups."

The largest allocation of money this year, \$500,000, will go to NeighborWorks

Housing Solutions. The non-profit will use those funds to support the construction of an 18-unit affordable housing building on Winter Street in Quincy Point. NeighborWorks will partner with Father Bill's and MainSpring to provide counselling and other services, including life skills training, to the building's

Cont'd On Page 11

City Council Could Meet This Summer

By SCOTT JACKSON

City councillors could meet this summer to review Mayor Thomas Koch's request to borrow \$14 million for the build out of the new special education center, Ward 1 Councillor David McCarthy said in a recent

interview.

The mayor submitted the request for a \$14 million bond to pay for work related to the opening of the new special education center to the City Council on May 18. The item was referred to the finance committee at

that time and no action was taken before councillors adjourned for their summer recess on June 15.

McCarthy, the chairman of the finance committee, said he wants to work with Council President Nina Li-

Cont'd On Page 11

High Turnout Seen At H.S. Graduation Ceremonies

By SCOTT JACKSON

More than three-fourths of this year's high school graduates plan to attend commencement ceremonies set for later this month inside Veterans Memorial Stadium.

North Quincy High School's graduation is set for 6 p.m. on Friday, July 24. Quincy High School's graduation ceremonies will take place the following day,

Saturday, July 25, at 10 a.m. and 4 p.m. Two ceremonies will be held for QHS graduates because of the size of the school's senior class.

The contingency dates for the ceremonies are Mon-

day through Wednesday, July 27 to 29, all at 6 p.m.

The state, as part of guidance it has issued for holding graduations this year amid the coronavirus pandemic, required participat-

ing students to register in advance. The deadline for Quincy graduates to register was June 22.

Interim Quincy School Supt. Kevin Mulvey on June 24 told the School Com-

mittee that 200 of the 280 seniors from North Quincy High School had registered to attend their ceremony. For Quincy High School, 313 of 380 seniors have said

Cont'd On Page 11



SQUANTUM SPIRIT - The 111th consecutive Fourth of July parade was supposed to be held last Saturday but had to be cancelled due to the COVID-19 pandemic. However, some of the neighborhood residents kept the tradition alive by holding a small vehicle parade. Shown here are the participants with their modes of transportation: four Mustangs, a 1951 Mercury, three motorcycles, a pick-up truck, decorated golf cart and three bicycles. The procession was the same as the usual parade route: down Bellevue Road to Dorchester Street along the water to East Squantum Street then up Huckins Avenue ending behind Squantum School.

Photo Courtesy Jim Stamos

Recommendations For Fitness Programs - Page 2

Health Spotlight: Kawasaki Disease - Page 9

Museums, Theaters, Gyms Re-Open - Page 11

More Quincy news:

The Quincy Sun.com



Recommendations For Fitness Programs

Practical Fitness With Wayne L. Westcott

By WAYNE WESTCOTT

As life becomes a little more normalized, many of us are looking forward to getting back into our regular fitness program. Some of us have been able to train at home, and may continue to do so.

Certainly, with the warm weather there is no difficulty doing outdoor aerobic exercise such as walking, hiking, jogging/running, bicycling, canoeing/kayaking, and some athletic activities including tennis and golf. Home strength training is somewhat more challenging, but can be accomplished with elastic band and dumbbell exercises. I will do a column on the best elastic band and dumbbell exercises in the near future.

However, many of us prefer to do our strength training at a well-equipped and well-supervised fitness facility using well-designed resistance machines, free-weights, or both. To this point, our research has shown that resistance bands are less effective than resistance machines for muscle development. As I have noted in previous columns, adults who do not strength train lose muscle at an average of 6 pounds per decade depending on age, gender, and genetic factors. In our large-scale studies with adults and older adults, we have consistently recorded a 3-pound increase in muscle (along with a 4-pound decrease in fat) after just 10 weeks of basic and

brief strength training sessions. Therefore, about 6 months of regular resistance exercise may reverse approximately 10 years of the muscle loss due to inactive aging.

Quincy has several excellent fitness facilities, as well as the South Shore YMCA, that provide expert fitness leadership. I am familiar with many of these, as our Quincy College Exercise Science students do 15-week internships in a variety of local exercise centers. In addition to having more and better training equipment than home gyms, most people exercise more regularly and more productively in a supervised fitness facility than at home. Following the unique restrictions of the past few months, a lot of us are looking forward to reinstating our old exercise program or beginning a new exercise program. Although I can do effective upper body strength training with free-weights in my basement, I have not been able to perform appropriate resistance exercise for my legs, lower back, and midsection muscles since mid-March.

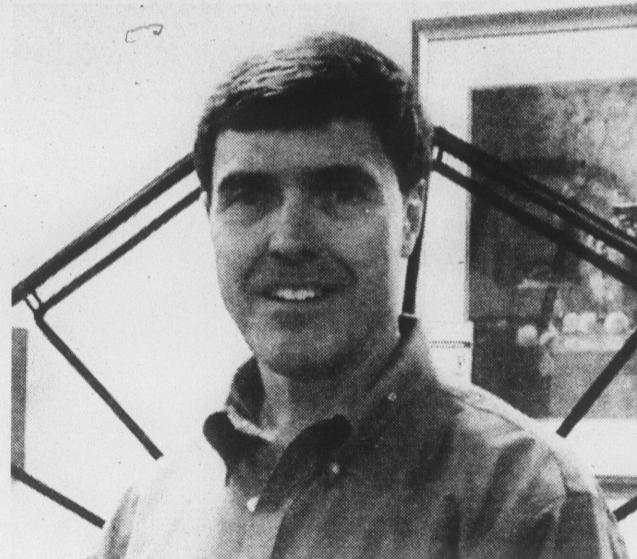
Due to the continued threat of COVID 19, it is important to resume (or begin) training in a fitness facility that provides the safest possible exercise environment. Here are a few things to consider when choosing a fitness facility in this new era of health awareness and disease prevention. Although there are many ap-

proaches to providing a safe training facility, I believe that the most important issues are distancing and disinfecting. With respect to distancing, be sure that every piece of equipment is 6 feet away from every other piece of equipment (both resistance machines and cardio machines). Likewise, every free-weight exercise space (e.g., bench press station, barbell squat station, standing dumbbell press area, seated dumbbell curl area) should be separated by 6 feet. Check-in desks should have plenty of space for members to wait (briefly) for their turn to be welcomed into the facility. An obvious (but often overlooked) aspect of distancing is the number of participants allowed in the exercise facility at any given time. Lower volume fitness centers (like ours) can adopt time-scheduling procedures, but this can be a more challenging issue for higher volume facilities. A major concern for fitness centers with an educational emphasis is separating instructors from participants during training sessions. Of course, this brings up the matter of wearing face masks during high-effort exercise. Undoubtedly, fitness staff should wear face masks. Likewise, under current conditions, exercisers should wear face masks inside fitness facilities, even

if it requires a lower training intensity. People who cannot perform high-effort exercise while wearing face masks should do their more challenging workouts (fast running, hard cycling, etc.) at home/outside, as forceful air expulsion without an adequate barrier is too risky at the present time. Again, distancing is a key factor in disease prevention, especially in fitness facilities with exercising individuals who (by necessity) have more pronounced breathing patterns.

My second emphasis for reducing the risk of contagious diseases is frequent and effective disinfecting procedures. This begins with ample air purification systems throughout the exercise facility. I am a strong advocate of washing one's hands and face regularly, including before entering the exercise facility, every 25 minutes during the exercise session, and after leaving the exercise facility. Similarly, hand sanitizers should be used routinely throughout the workout.

Fitness facilities should disinfect all of the equipment (especially the touch areas on resistance machines, cardio machines, free-weights, doors, clipboards, etc.) at predetermined intervals before and throughout the hours of operation. The disinfecting agent(s) should be on the



WAYNE WESTCOTT

approved list of the Centers for Disease Control and Prevention. Because it is hard to disinfect paper products and pencils, workout cards and writing utensils should be kept personally by each participant rather than stored in filing boxes that must be touched by other members. Of course, another solution to this problem is recording your training sessions electronically. Magazines (typically read when using exercise cycles) that are touched by many people should be replaced with paper copies of relevant articles (e.g., exercise, nutrition, fitness, health), that may be taken home or discarded after reading. Checking each person's body temperature upon facility entry is a good procedure. However, the relatively large number of false positive readings may render this procedure less useful than always asking about any cold/flu

symptoms. Anyone who acknowledges or displays cold/flu symptoms should not be allowed to train until these warning signs are no longer present.

While there are certainly other safety precautions besides distancing and disinfecting, I consider these to be key factors for fitness center participation. Additionally, if you have any medical conditions or immune system deficiencies, be sure to follow your personal physician's advice on exercising in a fitness facility.

Wayne L. Westcott, Ph.D., is Chairperson of the Quincy College Exercise Science Department and Director of the Quincy College Community Fitness Facility. He has written 30 books on physical fitness and strength training. Wayne may be reached at 617-984-1716 or at wwestcott@quincycolllege.edu.

HELP WANTED

HELP WANTED - CARPENTER

The Quincy Housing Authority has an employment opportunity for a carpenter. Candidate must be able to install kitchens, renovate bathrooms, subfloors, install doors and windows, roofing, siding, trim, and all other aspects of carpentry. The incumbent will perform skilled carpentry, construction, maintenance and repair tasks on buildings, apartments and structures and is required to perform rough and finished carpentry. Candidate must be able to install drywall and repair plaster walls for plasterer. In addition must be able to interpret and apply building plans, blueprints, specifications and sketches to construct, install or repair such structures or components as closets, frames, counter tops, etc. Candidate must be available to respond to emergency calls in the event of a fire, break-in or a life and safety concern. Must also possess experience to perform the tasks associated with the trade and have minimal computer skills to access and operate the QHA time management system. Valid Massachusetts driver's license and good driving record required. Employment is subject to a CORI and driving record check as well as random drug testing. Salary is \$34.00 per hour based upon a 40 hour work week. Incumbent must join or be a part of the carpenters union. A completed QHA Application must be submitted to be considered for this position. An electronic PDF version can be downloaded on the QHA website under Documents/Administration at www.quincyha.com. Applications should be submitted to Terry Champion, Executive Assistant, Quincy Housing Authority, 80 Clay Street, Quincy, MA 02170, until 4:30 p.m. on July 17, 2020.



New Building At Community Running Track

Mayor Thomas P. Koch announces a new building at the community running/walking track at Faxon Field. The brick building, called the Quirk Fieldhouse, will have rest rooms and storage space for activities permitted at Faxon Field.

The building - including the restrooms - will be open for events at the field only. Restrooms will not be open for individuals who use the field for walking, running and other recreation, according to the city.

Koch recognized the substantial financial commitment that local businessman Daniel J. Quirk made to the construction of the facility. He also recognized Quirk's longtime commitment to local charities including his annual sponsorship of the Flag Day fireworks show.

The building will support the high school track programs, the Quincy Youth Track Club, and the Quincy High School sports teams that utilize the field. The building contains two rest rooms, a storage area, and a small office.

"I want to thank Dan Quirk for his sustained sup-



MAYOR TOM KOCH, local businessman Dan Quirk and Commissioner of Natural Resources David Murphy stand outside the new Quirk Field House at Faxon Field.

Photo Courtesy Lisa Aimola, City of Quincy

port of our community and especially for his generous contribution to this specific facility," Koch said. "It is another great example of a public-private partnership working together to help our residents. This building improves the practice and track meet experience for our student-athletes and makes the entire facility look more impressive. Most other communities have similar buildings that support their track and field athletes and

our young people deserve the same."

The building replaces a series of storage boxes that blighted the park area and interfered with the discus and shot put areas. The rest rooms will be managed by permit holders and not be open without a permitted event on site.

The fieldhouse project is part of a multi-year \$48 million investment Mayor Koch and the Quincy City Council have approved for

various community investments in our park system. Every park in every neighborhood is being targeted for some level of improvement and enhancement. All 30 City playgrounds throughout Quincy's neighborhoods are being renovated. Major renovation projects at Kincaide Park in South Quincy, the city's first Dog Park on Quarry Street, and the new Pond Street Skatepark in Quincy Point are also slated to be opened this summer.

JUL

9

2020

COVID-19 Writing Competition Winners Selected

By SCOTT JACKSON

The nine winners of the COVID-19 writing competition, which asked Quincy students to share their experiences with the pandemic, have been announced.

Ward 3 Councillor Ian Cain had organized the competition in collaboration with Mayor Thomas Koch, the Quincy Public Schools and Superintendent Dr. Richard DeCristofaro, and The Highpoint Foundation.

Students were asked to write an essay, a story or a poem about their COVID-19 experience and how they feel about this time during the pandemic. The deadline to enter the contest was May 20.

First, second and third place prizes were awarded for high school (grades nine through twelve), middle school (grades six through eight), and elementary school (kindergarten through grade five). The first place prize for high

schoolers was \$3,000; second place was \$1,500 and third place was \$500. For middle and elementary school students, the first place prize was \$1,500, the second place prize was \$750 and third place was \$250.

Dominique Dang, a ninth grader at North Quincy High School, received first place in the high school competition for her submission, "Waving Through a Phone Call." Cassandra Gordon, a tenth grader at Quincy High, finished second with her entry, "The Year Is 2020." Dustin Baker, a twelfth grader at Quincy High, won third place for his submission, "What We Owe to Each Other."

Kyle Tolini, an eighth grader at Atlantic, took home first place in the middle school competition for "The Iron Sword." Kyra Lee, an eighth grader at Central, finished runner-up with her submission, "Fading Memories." Ganilo



WINNERS OF THE COVID-19 student writing competition were recently informed of their selection during a Zoom call on Quincy Access Television. Top row (left to right) Cassandra Gordon, QATV's Joe Catalano, Keertana Uppala and Ganilo Quintos. Middle row: Hunter Wood, Ward 3 Councillor Ian Cain, Dominique Dang and Dustin Baker. Bottom row: Kyra Lee, Kyle Tolini and Jack Herlihy. More than 800 students submitted essays, stories or poems focusing on the pandemic. Courtesy Photo

Quintos, an eighth grader at Broad Meadows, was awarded third place for "A Violent Virus."

Hunter Wood, a fifth grader at the South-West Middle School, took home the top prize in elementary school competition with "Finding the Extraordinary in the Ordinary." Keertana Uppala, a fourth grader at the Marshall School, fin-

ished second with "A Little Girl's Story," and Jack Herlihy, a third grader at Ather-ton Hough, won third place for his submission, "Distance."

The nine winners were chosen from a field of more than 800 submissions, Cain said. Members of The Highpoint Foundation, including Cain, Larry Liuzzo and Brian Radell judged the sub-

missions.

"What started off as a casual conversation with a neighbor quickly turned into a \$10,000 writing contest with 821 submissions," he said.

"It was no easy task to review such unbelievable works of art. Overall, I learned that each of the students who participated share so many common feelings,

emotions and interests generally, but especially during this unique period of history in which we are living. I feel privileged to be able to understand the varying perspectives of a young person, and now have a valuable historical record with which I plan to share with our community and with the world."

New Owner For Atlas Liquors

By SCOTT JACKSON

Atlas Liquors on Adams Street could soon have a new owner, but no major changes to the store are planned.

The Board of License Commissioners on June 23 approved a transfer of Atlas Liquors' retail all-alcoholic beverages license from the store's old owner to Jay Shiv Kris Corp. The transfer requires final approval from state regulators before the store changes hands.

The president of the new corporation is Jay Patel. Patel owns Curtis Liquors stores in Cohasset and Weymouth, according to his attorney, Matthew Porter.

"He is an experienced, responsible owner," Porter said.

Patel does not plan to make significant changes to

Atlas Liquors once he takes over, Porter told the board.

"There are no major anticipated changes to the store," he said. "We feel it will be a very seamless transition."

The store's current employees will be given the option to continue working there under the new ownership.

"Our hope is everybody stays on board," Porter said. "It is a very successfully run operation."

Lt. Peter Turowski, the police department's liquor inspector, welcomed the news that the store's employees would remain on staff.

"They run a good operation there," he said. "I've had no problems."

Board members then approved the transfer in a unanimous vote.

WOLLASTON DENTAL GROUP

THE FINE ART OF A BEAUTIFUL SMILE

Exceptional safety for you and our team remains our unwavering standard as we provide comprehensive, preventative, emergency, cosmetic and dental implant services. It is always our privilege to take good care of our patients.



James McDonough, DDS

Welcoming new patients

628 Hancock Street
Quincy, MA 02170
(617) 479-8375

info@wollastondentalgroup.com

Located just two short blocks from the Wollaston T Station.

wollastondentalgroup.com



Own a home and there's something you want money for? There's a better way to get it

You have a house with lots of equity. A good income. Good monthly cash flow. And investments you don't want to touch right now. So what's the best way to get the money you want? **How about a 30-Year Refi with cash out from Colonial Federal?** With fixed monthly payments, it's more predictable than an adjustable-rate home equity line. Way less expensive than credit cards. And you always have the opportunity to pay it off sooner if you make extra payments along the way. Sound interesting? Call Angela Blanchard, VP/Retail Lending at 617-471-0750 or apply online at colonialfed.com. **Colonial Federal, a bank with ideas.**

30-YEAR FIXED
3.50% RATE
3.61% APR
NO POINTS!



COLONIAL FEDERAL SAVINGS BANK

"Your neighborhood bank!"

QUINCY: 15 Beach Street 617-471-0750

1000 Southern Artery (Residents only) 617-479-1430

HOLBROOK: 819 South Franklin Street 781-767-1776

EAST WEYMOUTH: Middle & Washington Streets 781-331-1776

ONLINE: www.colonialfed.com

Other Important Information: Rate/Annual Percentage Rate (APR) effective as of 07/01/20 and may change. Applies to 1-4 family owner-occupied homes. Assumes a maximum 80% loan-to-value and first mortgage position. Subject to credit approval. A 30-Year Loan would be repaid in 360 equal monthly principal plus interest payments of \$4.49 per \$1000 borrowed, which do not include taxes or insurance premiums, if applicable. So your actual monthly payment will be greater. NMLS#409557



Member FDIC

Scenes From Yesterday

THIS POSTCARD view of the statue of Scottish poet Robert Burns was published in the late 1920s. It is shown here in its original location on a traffic island at the intersection of School and Franklin Streets in South Quincy. The statue was a gift to the city from the Burns Memorial Association and was dedicated in November 1925. Quincy's Clan MacGregor, a 1,000-member Scottish fraternal organization, hosted the dedication ceremony followed by an elaborate banquet and concert at their Franklin Street hall seen in the background. The featured speaker was Colonel Walter Scott, the famous Scottish-American philanthropist and humanitarian for whom the Clan's hall was named. The statue was designed by Quincy sculptor Gerald Horrigan and was carved from Westerly, R.I. granite by his father John, a famous Quincy statue cutter. The base consists of three pieces of Quincy granite from the Granite Railway Quarry. In 1974, fears of damage from the Red Line bridge construction on School Street resulted in the statue being moved to its present location at the intersection of Burgin Parkway and Granite Street.

From the Tom Galvin Postcard Collection



Quincy's Yesterdays

This Week
1976
44 Years Ago

Hancock Street Pedestrian Mall For Sidewalk Bazaar

The seventh annual Sidewalk Bazaar kicked off on Thursday, July 15 with Hancock Street turned into a pedestrian mall for three days.

The event is sponsored by the Quincy Center Business and Professional Association. Some 30 booths, gaily striped and canopied, dot both sides of Hancock Street, displaying the wares and programs of downtown merchants, civic groups and fraternal organizations. Music will be provided by Baron Hugo and his pageant orchestra, and the Quincy High Alumni Band. Highlight of the festivities will be the selection and crowning of Miss Quincy Bay Friday evening.

Editor's Note: Mary Pickering, 16, of Quincy, was crowned Miss Quincy Bay in front of 5,000 pageant goers in Quincy Center. Among those cheering her on was Mary's mother, Mrs. Mary (Joyce) Pickering, who was Miss Quincy Bay of 1957.

\$25,000 REHABILITATION PROGRAM FOR SOUTHWEST AREA

A comprehensive community rehabilitation program will get underway shortly in the Water St-Southwest Quincy area; it was announced by the Department of Planning and Community Development.

Estimated costs were pegged at \$25,000, including federal funds from the Community Development Block Grant and the Housing Rehabilitation Loan Program. Planning Director Lars N. Lundin said the immediate objective of the program will be to correct those conditions, which exist in the neighborhood, which endanger the health and safety of the residents.

QUINCY-ISMS

Queen Elizabeth II of Great Britain, during a visit to the Greater Boston area, cut a cake made for her by Quincy's master baker Ernest Montillo... **Rep. Joseph E. Brett** (D-Quincy) announced his candidacy for a 10th term as state representative in the Third Norfolk District. (Editor's Note: He didn't make it.)... **Maria Del Rosso**, daughter of Mr. and Mrs. Stephen J. Del Rosso, 10 Willow St., Wollaston, was awarded the degree of Bachelor of Science Magna Cum Laude, from Suffolk University... **Michael W. Morrissey**, 22, of 88 Colby Rd., announced his candidacy for state representative in the Third Norfolk District. Morrissey is a graduate of North Quincy High School and the University of Massachusetts at Amherst. (Editor's Note: He made it.)... **Marine Private First Class Richard A. Mountford**, son of Mr. Henry Mountford, 180 Essex St., Squantum, reported for duty at the Marine Corps Air Station, New River, Jacksonville, Florida... **Robert T. Batson** of Quincy, received a degree in fire science with high honors... Some 400 parents and youngsters attend the Koch Club's 29th annual picnic at Pageant Field, Merrymount. **Richard J. Koch**, executive director of the Koch Club, called it one of the most successful such events in the club's long history... **Eleanor Villard**, 44 Burns Ave., Quincy Point, was elected president of the Catholic Young Adults Organization (Chi Rho) of the Boston Archdiocese, the first woman to hold the post in the group's 20 year history... **Mrs. Nancy Santry** was elected chairman of the Lincoln-Hancock Community School Council. **Ronald Kaufman** was elected vice-chairman; **Deborah Ross**, recording secretary; **Thomas Brow, Jr.**, treasurer and **Mrs. Edie Ruta**, corresponding secretary... **City Councillor at-Large Paul Harold** was covering the Democratic National Convention in New York City for *The Quincy Sun*... The Pilgrim Luncheonette, 1472 Hancock St., Quincy Center, was asking visitors to the Sidewalk Bazaar to "Dine With Us, Great Food, Great Service"... Quincy Typewriter Service, 5 Maple St., Quincy Center, offering a Smith Corona Coronet Super 12 Typewriter for \$229, \$10 off with a copy of this ad... **Henry Bosworth** of *The Quincy Sun* and **Kenneth P. Fallon, Jr.**, of WJDA were co-chairmen of the Miss Quincy Bay Pageant... Navy Fireman Apprentice **Joseph T. Keller, Jr.**, son of Mr. and Mrs. Joseph Keller, Sr., 207 Whitwell St., graduated from the Hull Maintenance Technician School at the Naval Training Center, San Diego, Calif... **James C. Fratolillo**, 374 Manet Ave., Houghs Neck, was accepted into a seven week summer program at the Berklee College of Music in Boston.

READERS FORUM

QPS Needs To Act Against Racism

In recent weeks new social media accounts were started by students to share their experiences with racism at both Quincy high schools. These powerful stories reveal a school climate which is hostile for students of color.

Local government officials and administrators often cite diversity as one of our city's greatest assets. Based on 2019-20 Quincy Public Schools enrollment data, 56% of the students identify as non-white. The environment these students report indicates our school system is failing all students. Our community needs more than kind words and reassuring promises. Administrators and teachers need more guidance and support than a professional development session.

When schools reopen in the fall we can not go "back to normal". The murder of George Floyd ignited a greater awareness of these issues, but this is not the first time the district leadership has missed an opportunity

to confront racism.

Within the past five years racist acts at Quincy High School, North Quincy High School, Sterling (now known as South-West) Middle School and Beechwood Knoll Elementary School have been significant enough for the larger community to hear about them. What we hear from the students in their posts is that they deal with this racism every day.

It is finally time to do the hard, uncomfortable work

of examining the climate and policies of our school system that have directly, or indirectly, contributed to systemic racism, bias and hate in our community. All students deserve a safe, inclusive learning environment embedded within a culture of equity and diversity that starts at the highest levels of leadership and continues all the way down through teachers and staff.

Quincy Public Schools and the City of Quincy need

to invest in a comprehensive strategy to address racism. This includes the creation of a Steering Committee of invested stakeholders from within the system and the community, an assessment of our challenges and assets, a strategic three- to five-year plan for addressing the challenges, and a system for evaluation and accountability.

Quincy For Transformative Change, Education Task Force

SUBSCRIPTION FORM

FILL OUT THIS SUBSCRIPTION BLANK AND MAIL TO

The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper Since 1968

1372 HANCOCK STREET, QUINCY, MA 02169

NAME _____

STREET _____

CITY _____

STATE _____

ZIP _____

CHECK ONE BOX IN EACH COLUMN

☐ 1 YEAR IN QUINCY

\$40.00

☐ 1 YEAR OUTSIDE QUINCY

\$42.00

☐ CHECK ENCLOSED

☐ 1 YEAR OUT OF STATE

\$50.00

READERS FORUM

READERS FORUM

NQHS Should Take Steps For More Inclusive Learning Space

(A copy of the following letter was submitted to *The Quincy Sun* for publication.)

Dear Principal Shaw and NQ Faculty:

We NQHS students and alumni write to you today in the wake of the heartbreaking injustices that have recently been the center of widespread outrage and action across the United States. The murders of George Floyd, Ahmaud Arbery, Breonna Taylor, Elijah McClain, and too many more have incited nationwide protests, drawing attention to generations of police brutality and institutional racism faced by the Black community. Unfortunately, North Quincy High School is not immune to the enduring history of racial discrimination in America, and we demand that the administration act to address past allegations of discrimination, as well as take steps to create a more inclusive learning space for the future.

Many students have spoken out on social media about how North Quincy High School has failed its own students of color, reporting various incidents of racial discrimination as well as the use of insensitive and hostile language. They allege that both the student body and faculty members have taken part in these racialized experiences, which were left largely unaddressed and suggest a troubling complicity at an administrative level. These accounts include the use of racial slurs by non-Black students, Asian students being told to speak English by staff members while conversing privately with peers, and bigoted remarks and ignorant assumptions made by staff about students who are POC, persons of color, among many other racially-charged exchanges. The full list of anonymous submissions can be found on the Instagram account @POCat-NorthQuincy.

These shameful incidents allow us to reflect critically on how we can educate ourselves and enact change. The fact that such a large number of students have recalled similar experiences and can recognize them as unjust is a testament to the student body's willingness to hold each other accountable if given the right resources.

We acknowledge and appreciate that Quincy Public Schools has been listening to its students and are taking our lived experiences seriously. At the same time, we know that we as a community can all do more to make NQHS a safer and more welcoming space for all. We demand that you implement the following proposals that will (1) provide community members with resources and opportunities to learn and discuss racial bias and (2) keep our community accountable:

• **Implement a protocol for racial violence and hate speech that is separate from "bullying" and denounce the use of the n-word by Non-Black individuals**

o Hate-speech and racial violence reveals internal prejudices and biases that may be absent from general online "trolling" or bullying. This is a targeted form of harassment that must be identified and disciplined accordingly.

o Furthermore, we demand that NQHS release a public statement defining the use of the n-word by Non-Black individuals as derogatory. The use of a word that has historically been associated with the enslavement of and discrimination against Black people by Non-Black individuals should be defined as derogatory especially considering that many Americans today continue to use the word to intentionally patronize Black individuals.

• **Create a transparent system for faculty and students to report incidents of hate-speech or prejudice**

o We urge NQHS to monitor a log to record incidents of hate-speech, and this log should be made available to students,

families, and faculty members. Transparency will allow community members to recognize both their faults and their successes in regards to making NQHS a safe and inclusive space. An equity officer or trained faculty member should be responsible for monitoring the log.

• **Include diversity training for all faculty**

o We are glad to hear Interim Superintendent Kevin Mulvey's decision to retain the services of VISIONS to lead equity training for QPS Team administrators, Principals, and Assistant Principals. We urge NQHS to advocate to extend these trainings to all staff.

o We specifically ask that NQHS faculty participate in cultural competency training which will expand on cultural and communication differences between staff and students.

o Additionally, we suggest that NQHS utilize ethnic studies departments (Asian American Studies, Sociology, etc) at local colleges and universities to form workshops for faculty & students to promote cross-cultural discussions and understanding about mental health and social issues pertaining to the communities of our students of color.

• **End and denounce racial profiling by faculty and utilize restorative justice to repair the community**

o Students have shared instances where their fellow Black and Brown peers were labeled as "troublemakers" and people who would only "bring them down." There are also accounts of Black and Brown students being over-policed by administration and faculty members. This unjust practice of racial profiling must be denounced and prevented.

o Additionally, we demand that NQHS implement restorative justice to not only provide fair and equitable punishment, but to have the parties understand each other's perspectives. An offender must take accountability for their actions in order for lasting change to occur in our community.

• **Host a monthly informal roundtable discussion open to students and faculty to discuss experiences related to race and ethnicity**

o This space may be used for students to discuss racialized experiences that they or their peers have encountered.

o We recognize that discussions about race and ethnicity can be personal and uncomfortable, but we believe welcoming spaces where both students and staff are able to be vulnerable will lead to compassionate and productive discourse. This space will also help faculty and non-POC allies better understand the struggles and concerns that students of color have.

• **Change the thematic incoming freshmen summer reading book from *The Alchemist* to a book that highlights systemic racism and is written by a POC author**

o We recognize that much of the English department's curriculum is designed to fulfill standardized testing requirements, so we believe a demand to change the freshmen year reading book is an achievable action that can be made in the upcoming year. We also believe that freshman year reading sets the tone for a student's 4 years in high school. It is therefore important that we promote anti-racist behavior upon entry into NQHS.

o We would also like to emphasize the importance of books written from the POC perspective. Solely using books depicting white savior narratives (e.g. *To Kill a Mockingbird*, *The Secret Life of Bees*) to educate on the POC experience perpetrates a harmful stereotype that POC need "saving."

o Some of our suggestions include the books that NQ guidance had recently sug-

gested to students:

- o *The Hate U Give* by Angie Thomas
- o *Just Mercy*, A Story of Justice and Redemption by Bryan Stevenson
- o *All American Boys* by Jason Reynolds and Brendan Kiely
- o *Dear Martin* by Nic Stone
- o *China Men* by Maxine Hong Kingston
- o *While changing one assigned freshmen*

year reading book is an achievable step towards inclusion now, we also urge NQHS to reevaluate their current curriculum in all departments and discuss opportunities to include contemporary POC voices and POC history.

• **Increase hiring efforts for women and people of color so that our staff better represents the student body**

o People from marginalized communities often face similar experiences. Having staff who can empathize with students and affirm their cultural identity will promote a healthier learning environment and experience for students.

o It is important that NQHS recognizes the linguistic diversity in the school and works to provide and promote interpreters for those who feel more comfortable discussing certain issues in their preferred language.

• **Invite guest speakers to discuss the experiences of people of color**

o We acknowledge that the academic schedule is structured in such a way as to make school-wide and grade-wide assemblies challenging. However, we believe that giving students the opportunity to hear from speakers of color about their experiences with racism would create valuable opportunities for discussion (especially given the lack of teachers of color at NQHS).

o Given the efficacy of the presentations on drug and alcohol abuse that students attend during their time at North, we believe that presentations that address the social issues affecting our community would be equally valuable.

• **Remove Native American Imagery from Yakoo**

o We cannot address racial injustice in our school system while ignoring the fact that NQ's mascot is a source of pain and frustration for many because of its appropriation of Native American culture. A number of Native American community members have expressed that Yakoo and the imagery of "Red" Raiders makes a mockery of their traditions and beliefs, yet their personal accounts have been ignored (see "The Infamous Yakoo of North Quincy High" by Kuan Lee in *The NQ Mirror*).

o We understand that changing NQ's mascot has been a long-standing discussion that involves Dr. Yacubian's legacy at North and his generous contributions to our community, but we urge administration to reflect on the harmful tropes perpetrated by Yakoo's use of Indigenous imagery and the need to remove these appropriations.

• **Acknowledge and emphasize the ethnic background of the student body, and create opportunities for students to discuss their ethnic backgrounds in the classroom**

o Classrooms are crucial learning spaces to drive meaningful exchanges between students and faculty members. The lived experiences of POC students cannot be ignored or treated all the same—this "color-blind" ideology does not resolve racial tensions—instead, lived experiences should be acknowledged and respectfully discussed. Without these opportunities, people often rely on their assumptions and biases, resulting in ignorant and bigoted behavior.

o For example, we must recognize that the terms "race" and "ethnicity" are not interchangeable, and consider that while a

group of students may fit under labels such as "Black" or "Asian," their experiences will still be different from other students who fall under those broad labels. We received reports that several Asian students were assumed to speak Mandarin, regardless of whether or not they were actually Chinese. This is a harmful generalization, and should be addressed as such.

o It was also disheartening to hear students' reports of faculty members demanding them to "speak English, because you're in America." We demand that teachers welcome linguistic and cultural diversity by encouraging English for curricular discussions but allowing social conversations in students' native languages.

Thank you for supporting your students, and for your commitment to make Quincy Public Schools an inclusive space for all.

In solidarity,

251 members of the NQHS community

Writers:

Jamane Depina, Class of 2019
Sam Hwang, Class of 2019
Tanisha Liang, Class of 2022
Nicole Setow, Class of 2019
Kevin Shi, Class of 2021
Iris Xie, Class of 2019

Cosigners:

Samantha Anciano, Class of 2016
Jose Anciano, Class of 2019
Peter Anderson, Class of 2018
Eve Anderson, Class of 2019
Sam Brenner, Class of 2019
Melissa Cai, Class of 2018
Ni Cao, Class of 2011
Amanda Chan, Class of 2020
Kaylin Chan, Class of 2020
Sareena Chao, Class of 2020
Lily Chapman, Class of 2016
Brian Chen, Class of 2019
James Chen, Class of 2019
Qi Chen, Class of 2019
Henry Chen, Class of 2019
Daniel Chen, Class of 2020
Sharon Cheng, Class of 2011
Juliana Chieng, Class of 2019
Victor Chu, Class of 2018
Sammi Chui, Class of 2018
Matt Chung, Class of 2019
Alexander Cox, Class of 2017
Khoana Cuni, Class of 2020
Lori De Lucia, Class of 2001
Benjamin DeBisschop, Class of 2020
Abigail Der, Class of 2020
Rami Derbel, Class of 2018
Jeff Diep, Class of 2019
Linda Duong, Class of 2011
Samantha Duong, Class of 2019
Elisa Dylja, Class of 2019
Brigid Flynn, Class of 2020
Sarah Glozheni, Class of 2019
Kathleen Groom-Nguyen, Class of 1993
& NQHS Parent

Zhou Lun Guan, Class of 2019
Nejwa Hamad, Class of 2020
William Ho, Class of 2011
Jordan Hoang, Class of 2020
Lily Horburapa, Class of 2018
Jasmine Horburapa, Class of 2020
Aiden Houlihan, Class of 2019
Lily Huang, Class of 2004
Joanne Huang, Class of 2012
Emily Huang, Class of 2016
Yong Na Huang, Class of 2019
Ali Hussein, Class of 2018
Caroline Huynh, Class of 2019
Justin Huynh, Class of 2019
Tori Ingram, Class of 2020
Brian Jones, Class of 2001
Greis Kalajnxhiu, Class of 2018
Jordan Kennedy, Class of 2019
Brenna Kirby, Class of 2018
Tiffany Kwan, Class of 2018
Cynthia Lau, Class of 2018
Justin Le, Class of 2018

Cont'd On Page 7.

J
U
L

9

2
0
2
0

Social

Eight Residents Earn Degrees At WPI

Eight students from Quincy recently earned degrees at Worcester Polytechnic Institute. WPI celebrated the Class of 2020 with a socially distanced commencement season in place of its traditional 152nd Commencement exercises.

Quincy residents earning degrees are:

Yi jie Wu, bachelor of

science degree in chemical engineering with high distinction.

Steven Huynh, bachelor of science degree in computer science with distinction.

Solange Mason, master of business administration degree.

Yikit Wong, master of engineering degree in electrical and computer engi-

neering.

Simon Yeung, master of engineering degree in power systems engineering.

Nahreen Masfikah, master of science degree in civil engineering.

Jonathan Toomey, master of science degree in mechanical engineering.

Kelly McMahon, master of science degree in mechanical engineering.

Burke Awards \$6,000 In Scholarships

Quincy attorney George Burke announces he recently awarded six \$1,000 scholarships to Quincy students to attend his alma mater, the University of Massachusetts.

Recipients from Quincy High School are:

Brendan Bailey, University of Massachusetts Amherst; Kevin Gallagher, University of Massachusetts Lowell; and Grace Hobin, University of Massachusetts Amherst.

Recipients from North Quincy High School are:

John Le, Weicheng Lin and Jessica Tran, all attending the University of Massachusetts Lowell.

Burke, a former Ward 5 councillor, councillor at-large, state representative and Norfolk district attorney, has now awarded 194 scholarships to Quincy students totaling \$194,000.

Two Residents Graduate Quinnipiac University

Two Quincy residents recently earned degrees from Quinnipiac University in Hamden, CT.

They are:

Eileen O'Connor, Mas-

ter of Health Science in advanced medical imaging and leadership; and David Phelan, Bachelor of Science in finance.

Catherine Mayo On Saint Michael's Dean's List

Catherine Mayo of Quincy has been named to the Dean's List for the spring semester at Saint Michael's

Justin Patrick McGaffigan, son of Joe and Kara McGaffigan of West Quincy recently graduated from the U.S. Merchant Marine Academy at Kings Point, New York.

McGaffigan earned a Bachelor of Science degree in marine engineering, with a concentration in nuclear engineering. He also received his U.S. Coast Guard License as a Third Assistant Engineer. In addition he was commissioned an officer in the U.S. Naval Reserves.

While at King's Point, McGaffigan played four years Division III tennis and was captain his senior year. During his final two years, he played on the King's Point hockey team, to which the Kings Point became the 2020 Metropolitan Collegiate Hockey Conference Champs for the first time in



JUSTIN P. McGAFFIGAN

the school's history.

from Boston College High School in 2016.

Five On Quinnipiac Dean's List

Five students from Quincy have been named to the Dean's List for the spring semester at Quinnipiac University in Hamden, CT.

They are:

Khrystoffer De Jesus,
David Phelan, Paulo Anto-
nio Soares, Sophia Trinh
and Catherine Yameen.

READERS FORUM

NOHS Should Take Steps For More Inclusive Learning Space For The Future

Cont'd From Page 6

Mya Le, Class of 2020
Kuan Lee, Class of 2019
Shane Lerkvikarn, Class of 2020
Deanna Leung, Class of 2015
Teddy Li, Class of 2014
Emily Li, Class of 2017
Jenny Li, Class of 2020
Trina Liang, Class of 2016
Jaja Liang, Class of 2016
Jonathan Liang, Class of 2018
Tamara Liang, Class of 2018
Julie Lim, Class of 2009
John Liu, Class of 2019
Rachel Liu, Class of 2019
Maria Liu, Class of 2019
Neo Liu, Class of 2019
Jessica Liu, Class of 2020
Kai Livingstone, Class of 2019
Sumire Maki, Class of 2015
Mahnoor Malik, Class of 2019
Tessie McGough, Class of 2012
Tianettie McKee, Class of 2017
Vanessa Mei, Class of 2019
Sarah Mei, Class of 2019
Michael Mullaney, Class of 2015
David Nesti, Class of 2002
Amanda Ng, Class of 2016
Andrea Ngo, Class of 2022
Amanda Ngo, Class of 2017
Tara Nguyen, Class of 2017
Srujana Pannem, Class of 2020
Frances Papandile, Class of 2018
Minh Pham, Class of 2012
Tiffany Phan, Class of 2019
Janice Porter, Class of 1982
Margaret Powers, Class of 2017
Jessica Quilty, Class of 1996
Daniel Rackauskas, Class of 2001
Nawar Rahman, Class of 2019
Lisa Renzi, Class of 1996
Nikki Roman, Class of 2019
Dalia Sadaka, Class of 2016

Fernanda Segura, Class of 2016
 Mabel Setow, Class of 2010
 Erica Setow, Class of 2012
 Agnes Setow, Class of 2014
 Joanna Setow, Class of 2020
 Patricia Simaku, Class of 2019
 Alexandria Soricelli, Class of 2019
 Siné Stabosz, Class of 2003
 Elena Stratoberdha, Class of 2019
 Jessica Tai, Class of 2018
 Vivian Tran, Class of 2019
 Bryan Tran, Class of 2019
 Jenny Tran, Class of 2019
 Michael Truong, Class of 2016
 Marilyn Tseng, Class of 2019
 Tayonna Tucker, Class of 2019
 Ilan Valencius, Class of 2019
 Quynh Vu, Class of 2017
 Jason Wang, Class of 2019
 Celia White, Class of 2019
 Megan Wong, Alumni
 Allison Wong, Class of 2018
 Gigi Wong, Class of 2018, Salutatorian
 Sara Wong, Class of 2019
 Yi Wu, Class of 2018
 Alison Xi, Class of 2018
 Carmen Xu, Class of 2019
 Anthony Xu, Class of 2019
 Kelly Xu, Class of 2019
 Art Yacobian, Class of 1967
 Yasmine Yilgor, Class of 2017
 Jacqueline Yip, Class of 2018
 Karen Yu, Class of 2012
 Jackey Zhang, Class of 2019
 Melissa Zhen, Class of 2019
 Sharon Zheng, Class of 2019
 Larry Zheng, Class of 2019
 Karen Zou, Class of 2017
 Brian Zou, Class of 2018
 Angela Zyba, Class of 2020
 David, Class of 1996
 Julie, Class of 1997
 Student, Class of 2007

[illegible][illegible]

Burke Donates \$1,927 For Fitness Equipment Repairs At QHS

Attorney George Burke announces he recently donated \$1,927.86 for repairs to the fitness equipment in the George G. Burke Fitness Center at Quincy High

School at the request of Principal Lawrence Taglieri.

The fitness center is greatly used by the students at QHS. Burke said he enjoys donating to the school

whenever he is asked. He said he wants to make sure the students benefit from the fitness center and he will always contribute when needed.

WHAT'S COOKING

with

Marie & Susie

By MARIE D'OLIMPIO and SUSIE FALCO



Joe's Eggplant, Chicken Entree

By MARIE

My niece Ann's husband Joe, even though he is Irish, sometimes cooks a delicious Italian entree. Today's recipe is for an eggplant, chicken dish that is a real tasty treat.

EGGPLANT, CHICKEN & PASTA

1 medium sized eggplant (cubed)
1/2 pound chicken tenders (cut in pieces)
6 ounces sliced mushrooms
1 large can or jar of tomato sauce (home-made if you have it)
1/2 pound medium shells

grated Parmesan cheese
3 tablespoons olive oil
salt and pepper to taste
1 teaspoon garlic powder

In the hot oil, saute the eggplant until it is al dente. Set aside. In the same pan, saute the chicken, mushrooms and then add the tomato sauce, salt, pepper and garlic powder. Cook for about 20 minutes.

Boil the pasta according to directions. In a large bowl, place the pasta, pour the eggplant sauce over, and sprinkle with grated cheese.

Red, White & Blue Potato Salad

By SUSIE

How about some red, white, and blue potato salad?

Blue/purple hued potatoes look quite "exotic" for sure, but taste pretty much like regular potatoes. These colorful potatoes pack a big nutritional punch by providing carotenoids, and antioxidants like "anthocyanin" that is also found in berries and pomegranates.

This potato is also very resistant to disease and are also able to withstand harsh conditions, which makes it a good environmental choice as well! Here is a delicious and simple potato salad recipe. Enjoy!

2 pounds baby potatoes, a mix of white and blue (or purple)
1/4 cup lemon juice
4 tablespoons extra-virgin olive oil
1/2-1 tsp Sea salt (I love Redmonds Real Salt)

Freshly ground pepper to taste
3/4 cup chopped roasted red peppers, rinsed

5 scallions, thinly sliced
1 large clove of garlic, minced
1/4 cup chopped fresh parsley



1. Place potatoes in a large saucepan or Dutch oven and cover with salted water. Bring to a boil and cook until tender, about 15 minutes. Drain and rinse with cold water. Transfer to a cutting board. Let cool for 20 minutes.

2. Whisk lemon juice, oil, salt and pepper and garlic in a large bowl. Cut the potatoes in half, add to the bowl and toss to coat.

3. Just before serving, add peppers, scallions and parsley to the salad and toss gently.

Stacey's Colorful Macaroni Salad

By MARIE

Here is a great and colorful macaroni salad made by my granddaughter Stacey that was such a great addition to a recent cookout. Also made an Asian slaw to go with it. Both recipes are included today.

If you are not a fan of this kind of a salad, you will be after trying this one.

MACARONI SALAD

1 pound of Penne pasta
8 ounces of Greek plain yogurt
1/4 cup white Balsamic vinegar

1/4 cup white rice vinegar
Salt and cracked black pepper
1/4 creamy Italian dressing
1 green pepper (diced small)
1 red pepper (diced small)
8 ounces asparagus (cut in small pieces)

Cook the asparagus until tender. Set aside. Cook the penne pasta according to directions. In a bowl combine the yogurt with the two vinegars, salt and pepper, and the dressing. Add the pasta to the dressing and mix gently until done.

Stacey's Asian Slaw

By MARIE

This is a delicious coleslaw and one that Stacey served with her macaroni salad.

ASIAN SLAW

2 packages Ramen beef noodles (she used organic)
1 package of plain cole slaw
2 bunches of scallions (chopped)
8 ounces of sliced almonds

1 package of unsalted sunflower seeds
1 cup vegetable oil
1/2 cup white vinegar
1/4 cup low sodium soy sauce
1 teaspoon honey (mixed with the spices included in the noodle packages)

Smash the noodles raw and place in a bowl. Add all of the rest of the ingredients and mix well. How easy is that?

NQHS 10th Graders Become Published Authors

Forty-two North Quincy High School student writers are now published authors in this year's *We Are America* national collection of teen essays.

This past fall, NQHS teacher Sarah Casimiro embarked on a creative writing expedition with 42 of her 10th grade Advanced English students. Using lesson plans designed by Lowell High School teacher, Jessica Lander, along with guidance from two of Ms. Lander's former students, Philly Marte and Ricardo Manuel Dutra Vargas, Mrs. Casimiro was able to help guide and encourage her students to develop their own writing about what it means to be American. This yearlong project culminated in a book of personal essays about their experiences and identities.

The list of newly published authors includes: Carly Amendolare, Brandon Baker, Julia Bo, Jennie Burgess, Sandy Cai, Caroline Cavicchi, Sophie Cerrone, Christopher Chan, Katelyn Chan, Flora Chen, Nancy Chen, Serena Chen, Jevon Chen, Cheuk Yin Cho, Michael Colantonio, Omar Elhashash, Harrison Gaudiano, Brendan Glynn, Scott Gutro, Xing Hao Huang, Artur Kudaiov, Kevin Le, Angelina Lee, Sabrina Leung, Tanisha Liang, Ada

Lin, Selina Lin, Ting Shing Liu, Maggie Ma, Owen Masur, Baileigh McMahon, Thomas Murray, Linh An Nguyen, Max Nixon, Olivia N. Pham, Olivia T. Pham, Oliver Smith, Ivan Yang, Jeff Yu, Sophia Zheng, Jilin Zheng, and Sarah Zyba.

In the book, Mrs. Casimiro describes this shared experience:

"During the 2019-2020 school year, we studied ourselves in a way we have never done before: we learned about America and how we fit. We created our family trees and traced our roots. We talked with our families, sometimes for the first time, about who we are and where we came from. We learned how to identify ourselves, not by the definitions of others, but by our histories, our presents, and our hopes. We grew to know ourselves more with this project, and with that knowledge, grew a sense of pride and love."

Writing this book allowed students to develop their skills as writers and gain confidence in their abilities. This experience is one that will live on beyond sophomore year, and students will now be able to list "published author" as one of their many accomplishments. In reflecting on the past year and their participation in this project, students had this to say:

"This project has impacted me so much. I feel as though it helped me come out of my shell and become more confident in myself." - Sophie Cerrone

"I found it very interesting to dive deep into my heritage and family history. I feel as though I learned a lot about myself through learning about where I come from. Also, I enjoyed being able to share my stories and experiences with an audience that truly wanted to listen." - Carly Amendolare

"I really enjoyed working on the *We Are America* project. Some of the different activities really helped me to see myself and my classmates in a new light, and it was a good way of seeing how everybody is so diverse." - Caroline Cavicchi

"Writing the story of my life helped me understand and accept the person whom I've become." - Jennie Burgess

The *We Are America* Project is working with teachers and young people across the country to define what it means to be American - and to spark a new national conversation about American identity today led by the next generation."

Essays are available online: <https://www.weareamerica.com/school/north-quincy-high-school>.

How Seniors Can Protect Their Health And Finances During The Pandemic

Throughout the coronavirus pandemic, health officials have been clear and consistent in their message to seniors: While anyone can fall victim to COVID-19, those who are 65 and older are in an especially high-risk group.

That's why older Americans need to be especially

careful and - in the case of the very elderly - family members may need to step in to make sure they are taking the right precautions, says Chris Orestis, the president of LifeCare Xchange and a national senior care advocate.

"As with just about everyone, coronavirus is touching all areas of the lives of seniors, from health to finances to how they socialize," Orestis says.

He offers a few tips on things seniors and their families can do:

• **Prioritize healthy practices.** Follow health guidelines. Wash your hands, avoid touching your face, and sanitize surfaces.

"Social distancing and staying in place have become important new additions to our lifestyle because avoiding contact with infected people is the surest way to prevent contracting the virus," Orestis says. "Grocery stores and retailers have set up senior-only shopping hours, and seniors should take advantage of those. In addition, food delivery

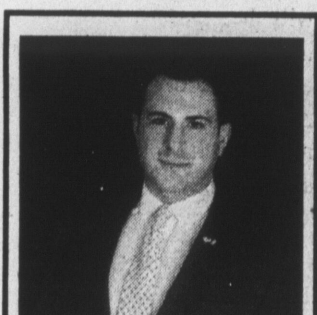
services can bring take-out meals or groceries to your home."

• **Trust nursing homes.**

"Despite the tragic deaths that occurred at Life Care Center's nursing home in Kirkland, Wash., the nursing home industry has been working around the clock in every community to protect their residents," Orestis says. "Nursing homes are always vigilant for influenza, pneumonia, and other viral outbreaks. 'If you have a loved one in a nursing home, do not go visit,' Orestis says. 'Stay in touch remotely through a cell phone, computer, or the staff to help the nursing home avoid contamination.'"

• **Know what financial resources are available.**

"We've experienced a stock market drop, but it is important at times like this to not 'panic sell' and lock in your losses," Orestis says. He points out there are still safety nets and even financial opportunities that can help seniors. For example, the passage of the CARES



Armando Agnitti, Esq., CISR
Anthony Agnitti, CIC, LIA

AGNITTI
INSURANCE AGENCY, INC.

Auto - Home - Business
Life

21 Franklin Street,
Quincy

617-770-0123
AgnittiInsurance.com

Cont'd On Page 17

J
U
L

9

2
0
2
0

Kawasaki Disease: Signs, Symptoms, Treatment

A Message From Ruth Jones, City Of Quincy Health Commissioner

By RUTH JONES
MSPH, BSN, RN,
BC, CP-F

Kawasaki disease is a rare illness in children that is characterized by high fever of at least 5 days' duration at the same time while experiencing at least four of the following five signs and symptoms that occur in the acute phase:

- Inflammation with reddening of the whites (conjunctivae) of the eyes (conjunctivitis or pinkeye) without pus
- Redness or swelling of the feet and/or hands, or generalized skin peeling
- Rash on body and/or genital area
- Lymph nodes swelling in the neck
- Cracking, inflamed lips or throat, or red "strawberry" tongue

Phase 2 signs and symptoms can occur during the disease and may include:

- Skin peeling (from red palms and finger tips and reddish swollen feet)
- Diarrhea
- Vomiting
- Abdominal pain

• Joint pain
In phase 3, signs and symptoms slowly decrease if there are no complications. Still, the person may have irritability, tiredness, and low energy for 1-2 months.

Less common symptoms that can occur include inflammation:

- of the lining of the heart (pericarditis)
- of the joints (arthritis)
- of the covering of the brain and spinal cord (meningitis)

The majority of patients (approximately 77%) are under 5 years of age with a peak incidence at 18 months of age. It is the most common acquired heart disease in children. Complications may include long-term effects of heart problems and coronary artery abnormalities such as vasculitis. The prognosis for an individual affected is primarily decided by the gravity of any heart complications.

Mucocutaneous lymph node syndrome is the original name for Kawasaki disease due to the fact that the

disease is distinguished by the typical changes in the mucous membranes that line the lips and mouth and by the enlarged and tender lymph nodes. Kawasaki disease is also referred to as infantile polyarteritis.

The causative factor for Kawasaki's disease is unknown. Microorganisms and toxins such as that of scarlet fever have been speculated, but to date none has been acknowledged as a cause. It is common for Kawasaki disease to occur after a prior infection, such as tonsillitis, ear infection, pneumonia, urine infection, or gastrointestinal infection. Genetic factors and the immune system appear to play roles in the disease, which is characterized by immune activation. Kawasaki disease is also more common in those of Japanese or Korean descent. Though this illness is not believed to be contagious, symptoms and signs often start after the patient has had an acute infection with a preceding illness that may be something contagious.

Kawasaki disease is treated with high doses of aspirin to reduce inflammation and to mildly thin the blood to prevent blood clot formation. This is one of the few times when it is appropriate for children to take aspirin. Also used in treatment is intravenous immunoglobulin or IVIG, together with fluids. Occasionally cortisone medications are utilized, while persistent joint pains can be treated with anti-inflammatory drugs, such as ibuprofen or naproxen. Plasma exchange (plasmapheresis) has been noted to be effective in patients who were not responding to aspirin and gamma globulin. Kawasaki disease that does not respond to the traditional treatment, aspirin and gamma globulin infusions, can be deadly. Treatments being investigated to assist include doxycycline and statin drugs.

The positive news is that Kawasaki disease is typically self-limited and generally resolves on its own after four to eight weeks, and with early treatment, full

recovery is common.

Recently, another disease observed to have almost identical signs and symptoms to Kawasaki disease has been associated with the COVID-19 (coronavirus) pandemic. This novel disease seems more potent than Kawasaki disease. The CDC has termed the disease multisystem inflammatory syndrome in children or MIS-C. It refers to:

- An individual under 21 years of age with fever, laboratory evidence of inflammation, and evidence of clinically severe illness requiring hospitalization with multisystem (>2) organ involvement (cardiac, renal, respiratory, hematologic, gastrointestinal, dermatologic or neurological); and
- No alternative reasonable diagnoses; and
- Positive for current or recent SARS-CoV-2 infection by PCR, serology, or antigen test; or COVID-19 exposure within the 4 weeks prior to the onset of symptoms.

The CDC noted the fever should be at least 100.4 F (38 C) for at least 24 hours or a subjective fever lasting 24 hours.



RUTH JONES

The main distinction between MIS-C and Kawasaki disease is that MIS-C is more rapid and is characterized by a dangerous advancement of symptoms, especially fever and multisystem organ problems such as cardiac and respiratory issues along with a current or recent infection with SARS-CoV-2. Occasionally, some children suffer a rapid heartbeat and may develop cardiac and/or respiratory arrest.

Ruth Jones is the health commissioner for the City of Quincy.

Baker: Travelers To MA Should Self-Quarantine For 14 Days

The Baker-Polito Administration announced new COVID-19 public health guidelines on travel and transportation June 30. The new measures took effect July 1.

Under the updated guidelines, all travelers arriving to Massachusetts, including residents returning home, are instructed to self-quarantine for 14-days. This guidance does not apply to travelers from Rhode Island, Connecticut, Vermont, New Hampshire, Maine, New York or New Jersey. Additionally, workers designated by the federal government as essential critical infrastructure workers are also exempt from this directive.

Travelers who are displaying symptoms of COVID-19 are instructed to not travel to Massachusetts.

All visitors and residents of Massachusetts are also reminded that the use of masks or face coverings in public places where individuals cannot socially distance from others remains required.

These new guidelines replace previously announced Massachusetts travel guidance. For national travel information, visit www.travel.state.gov.

QUINT'S
House
of Flowers
Family Owned & Operated
Since 1919
761 Southern Artery
QUINCY
617-773-7620

New Online Feature: Vehicles May Be Registered Without A Visit To The RMV

The Massachusetts Registry of Motor Vehicles (RMV) has announced that in partnership with Boston Software Corporation, a new online service is now available which enables independent insurance agents to renew and reinstate passenger and commercial vehicle registrations on behalf of their customers. This eliminates the need for eligible vehicle owners and drivers to visit an RMV customer service center to renew or reinstate their registration.

"The RMV is committed to working with partners like Boston Software to provide additional flexible online options for our customers that allow them to skip the in-person trip to an RMV Service Center," said Jamey Tesler, registrar

of the Massachusetts RMV. "This is another great example of leveraging the RMV's new technology system to help our customers, business partners, and employees stay safer during the COVID-19 pandemic and to also continue making our transactions simpler, less time-consuming, and more convenient."

Boston Software has been an RMV business partner for more than 20 years. The company's software platform, known as SinglePoint, is used by the majority of Massachusetts insurance agents and carriers, and is integrated with the RMV's new ATLAS system to perform various functions including inquiries and preparing RMV paperwork. This latest functional update

is especially important to ensuring 'social-distancing' during the COVID-19 pandemic within RMV Service Centers, by helping drivers get their vehicles properly registered without the need to physically visit the RMV in-person. The new online service is now available.

Using the new feature in SinglePoint, insurance agents can seamlessly access the RMV's ATLAS system to confirm that the reinstatement or renewal transaction is eligible to be completed online, and attest that a vehicle is properly insured. Owners or drivers will then get an email link instructing them to pay for the transaction and, when payment is provided, the registration will be reinstated or renewed immediately.

This process works for registration renewals and reinstatements that require proof of insurance.

"Without this new ATLAS-SinglePoint service, drivers must complete a Registration and Title Application, get their insurance agent to stamp it and verify insurance is in place, then mail it along with payment to the RMV. The Registry then has to mail back the registration reinstatement or renewal," Charlie Walsh, one of the owners at Boston Software, points out. "This new process is a huge convenience and provides enhanced efficiency and accuracy."

For information about RMV transactions, visit: www.mass.gov/RMV

Rogers Jewelry
1250 Hancock St., Quincy
www.RogersJewelry.com
617.773.3636



GOLD CHAINS
LOOSE DIAMONDS
WATCHES
ENGAGEMENT RINGS
ESTATE JEWELRY
FINE JEWELRY SALES
GRADUATE GEMOLOGIST
WE BUY GOLD

Rogers Jewelry continuing to serve Quincy for more than 60 years; A full Service Jewelry Store with a Graduate Gemologist on staff. We buy your unwanted jewelry and offer loans as well! We have new inventory daily so be sure to check in frequently.

NEW QUINCY LOCATION! 1250 Hancock St. Quincy, MA 02169

20lb. Propane
Tank Refill



WILLIAMS
"Solid Service since 1919"
PLUMBING • HEATING • AIR CONDITIONING
Lic. #10512/4039 • Lic. #21619a

**PROPANE
TANK
REFILL!**

Save \$3 on refill,
reg \$17.95

Exp. 12-31-2020
QNCY SUN

Hours:
Mon-Fri, 7a-5p
Sat, 8a-1p

We also deliver
20lb. Propane
tanks!
(see website)

WWW.MYWILLIAMSENERGY.COM • 781-843-0415
39 ADAMS STREET BRAINTREE, MA 02184

On Tuesday, June 30th, the Quincy Police Drug Control Unit (DCU) detectives were conducting surveillance in the West Quincy section of the city. More specifically, the DCU was conducting surveillance on Copeland Street and the area surrounding Brewers Corner.

DCU detectives have conducted numerous drug related investigations within this area that have led to arrests for the both the possession and distribution of drugs and the seizure of drugs. Additionally, the DCU has received recent citizen complaints of alleged drug activity within this area.

At approximately 7:20 p.m., detectives observed a male walking on Copeland Street from the area of the Wash and Dry located at 89 Copeland St. The male party had a large backpack strapped over his shoulders as he walked towards the 7-11 convenience store. This individual is known to DCU detectives from prior drug investigations.

On Feb. 24, 2019, a drug-related search warrant was executed and this male was the subject of that investigation. As a result of that investigation (2019), he was arrested for trafficking cocaine, distribution Class B (methamphetamine), possession with intent to distribute (PWID) Class A (Fentanyl), PWID Class B (methamphetamine), PWID Class C (Clonazepam), PWID Class C (psilocybin aka hallucinogenic mushrooms) and conspiracy to violate the controlled substance laws.

DCU detectives continued to observe the male as he entered the 7-11 parking lot on Copeland Street and paced back and forth within the lot. He never entered the convenience store. The male then entered the Wash & Dry Laundromat a few doors down.

Simultaneously, detectives observed a female exit a Ford Explorer that pulled into the 7-11 parking lot. She did not enter the store at this time, but ran towards the Wash & Dry. The female entered the laundromat and detectives observed the known male sitting down. It appeared he was rummaging through his back pack as he was sitting down, hunched over at the shoulders with his head down.

A Job Well Done

By QUINCY POLICE SGT. KARYN BARKAS

Public Information Officer
Quincy Police Department

Detectives observed as the female stood in front of the known male (while seated) and made actions consistent with a hand to hand drug transaction between the two. After the brief transaction, which lasted a few seconds, the female exited the Wash & Dry and started to walk back towards the 7-11 where the Ford Explorer was parked. As she hurried back towards 7-11, detectives observed her to take her clenched right hand and place something in her pocketbook that hung over her right shoulder. It was at this time that all DCU detectives collectively believed a drug transaction took place between the male and female.

Detectives encountered the female at the 7-11 and announced "Quincy Police." They explained it would be in her best interest to tell the truth and hand over what she had just purchased. She reached into her pocketbook and retrieved a small plastic zip lock bag containing a clear crystal substance. She handed the substance to detectives, who believed the substance to be Methamphetamine based on its appearance and packaging.

Detectives provided the female with her Miranda rights to which she stated she understood. Detectives asked her what the substance was and she replied, "Meth." She told Detectives the "Meth" weighed .4 grams and she paid \$40 for the drugs with two \$20 bills. She admitted to purchasing the "Meth" from the individual inside the Wash & Dry. Detectives asked her where he kept the drugs and she stated "in a safe." She was found to have a warrant for her arrest for a domestic A&B out of Quincy District. She was placed under arrest for the warrant and was advised she may receive a summons for Possession Class B (Methamphetamine).

She was transported to QPD Headquarters where she was booked in the usual manner by Sgt. B. Trieu.

Upon receiving the information, detectives entered the Wash and Dry and encountered the male as he remained seated on the window sill, with a backpack and unlocked lock box directly next to him. They placed the male under arrest without incident. Detectives opened the unlocked box and immediately noticed it was full of various types of drugs to include alleged Fentanyl, Methamphetamines, Cocaine, LSD and Buprenorphine (Suboxone). Detectives searched the male and located a large sum of money in the pocket of his jacket. He was transported to QPD Headquarters where he was booked in the usual manner by Sgt. B. Trieu.

Once back at QPD Headquarters, DCU Detectives field tested the alleged "Meth" seized from the female and it showed a presumptive presence of methamphetamine. The drugs seized from the unlocked lock box were also field tested. The analysis confirmed the presumptive presence of Cocaine, Fentanyl, Methamphetamine tablets, Suboxone strips, and 10-15 hits of LSD (acid). He was also in possession of items indicative of drugs packaging and sales (Zip-lock bag, scale, etc).

The 29-year-old male from Weymouth was charged with trafficking Class A (Fentanyl) (approx. 38 grams), trafficking Class B (Cocaine) (approx. 21 grams), trafficking Class B (Methamphetamine) (approx. 21 grams), distribution Class B (Methamphetamine), possession with intent to distribute Class B (LSD), and conspiracy to violate the controlled substance laws. A total of \$3,429 U.S. currency and a Samsung smart phone were seized as detectives believe the money is proceeds from drug sales and the smart phone was used to facilitate such sales.

Great job!

If you suspect drug activity in your neighborhood, you are asked to contact our Drug Control unit by calling (617) 328-4527, email anontips@quincyma.gov, or using our MyPD app. You can remain anonymous.

QUINCY POLICE CRIME AWARENESS JOURNAL

FRIDAY, JUNE 26

LARCENY (waterslide), 3:52 p.m., Samoset Ave. Waterslide stolen from driveway.

LARCENY (past) 4:24 p.m., Fenno House, 540 Hancock St. House keys and fob to enter the building of a staff worker were taken by a resident. Reporting party (manager) has the suspect on video. Reporting party is in the front lobby. Management to handle.

LARCENY/MOTOR VEHICLE, 6:28 p.m., FedEx, 520 Commander Shea Blvd. Vehicle missing since Wednesday. FedEx employee on scene. Form filed.

SATURDAY, JUNE 27

VANDALISM/PROPERTY (van damaged), 7:24 a.m., Atrium at Faxon Woods, 2003 Falls Blvd. Vandalized van. Employee will meet officers in the parking lot. Appears eggs were thrown at car.

VANDALISM/PROPERTY (past), 7:42 p.m. Water St. Rear windshield damaged.

VANDALISM/PROPERTY (items in lot), 8:47 a.m., Bank of Canton, 60 McGrath Highway. Old grill tossed in the lot, lot is completely trashed with food trash, masks, used syringes, dirty clothing, bricks, electrical tape and wire cutters at front door of bank. Electrical tape on front glass door of bank. Employees arriving for work uncomfortable going in. No breaking and entering, sharps disposed of.

LARCENY (packages) 11:19 a.m., East Howard Street. Serviced.

LARCENY (stimulus check) 11:33 a.m., Holmes Street. Officer attempted to call party twice with no response. Rooming house two parties officer spoke to did not know caller.

LARCENY (past/TV) 12:18 p.m., BJ's, 200 Crown Colony Dr. NIBRS to be written as well as court complaint.

LARCENY/ATTEMPT (past) 1:39 p.m., Continental Marine, Read Avenue. Party has items returned officer going to issue trespass all parties advised. Trespassed over the phone by Officer Wells per the request of business owner.

ASSAULT AND BATTERY (male being chased) 10:58 p.m., Taffrail Road. Two white males chasing caller's father. Language barrier, son stated he was chased because he was Asian. Suspect fled on a boat. Boat last seen heading towards Bay Pointe. Small boat with approximately 6-8 people on it. Two white males, approximately 6 feet, one with black shirt other with red shirt, headed towards Bay Pointe on a small inflatable possibly with 3-4 children on board. PT refusal, report submitted for A&B on elderly person. Unable to locate suspects.

SUNDAY, JUNE 28

LARCENY (gray bicycle) 10:04 a.m., Quincy Com-

mons, French Street. Was locked to the fence in the back of building. Fence piece was cut to take bike with chain. Happened earlier this morning. Brand new mountain bike gray in Quincy Commons.

ASSAULT AND BATTERY (male/female) 1:01 p.m., BJ's Wholesale Club Gas, 30 Liberty St. To hospital. Reporting party states female was assaulted and he has her in his vehicle in the parking lot of Firestone. Brewster notified, will be in a red radi. One to QMC party sent to QMC on a safekeep. Overdose and assault. Victim was released from QMC and flagged down a QPD. Officer transported her home.

LARCENY (iPhone taken) 1:20 p.m., Kendrick Avenue. Apple iPhone delivered on June 23 by UPS. Incident closed.

LARCENY (pocketbook) 8:07 p.m., Walmart, 301 Falls Blvd. Serviced.

MONDAY, JUNE 29

LARCENY (just happened) 11:56 a.m., Walgreen Pharmacy, 132 Granite St. Arrest made. Two white males took female's pocketbook; wearing black shirt, green shirt, second blue with red shorts. Party stopped at family dollar. Report to be filed.

TUESDAY, JUNE 30

LARCENY (computers) 2:25 p.m., Massachusetts Teachers Association, Heritage Drive. See caller in PD lobby. Report to be filed.

LARCENY (past) 8:45 p.m., Carter Street. Fishing equipment: boots, rods and reels.

WEDNESDAY, JULY 1

VANDALISM/PROPERTY (slashed tires), 5:32 a.m., Franklin Street. Neighbor slashed tires before leaving for work. White Ford Focus, unable to interview caller; report submitted.

VANDALISM/PROPERTY (rear windshield), 10:51 a.m., Kendrick Avenue. Rear windshield cracked unsure how it happened.

LARCENY (bird cage), 11:19 a.m., Billings Street. Larceny of a bird cage, advised officer will call.

VANDALISM/PROPERTY (past), 1 p.m., Parking-way. 18-wheeler hit fire box, head of maintenance has video.

VANDALISM/PROPERTY (window) 6:54 p.m., Quincy Avenue. Someone just threw a large rock through the caller's window. Did not see the person. Vandalism, large rock.

THURSDAY, JULY 2

VANDALISM/PROPERTY (stone wall) 6:10 a.m., Thompson St. Caller states that approximately 20-30 stones from a retaining wall on her property were du out

and taken last night. Looking to speak with officer to possibly file report. 783 arrived and got no answer at door, no answer by phone either. Neighbor said they believed that caller left for work?

LARCENY/MOTOR VEHICLE 10:25 a.m., Division Street. Serviced. Form filed. Reporting party states stolen sometime since July 1.

VANDALISM/PROPERTY (investigation) 7:48 p.m., Quincy Dog Park, 99 Quarry St. Report submitted.

LARCENY (reporting party in lobby) 10:14 p.m., Willard Street. Reporting party in lobby, was scammed out of \$1,200 today.

□

LARCENY MV'S: Division Street, Commander Shea Boulevard

BREAKING & ENTERING MV: Elm Street, Adams Street, Gay Street, Sagamore Street, Cliveden Street, Commander Shea Boulevard, Summit Avenue

BREAKING & ENTERING: 0

CALLS FOR SERVICE: 1,161

WE'RE OFFERING
**in-store pick up and
call ahead ordering**

TO BEST SERVE YOU RIGHT NOW.

Order online at www.coffeebreakcafe.net

THE FLAVOR OF THE
MONTH IN JULY IS

S'MORES

**SEASONALS:
SNICKERS
ALMOND JOY**

12 Old Colony Avenue
Quincy: 617-773-9420

24 Central Avenue
Milton: 617-696-2326

680 Truman Parkway
Hyde Park: 617-910-9175

Now Open!
102 Franklin Street
Quincy: 617-481-5257

Coming soon:
479 Washington Street
Quincy



**coffee
Break
CAFE**

J
U
L

9

2
0
2
0

Museums, Theaters, Gyms Open As Phase 3 Begins

By SCOTT JACKSON

Citing progress Massachusetts has made in its effort to contain COVID-19, Gov. Charlie Baker gave the greenlight to begin phase three of his re-opening plan — which includes museums, movie theaters, gyms and casinos — this week and also authorized professional sports teams to play home games without fans present.

Speaking at a State House press conference on July 2, Baker said the latest public health data supports moving into the third phase of his four-phased plan to re-open Massachusetts businesses starting on Monday. He urged residents to continue taking steps — including wearing face coverings, frequent handwashing and social distancing — to stop the spread of the virus.

“As we open up and as more people get back to more activities and places, it’s critical that we continue to be smart about how we do this,” Baker said. “The last thing we want to do is move backwards as we have seen

other states have to do.”

Baker said phase three, like phase two, would be split into two parts. The governor also said phase three would last “significantly longer” than previous phases.

Museums, historic sites and other cultural facilities were allowed to re-open on Monday, with new guidance in place to protect patrons. Guided tours can also begin again with limited capacity.

“Our state is lucky to have such a rich history of wealth of science, cultural and artistic institutions and we hope you will enjoy these activities...and be able to do so safely in the months ahead,” Lt. Gov. Karyn Polito said.

“I know that the operators of these institutions have worked really hard to think creatively, but very mindful of your safety, and invite you back to these institutions knowing they want to keep you safe and give you a positive experience once again.”

Museums and fitness

centers could also re-open on Monday. They will be limited to 40 percent capacity and must adhere to new safety standards.

“We hope that these new protocols will allow residents to return to exercise and fitness and get back into those routines that they were accustomed to,” Polito said.

Casinos were likewise allowed to re-open on Monday. Polito said, however, that it might be another week before they do open their doors to customers again as the casino operators familiarize their staff with new rules that must be followed.

Movie theaters and outdoor performance venues can re-open this week, state officials said. Indoor performance venues will be allowed to re-open in the second part of phase three.

New rules for gatherings also came into effect on Monday, except in the city of Boston, where the changes will become effective on July 13. Indoor gatherings are now limited to eight

people per 1,000 square feet, with a maximum limit of 25 people. Outdoor gatherings are limited to 25 percent of permitted occupancy with a maximum of 100 people.

Baker said the rules for gatherings do not apply to things like a family barbecue or a walk in the park.

Massachusetts is beginning the third phase of its re-opening plan even as other states have had to pause theirs. Bars in Florida and Texas were ordered to close again last week, for example, as those states saw a surge in COVID-19 cases.

Baker said he was confident Massachusetts could avoid a similar fate because residents and businesses have been following safety protocols.

“The people of Massachusetts have demonstrated time and time again, as have many of the employers and proprietors of these organizations, that they are willing to comply fully with the guidance and the protocols that are associated with maintaining a safe operation

across these institutions, and they have been doing it now for a couple of months,” he said.

Additionally, Baker said many of the new cases seen elsewhere in the country have been linked to bars and nightclubs, which will not be allowed to open until phase four in Massachusetts. The governor on July 2 re-iterated that phase four would not begin in the state until a vaccine or therapeutic treatment for COVID-19 is available.

Baker also signed a new order allowing the state’s professional sports teams to play games without spectators in attendance. Speaking at Fenway Park later in the day, the governor said he looked forward to the return of live sports.

“I don’t have to tell anyone here, or anyone watching at home, what sports generally and what baseball in particular means to this city and this state. The Red Sox have always been part of our community. The sport, the ballpark, the team

are part of what makes Boston and Massachusetts special,” Baker said.

“The Red Sox know better than anybody what it means to be resilient and any Red Sox fan knows what it means to be patient.”

Red Sox President Sam Kennedy was optimistic the return of live sports would provide respite for fans and thanked Baker, Polito and Boston Mayor Marty Walsh for their leadership during the last four months.

“More than entertainment, we hope that our games will provide a small escape at a time when it is needed. We hope that we can help establish a sense of normalcy for our fans and for our entire community,” Kennedy said.

“On behalf of all of my colleagues here at Fenway and on behalf of all my colleagues in the sports industry across Boston and New England, we say a huge thank you to Gov. Baker, Lt. Gov. Polito and to Mayor Walsh. Thank you for your guidance and your contin-

Cont’d On Page 13

\$1.27 Million For Community Preservation Projects

Cont’d From Page 1

residents.

The remaining eight projects approved by the committee all relate to historical sites.

The city’s Public Buildings Department will receive \$300,000 to construct a new handicapped-accessi-

ble ramp from the Hancock-Adams Common to the main level of the United First Parish Church. That will allow for elevator access to the Adams crypt in the church’s basement.

The Public Buildings Department will also receive \$100,000 to fund an assessment of the exterior

of the Richardson and Aiken buildings at the Thomas Crane Public Library.

The Colonial Dames of America will receive \$131,400 for conservation and restoration efforts at the Dorothy Quincy Homestead. That work will include restoration of floors on the home’s third floor

and conservation and restoration of walls, shutters and ceilings on the second floor and in the parlor.

The United States Shipbuilding Museum, which owns the USS Salem, will receive \$105,000. The money will be used for a Massachusetts Cultural Resource Inventory listing and

exploring the option of applying to become a National Historical Landmark. It will also support collection preservation and management as well as volunteer projects like painting.

The Quincy Quarry & Granite Works Museum will receive \$60,000 to conduct a comprehensive survey of the original replica Granite Railway car, develop a cultural resource management plan for the Lyons Turning Mill site and to make access and landscape improvements to the Lyons Turning Mill site.

The city’s Planning Department will receive \$63,819 to complete the structural restoration of 29 tombs in the Hancock Cemetery in Quincy Center.

The city’s Department of Natural Resources will receive \$10,000 for two projects, both related to the Hancock Cemetery. The first project is creating a scope of

work for replacing pathways inside the burial ground and the second project is maintenance and long-term planning at the cemetery.

Quincy’s voters adopted the state’s Community Preservation Act by referendum in 2006. The CPA fund is financed through a one percent surcharge on property taxes. The first \$100,000 in assessed value for each residential property is exempt from the surcharge, as are residential properties owned by some seniors and those who qualify for low-income housing. The state also matches a portion of CPA funds in each community that has adopted the act.

Money from the CPA fund can be used for historic preservation, affordable housing, open space and recreation. No open space or recreation projects were approved by the Community Preservation Committee this spring.

Mica Curtin-Bowen On Muhlenberg Dean’s List

Mica Curtin-Bowen of Quincy has been named to the Dean’s List for the spring semester at Muhlenberg College in Allentown, PA.

City Council Could Meet This Summer

Cont’d From Page 1

ang to schedule a special meeting to review the proposed bond this summer.

“I’m going to have a meeting before the fall. We want to get this going, get the money, get everything approved with the council, so I think in late July or early August, we’re going to see if we can have a meeting either via Zoom or in person and get that approved so they can get going on that,” McCarthy said.

“I don’t want everybody to wait until we have our first City Council meeting in September, so I will probably be talking with President Liang on how she wants to coordinate that to get that

moving, because they are ready to go.”

The council did not take up the matter before the summer break in part because of the financial uncertainty caused by the coronavirus; councillors were also reviewing the budget for the fiscal year that started July 1, which was submitted the same night as the bond request.

“We had just too much chaos in regards to the mayor having everyone tighten their belts. I think everyone was playing it conservatively,” McCarthy said. “They did a great job stabilizing the budget in the middle of this. I see other communities already laying off here and there.”

The council in November approved an \$8.5 million bond to buy the building at 178 Old Colony Ave. and make initial upgrades to the space, including the installation of a second elevator.

Then superintendent Richard DeCristofaro said the school would be built to accommodate students on the autism spectrum. He said 30 to 40 of those students currently attending programs outside of Quincy could move into the new special education center when it opens in 2021. The city spends up to \$120,000 per student on transportation and tuition to send those students out of district.

The district has some 175 students enrolled in its

CARES (Children Achieve Real Educational Success) program at five sites throughout the city who could potentially move into the new special education center, school officials said in November.

Koch said the city would save \$500,000 annually once the building opens by reducing tuition and transportation costs for special education students enrolled in out-of-district programs.

The School Committee unanimously voted in June to name the new learning center in honor of DeCristofaro, who left the school system last month to become the new president of Quincy College.

High Turnout Seen At Graduation Ceremonies

Cont’d From Page 1

they plan to attend their ceremonies, 156 in the morning and 157 in the evening.

“As it stands right now, we will be having the three graduation ceremonies and they will be well-attended,” Mulvey said.

The high school principals planned to contact students they had not heard from, Mulvey added. The attendance list needed to be finalized by June 29 so the school department could begin working with the Boston Cannons on ticketing and

seat assignments.

Each graduate was allowed to invite two immediate family members and they will be assigned seats within the stadium that comply with social distancing requirements. All those in attendance must wear a

mask or face covering.

The ceremonies had been scheduled for June 8 and 9 but were postponed because of the pandemic. The school department released senior tribute videos on those nights to honor the graduates.

Joyce & Gendreau
Jewelers

Custom Designs • On-Premise Repairs
Quality Jewelry • Great Values
Over 100 Years of Honesty and Reliability
Friendly, Family Business

52 Billings Road No. Quincy
Facebook/JoyceandGendreau 617.328.0084



Real Estate

Quincy Real Estate Transactions June 29 - July 3

Transactions are compiled by the Norfolk County Registry of Deeds

SELLER

Desiree A. Pombo
Craig D. & Praveen Karr
Abdul Tabbara & Rania Masri
143 & 151 Hancock Street
Paul F. Byrne & Catherine F. O'Brien
Pontiac Road 67 Realty Trust
Daniel T. Murphy & Paola D. Pietrantozzi
Ravi & Bharathi P. Dipali
Joseph H. & Patricia T. Lynch
Dolores M. Belcastro Irrevocable Trust
Father Bill's & Mainspring Inc.
Anisur Rahman & Ishrat Jahan
Stephen A. & Camilla C. Yang
Jared R. & Emily Wright
Gary P. & Patricia A. Hawes
Canavan Berlin Street Irrevocable Trust of 2008
143 & 151 Hancock LLC
153 Sumner Street Real Estate Trust
Michael & Madeline Cheney
Jonathan & Heather Green
Worry Free Real Estate LLC
Estate of Selene S. Acosta
Lauren L. Mancini
Phylis Hetie
Seaport Trust
10 Merrymount Road LLC
Amy Underwood
Quang N. Ly
New City Investors LLC
Todd J. & Elizabeth A. Portesi
James & Diane Papadakis
Gaetano F. Garofalo Revocable Trust
Judith A. Carroll
Peter M. & Pamela Keenan
Briana Bergstrom
James Trethewey
Kamp Keenan Family Trust

BUYER

Glenn P. Ryan
Jack & Meikit Ng
Wallace Ng & Hui C. Li
Nicholas A. Marze
Dustin & Julie Duong
Sheila Quinn
Justin C. & Lauren Gluck
Kerryann Foley
Zu J. Chen
Michael Parsons
NeighborWorks Housing Solutions
Jack J. Paleczny
Rebecca Bruno
Alexander T. Hite & Eryn M. Carlson
Andrew MacTaggart & Nicole Acone
Bingying & Yihao Chen
Ching-Yen Shih & Ying-Ting Lin
Sarah C. Ihnat
Qiumei Zeng & Shirong Zhang
Gregory R. & Anna E. Belanger
Liping Lin & Siyuan Cheng
Khanh N. & Quynh Tran
Rasheem L. & Meghan C. Banks
Ilir & Alda Marko
William Weimer & Lauren Karam
10M Apartments LLC
Jonathan Foster & Jasmine Liu
Vu L. Nguyen
James S. & Lauren M. Fakonas
Dongjun J. Won
Zhonghui Wu & Gwen Dekker
SNG Harbor LLC
Joseph A. Connolly
James E. & Michelle H. White
Arthur F. Wahlberg
Wesley G. Lowenfeld & Michelle Ives
Derek A. Murphy & Briana M. Bergstrom

AMOUNT

\$294,000.00
\$378,900.00
\$379,900.00
\$579,000.00
\$520,000.00
\$300,000.00
\$850,000.00
\$515,000.00
\$540,000.00
\$285,000.00
\$215,000.00
\$559,000.00
\$403,000.00
\$477,499.00
\$659,900.00
\$810,000.00
\$615,000.00
\$479,000.00
\$449,000.00
\$605,000.00
\$618,000.00
\$530,000.00
\$640,000.00
\$365,000.00
\$450,000.00
\$8,050,000.00
\$401,500.00
\$402,000.00
\$615,000.00
\$358,000.00
\$589,000.00
\$909,000.00
\$460,000.00
\$815,000.00
\$457,900.00
\$650,000.00
\$600,000.00

ADDRESS

167 Rhoda Street
200 Cove Way, Unit 1010
200 Cove Way, Unit 603
151 Hancock Street, Unit 12
92 Hamden Circle
67 Pontiac Road
36-38 Bradford Street
55 Lyons Street, Unit 4
114 Rawson Road
934 Southern Artery, Unit 215
422 Washington Street
19 Rice Road
88 Village Drive, Unit 9-5
47 Independence Avenue, Unit 47-2
83 Hall Place
34-36 Berlin Street
151 Hancock Street, Unit 19
153 Sumner Street, Unit 3
158 Quincy Shore Drive, Unit 90
88 Aberdeen Road
70 Marlboro Street
857 Quincy Shore Drive
18 Taft Street
100 Cove Way, Unit 401
10 Seaport Drive, Unit 2616
10 Merrymount Road
76 Scotch Pond Place, Unit 76
351 East Squantum Street
7 Ellerton Road
15 Bower Road, Unit A-1
6 Harvey Lane, Unit 6B
68 Lind Street
100 Marina Drive, Unit 211
1-3 Bradford Street
70 Lennox Street
16 Mascoma Street
53 Mears Avenue

Keep Your Landscape Looking Good With Less Effort

By MELINDA MYERS

Keep your garden looking its best and reduce your workload by enlisting practices that provide multiple benefits. Your garden will flourish and you'll have more time to enjoy its beauty.

Put your yard waste to work in your garden. You'll save time hauling plant debris to the recycling center and money spent buying bagged material. Use shredded leaves, evergreen needles, herbicide-free grass clippings or other pest- and weed-free organic material as mulch. Spread a one to two-inch layer of these ma-

terials over the soil around annual and perennial flowers and vegetables.

Use woodchips and shredded bark to mulch pathways, trees, and shrubs. Consider joining forces with your neighbors, renting a chipper, and turning brush into mulch for your landscape. Maintain a two- to three-inch layer of mulch around these plants. And keep the mulch away from tree trunks and the crowns of the plants.

Organic mulch helps conserve moisture, reduce weeds, and improve the soil as it breaks down. So, you get multiple benefits from

this one task while burning a few calories and strengthening your muscles.

Water plants thoroughly and less frequently whenever you irrigate the garden. This encourages deep roots, making your plants more drought tolerant and pest resistant. Water early in the day to reduce water lost to evaporation. And consider using drip irrigation or soaker hoses to deliver water right to the plant roots where it is needed.

Check container gardens daily. Water thoroughly until the excess water runs out the bottom. Or enlist the help of one of the many container irrigation systems. Consider using a slow release fertilizer when needed to keep plants thriving with less effort. These types of

fertilizers provide a slow, steady release of nutrients for balanced growth without sacrificing flowers or burning drought stressed plants.

Don't forget your trees and shrubs. Proper watering will also improve their health. Water new plantings and moisture lovers whenever the top few inches of soil are dry. Even established trees and shrubs need a helping hand during extended periods of drought. Always water thoroughly to encourage deep, drought-resistant roots.

Keep mowing your lawn as long as your grass is actively growing. Mow high since taller grass is better able to out compete the weeds and forms deeper roots, making it more drought tolerant. Minimize



MULCHED PATHWAY

the stress by removing no more than a third of the total grass height each time you mow.

Always use a sharp mower blade. Sharp blades cut more efficiently, saving you time whenever you mow. You'll consume 22% less fuel and the lawn will use up to 30% less water when using sharp blades. Plus, the clean cut will be less noticeable and the wound will close quickly, helping you grow a healthy, better-looking lawn.

Be sure to leave grass clippings on the lawn. They add nutrients, moisture, and organic matter to the soil. A season's worth of clippings is equal to one fertilizer application. So every time you

mow you are fertilizing the lawn and improving the soil.

Finish every garden chore with a bit of cleanup. Sweep clippings, plant debris and fertilizer off walks, drives and patios, so it won't wash into storm sewers. Keeping plant debris out of our waterways is good for us and the environment.

Melinda Myers is the author of more than 20 gardening books and hosts The Great Courses "How to Grow Anything" DVD series and the nationally-syndicated Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine, and her web site is www.MelindaMyers.com.

FLAVIN & FLAVIN REALTY
Complete Real Estate Service Since 1925
Free Opinion of Value
Committed to Property Ownership
Offering Seller & Buyer Representation
SOLD
a century of connecting people with homes
Real Estate Sales Positions Available
Flavin & Flavin
1085 Hancock St. Quincy Center
Visit: www.flavinandflavin.com
617-479-1000

Century 21
Annex Realty, Inc.
49 Beale St., Quincy, MA 02170
617-472-4330
www.c21annex.com
Over 70 Seller and Buyer Agents
specializing in Residential, Commercial
Real Estate, Bank Owned Properties,
Short Sales and Rentals
ANNEX REAL ESTATE SCHOOL
Offering Salesperson's, Broker's and Continuing Ed. classes
"STILL NUMBER ONE"

J
U
L

9

2
0
2
0

ZBA OKs Washington Street 20-Unit Condominium

By SCOTT JACKSON

The Zoning Board of Appeals gave its approval to a developer's proposal to construct a 20-unit condominium building on Washington Street in Quincy Point — a project two city councillors said would be too big for the neighborhood.

The ZBA approved Euro Investment Group's proposal during its meeting on June 30, which was held remotely via Zoom. The Planning Board had signed off on the project in February.

Euro Investment Group, led by the Wojcik brothers, plans to construct the 20-unit building at 386-388 Washington St. The site is currently home to a single-story commercial building and a multi-family home. The project will also include a surface parking lot built in the rear of the adjacent two-family home at 17 Edison

St. — that building will be renovated and kept as a two-family home.

The two parcels include 23,573 square feet of land. The Washington Street parcel is zoned business B and the Edison Street one is zoned residence B.

The Wojciks' proposal includes a 20-space parking garage located at the lower level of the new residential building. The 20 residential units would be split between four floors on top of the garage. The surface lot will include an additional 24 spaces, for a total of 44. A portion of the parking area will use Grasscrete pavers, which allow grass to grow through them.

Edward Fleming, the attorney representing the Wojciks, said his clients had adjusted the project to address concerns residents raised during Planning

Board hearings held in December and in February.

"We feel like we made significant changes to the proposal," he said on June 30.

The developers, he said, agreed to sell the units inside the new building as condominiums rather than renting them as originally proposed. The Grasscrete pavers were added to the project to increase the amount of greenspace on the property. The developers will also install new lights in the area to improve safety at the intersection of Washington and Edison streets and will give the city \$10,000 for additional intersection improvements.

Eight area residents spoke against the project during the Planning Board hearing in February and the board also received a petition signed by more than 80 residents who opposed

the plan. Residents were not permitted to speak at the June 30 Zoning Board of Appeals meeting but were given the chance to do so at a prior ZBA meeting.

Ward 2 Councillor Brad Croall said neighbors remained opposed to the building. The proposal, he said, was too large for the lot.

"It is a rather dense proposition for that parcel," Croall said.

Ward 1 Councillor David McCarthy, in whose district the project site is located, said he appreciated the change from apartments to condominiums, but the proposal was still too large. He said neighbors would be open to a building with fewer units and suggested the number of condos be reduced to 16.

"Sixteen would be more manageable and less traffic. I'm all for that. I hope

the board takes it into consideration," he said. "I hope we can go to 16 and make it good for everyone."

The ZBA approved the project in a unanimous vote.

Vice Chairman Michael Covais said he was reluctant to ask the developer to reduce the number of units on site, given that the Planning Board had already reviewed the proposal.

"This has been vetted an awful long time," he said. "I don't like when the Planning Board approves something, and we make it smaller."

In other business June 30, the ZBA:

Granted Neil Johnsen a variance to construct a shed on the premises at 72 South Bayfield Rd. Johnsen said the shed would be 11 feet by 18 feet and would be used to house his pool equipment and for the storage of other items.

Granted Oonagh Connolly

a variance to enclose an existing deck at 23 Bishop Rd. and make it a four-season sunroom.

Continued until July 15 Habit Opco's request for a special permit, variance and finding to operate a medical and counseling clinic at 165 Washington St.

Continued until Aug. 11 Mahmoud El-Hashash's request for a variance and finding to demolish the two-family home at 9-11 Marsh Street and build three townhouses in its place. Board members asked the applicant to improve the look of the proposed building.

Continued until Aug. 11 Tony Tran's request for a variance to build a single-family home at 169 Sumner Street. Board members asked Tran to reduce the footprint of the building to increase the setback from abutting properties.

Museums, Theaters, Gyms Open As Phase 3 Begins

Cont'd From Page 11

ued strong leadership that has made this day possible."

The order means the Red

Sox and Patriots can both play home games when their seasons begin later this month and in September,

respectively. The Bruins and Celtics will play in hub cities when their leagues resume play this summer but

could return to Boston for home games when their next seasons begin later this year. The PGA Tour will head to the TPC Boston in Norton for a tournament in late August.

Major League Lacrosse, meanwhile, will play a shortened season in Annapolis, Maryland, later this month. That means the Boston Cannons, who moved to Quincy's Veterans Memorial Stadium last year, will not host home games there this year.

The governor last week also updated his guidance for out-of-state visitors to Massachusetts. Effective July 1, visitors from seven northeastern states that have made progress in containing

COVID-19 — Connecticut, Maine, New Hampshire, New Jersey, New York, Rhode Island and Vermont — will no longer be instructed to self-quarantine for 14 days when arriving in the Bay State.

Travelers from elsewhere, including Massachusetts residents returning home, will still be advised to self-quarantine for two weeks. Workers designated by the federal government as essential critical infrastructure workers are exempt from the requirement.

Travelers who are displaying symptoms of COVID-19 are asked not to come to Massachusetts.

Visitors are also reminded that masks or face

coverings must be worn in public places where individuals cannot socially distance from others.

In a statement, the Massachusetts Fiscal Alliance welcomed the beginning of phase three but cautioned against future business closures.

"With over 100 days being locked down, and Phase 3 beginning on Monday, the governor is finally putting his faith in the people of Massachusetts to make the best decisions for themselves," said Paul Craney, a spokesperson for the group.

"Every day that goes by, it's clearer that this lockdown is yesterday's news and it should never happen again."

Louis Lot Sale Back Before Zoning Board

By SCOTT JACKSON

The owners of a Houghs Neck restaurant are once again seeking permission from the Zoning Board of Appeals to sell their parking lot.

John and Brooke Galligan, the owners of Louis at 1269 Sea St., are seeking to rescind a previous finding by the board that required the restaurant and the parking lots at 1260 and 1266 Sea St. have a common owner. The ZBA heard the request during its June 30 meeting, which was held via Zoom, but did not take a vote on the proposal. The item will be back on the board's agenda July 14.

The board in September 2018 voted in favor of terminating the common ownership provision, but abutters appealed the decision in court. The two sides agreed to a settlement before a judge could rule on the matter; the settlement included the Galligans asking the ZBA to rescind the 2018 vote that would have allowed the sale of the parking lot, which the board did.

The owners of the restaurant had first sought permission to sell the parking lot in 2014, but that request was put on hold and ultimately withdrawn as the city contemplated acquiring the lot as part of the planned proj-

ect to replace the nearby Houghs Neck Maritime Center. A new request was filed in 2016, which is what the board voted on two years later.

Louis has remained closed since March 2018 because of damage sustained during a nor'easter; the owners previously told the board the sale of the parking lot would help the restaurant re-open.

John Galligan on June 30 said he is eager to open again.

"We want to see the doors of Louis re-open, we want to serve the community and we are eager to get to that point," he said.

Galligan said the restaurant could re-open in the near future, but he did not have a timeline for doing so. He said the Board of License Commissioners would need to give its approval before Louis could open again.

Ward 1 Councillor David McCarthy — who opposed the 2018 request — said a proposed renovation of

the nearby maritime center would provide adequate parking for Louis. The new parking lot, he said, could contain more than 57 spaces for cars and 12 to 15 trailer spaces, which cars could also utilize at certain times.

"It really gives us a big bang on parking at the end of the Neck," McCarthy said.

In addition, the councillor said plans to build two homes on the parking lot — a single-family home and a two-family home — were well-received by neighbors during a community meeting in March. In 2018, the then attorney for Louis' owners said a pair of two-family homes could be built on the site.

A dozen residents spoke in favor of the request during the June 30 meeting. One resident was opposed, and three others said they were undecided. During the 2018 public hearing, 8 residents were in favor of the request and 12 were op-

Cont'd On Page 26

Bridget Durgin On Stonehill Dean's List

Bridget Durgin of Quincy has been named to the Dean's List for the spring semester at Stonehill College in Easton.

A rising senior, she is an

accounting major. Durgin is the daughter of John and Maureen Durgin of Quincy, and the granddaughter of Mary M. Gralton also of Quincy.

Quincy Access Television
88 Washington Street
Quincy, MA 02169



www.qatv.org
617-376-1440
617-376-1441



Public Access Channel 8

Thursday, July 9
5:00pm: Bethany Congregational Church
8:00pm: TCPL: African American Music

Friday, July 10
11:30am: Currently in Quincy
7:00pm: AM Quincy: Thomas Crane (TCPL)

Saturday, July 11
12:00pm: TCPL: African American Music
2:00pm: At Your Library: July

Sunday, July 12
10:00am: Bethany Congregational Church
11:30am: Good News

Monday, July 13
11:30am: Currently in Quincy
7:00pm: AM Quincy: AARP

Tuesday, July 14
7:00pm: AM Quincy: Mayor Thomas Koch
8:00pm: TCPL: Origins of Rock & Roll

Wednesday, July 15
7:00am-9:00am: LIVE: AM Quincy
5:00pm: Good News

Government Access Channel 9

Thursday, July 9
12:00pm: MA House of Reps Session 7/20
8:30pm: At Your Library: July

Friday, July 10
12:00pm: MA Joint Committee on Economic Dev. & Emerging Technologies: 6/26
7:00pm: A Look Back: A Drive Down Memory Lane
8:30pm: Boosting Mental Health with Technology

Saturday/Sunday, July 11/12
10:00am: Storytime with Mrs. Miller
11:00am: At Your Library: July
4:00pm: Boosting Mental Health with Technology
7:00pm: Special Committee on Commonwealth Resilience and Recovery 6/23
8:30pm: TCPL: African American Music

Monday, July 13
6:30pm: FYI: QHD Extreme Heat
7:00pm: MA House of Reps Session 7/20

Tuesday, July 14
8:30pm: TCPL: Singers & Songwriters

Wednesday, July 15
9:00pm: Board of License Commissioners 7/14

Programming is subject to change.

For a complete list of programs, please visit our website at qatv.org

Arts & Entertainment

Artist's Showcase: Valerie Mine



ARTIST VALERIE MINE

As a kid I hung out at the Rockport Art Association painting rocks and seascapes with very patient teachers. Like most artists I have tried most traditional media and three-dimensional art like stone carving, clay sculpture, and assemblage.

Originally an oil painter, a few years ago I started painting with soft pastels. The vibrant colors and spontaneity had me immediately hooked, so that has been my focus recently. Classes at the Plymouth Guild with Jory Mason and at South Shore



"SOLITUDE" by artist Valerie Mine.

Art Center with Laurinda O'Connor helped me explore and gain confidence. I also enjoy studying works of the masters, like Degas and contemporary pastel artists like Albert Handell. There is always more to learn.

My life has always included art and I cannot imagine it any other way. During the pandemic it has

been a way of coping and keeping stress at bay. While out taking photos for potential paintings, I saw a person on the rocks just looking out at the ocean. I knew immediately that I wanted to paint this scene. It says to me that even if we have to social distance, we can still be close to nature, I have always found solace in that. I

call this painting "Solitude."

For many years I had a studio with the 4th Floor Artists in Rockland, but now paint in my home studio. I am a member of the Quincy Art Association, South Shore Art Center, the Plymouth Guild, and the 4th Floor Artists. I can be reached at valerie_mine@hotmail.com.

All Cannons, MLL Games To Be Played In Maryland

Major League Lacrosse announces the 2020 season will be played in Annapolis, Maryland, beginning July 16th with a two-day training camp, with the regular season kicking off July 18th.

The week-long season will conclude with a final four playoff the weekend of July 25-26. The city of Annapolis will play host to all six MLL teams, with the entirety of the 2020 season broadcast nationally on the ESPN family of networks.

The Boston Cannon will

not play their home games at Quincy's Veterans' Memorial Stadium. Instead the team will travel to Annapolis for the 2020 season, with games being played at Navy-Marine Corps Memorial Stadium. The stadium is home to the Chesapeake Bayhawks, who are the reigning MLL Champions. The Cannons will play each of the league's other five teams one time over the course of the first week of the 10-day event, with the potential to play in the four-

team semi-final over the July 25-26 weekend.

The 2020 season will mark the 20th anniversary season the Boston Cannons and for Major League Lacrosse. The Cannons will celebrate their 20th anniversary throughout 2020.

Under the guidance of a team of medical professionals, MLL has developed a comprehensive strategy to ensure the health and safety of all players, staff and personnel on-site for the entirety of the 2020 season. The

league has an established COVID Safety Protocol Officer, who will oversee to the adherence and execution of the safety plan.

Major League Lacrosse is working closely with Cascade to offer players access to Cascade's newly developed face shield, which is a completely clear, physical barrier designed specifically for the SEI-Certified Cascade helmets.

Boston Cannons games will be available locally on NBC Sports Boston.

SUMMER EATS
FREE MEALS FOR KIDS & TEENS

The USDA funded Summer Food Service Program for Children sponsored by the Quincy Public Schools will provide free meals to all children without charge, regardless of race, color, national origin, sex, age or disability. Due to COVID-19, we will offer the same service by providing both breakfast and lunch at eight emergency feeding locations.

Breakfast & Lunch Service: Monday—Friday

11 am to 12 pm - July 6 through August 21, 2020

Please note the following guidelines that will continue to apply to protect participants from exposure to COVID-19:

'Grab and Go' breakfast & lunches with milk will be provided each day.

All locations will operate in a non-congregate manner. Please take your meals and kindly leave the premises. This is to ensure your safety.

Kids who are age 18 years old and under may have both breakfast & lunch.

Parent/guardian can pick-up meals on behalf of their child or children.

Kids/parents can go to any one of nine locations across Quincy.

There are no registration or income requirements to participate.

"This is an equal opportunity provider."

SITE LOCATIONS:

The Snug Harbor School gym entrance

The Ward II Community Center

The Lincoln Hancock School cafeteria

The F.W. Parker School cafeteria

The Montclair Elementary School gym

Quincy High School cafeteria

North Quincy High School gym entrance (Hunt St.)

Atherton Hough Elementary School cafeteria entrance

Clifford Marshall Elementary School entrance



Summer Reading Reviews By Gracie Warren

'HOLES' By Louis Sachar

Hi kids, it's Gracie. I hope you're enjoying your summer vacation so far. The Thomas Crane Library has opened for curbside service, so I thought I'd give you some suggestions for summer reading.

Below is my first review, for the book *HOLES* by Louis Sachar. This book has been out for a few years, but I'm just getting around to reading it. This was an amazing book, one of the best I've read in a long time. I give it 10's.

Stanley Yelnats and his family are under a curse, started by Stanley's "no-good-dirty-rotten-pig-stealing great-great-grandfather." When Stanley is accused of stealing famous baseball player Clyde Livingston's shoes, his chosen punishment is being sent to Camp Green Lake, where they try to build boys' characters by digging holes, 5 feet deep and 5 feet wide.

As you read the story, you learn that Stanley's history and the camp's history are connected. You also meet the other boys

in Stanley's cabin: X-ray, Squid, Armpit, Magnet and Zero. Stanley quickly realizes the owner of the camp, The Warden, is looking for something specific in the ruins of the lake. As he digs, Stanley faces hunger, thirst, fear, adventure, and best of all, new friendships at Camp Green Lake. His experiences make him the amazing character he is in the end.

HOLES is a wonderful summer reading book. You can really feel Stanley and the other boys' sadness as they dig holes day after day. It makes you feel sorry for them. I liked this book because I felt as if I WAS Stanley: hungry and lonely in the holes of the camp. These boys are terrorized and punished day after day. As you read how poorly they are treated, it makes you see young troublemakers in a new light.

In the final part of the book, called "Filling In The Holes," you learn how the camp and the boys' histories piece together and what really happened at Camp Green Lake.

Two Quincy Residents Earn Springfield Degrees

Two students from Quincy recently graduated from Springfield College.

Christina Forde earned a bachelor of science degree

in psychology.

Anthony Gustin earned a bachelor of science degree in rehab and disability study.

Two Quincy Students On Saint Anselm Dean's List

Two students from Quincy have been named to the Dean's List for the second semester at Saint Anselm College in Manchester, N.H.

They are:

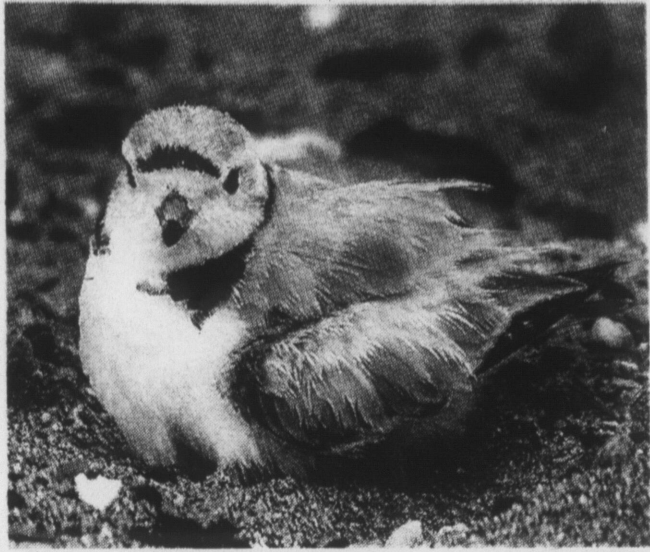
Caroline D. Donnelly, Class of 2020, nursing major; and Nicole C. Farrell, Class of 2023, criminal justice.

J
U
L

9

2
0
2
0

Piping Plovers Spotted At Wollaston Beach



WOLLASTON BEACH GOERS may have noticed a small fenced area that is home to a rare pair of piping plovers. Piping plovers are listed as threatened both on the Massachusetts and Federal Endangered Species List. This area of the beach is home to a nesting pair. Shown here are a mother piping plover and one of her chicks. They were photographed by Quincy wildlife photographer Karen Walker. Piping plovers are very sensitive to the presence of humans. Disturbances can cause the parents to abandon their nest. People using the beaches where the birds nest sometimes accidentally crush eggs or young birds. Dogs and cats often harass and kill the birds. Other animals, such as gulls and crows, prey on the young plovers or eggs. The above photo shows the adult female piping plover. Middle photo shows a young chick and the bottom photo shows the adult female (mother) with a young chick.

Photos Courtesy Karen Walker



Four Residents Graduate Clark U.

Four Quincy residents recently received degrees from Clark University in Worcester.

Cassandra Thien-An Feeney graduated with a Master of Arts in teaching.

Katy Deng graduated

with a Master of Science in environmental science and policy.

Julia Tran graduated with a Doctor of Philosophy in psychology.

Nadine M. Maziarz graduated with a Bachelor of Arts in studio art.

Liam Batson Earns Degrees At Emory & Henry College

Liam Batson of Quincy recently earned BA and MA degrees from Emory & Henry College in Emory, VA.



Come join family, friends and neighbors as we celebrate the graduating Seniors from QHS and NQHS on July 11-12th

Be there as the Spring Varsity sports teams take on one another one final time!

Saturday July 11:

9 AM: **Girls Tennis**

10 AM: **Boys Tennis**

Russell Park Courts

12 PM: **Boys Volleyball**

Quincy High School Gym

5 PM: **Softball**

Mitchell/McCoy Stadium

8 PM: **Baseball**

Adams Field

Sunday July 12:

4 PM: **Boys lacrosse**

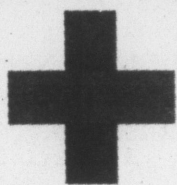
Veterans Memorial Stadium

6 PM: **Salute to All Senior Athletes**

Veterans Memorial Stadium

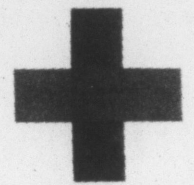
8 PM: **Girls Lacrosse**

Veterans Memorial Stadium



AMERICAN
RED CROSS

GIVE BLOOD



AMERICAN
RED CROSS

Your chance to help! We need you!

**DONATE TODAY!
THE NEED IS
CONSTANT
&
THE
GRATIFICATION
IS INSTANT!**



**TOGETHER
WE CAN
SAVE
LIVES**

**Local Quincy Community Blood Drive
in honor of
*Kelsey Taylor***

**Sponsored by
Quincy Housing Authority**

Thursday
July 23rd 2020

By
appointment
only

11:00am –
5:00pm

Location

**109 Curtis Avenue, Quincy
parking lot located on Washington Street**

For an appointment visit redcrossblood.org & enter sponsor code **QUINCYHOUSING**
or call **1-800-RED-CROSS** (1-800-733-2767)

(Limited to 2 donors per each 15 minute intervals)

refreshments will be served

Fuel Tank Switches, Ignition Coils, Hitches, Dents

Ask John Paul: AAA New England's Car Doctor

I just purchased a 1995 Ford F150 XLT with a 5.0 engine and dual fuel tanks. The tank selector switch was set for the rear tank and it started and ran fine. When I tried to start it with the switch set to the front tank it would not start even though the tank was full. I also tried starting it with the switch on the rear tank and after it started, I was able to switch to the front tank and it would run fine. This worked until there was about a half tank of fuel left in the front tank. Now it will stall out if I try switching from rear to front. Any idea on what could be causing this?

Generally, what happens with these trucks is the fuel-tank switching valve is faulty. As you switch from one tank to the other rather than fuel going to the engine the valve pumps fuel to the other tank. The repair is to replace the valve.

I have a 2010 Hyundai Sonata with the four-cylinder engine. The car has 120,000 miles and in the last six months I have had to replace the number four ignition coil twice and now maybe again. Is there a reason why only the number four coil keeps misfiring after a few months? The same brand name coil is being used. Is it possible the aftermarket coil is of poor quality? What other possible issues could cause this? One last thing, should all the coils have been replaced at same time?

As a general rule if you plan on keeping the car replacing all of the ignition coils is money well spent. Ignition coil fail due to a variety of reasons, such as badly worn sparkplugs, oil and water intrusion and excessive heat. It is certainly possible the company making the ignition coil had a bad run of parts. The parts store could have purchased several from the same supplier all manufactured at the same time. At this point I would replace the sparkplugs and use a different brand of ignition coil.

I have a 2009 Nissan Rogue that my son uses while away at college. At night the headlights are not bright compared to other cars. I have purchased a Honda CRV and the brightness of the headlights are significantly better. Do you have any suggestions? Can the bulbs be changed to improve the brightness?

Like any bulb over time they can lose their intensity as they near the end of their life. Several lighting manufactures make brighter bulbs: Sylvania, Hella and GE are a few. My experience with brighter bulbs are they are much better, but the overall life is considerably shorter. Additionally, some bulbs are not designed for on road use and should never be used on a street vehicle. Many drivers have upgraded to LED bulbs; I have yet to try these bulbs but the better-quality bulbs seem to have a long life and although brighter are well-focused to prevent blinding oncoming drivers. One final item make sure the headlight lens is clear. Over time the headlight lenses can become clouded and block as much as 80 percent of the light.

I own a 2005 Toyota Camry with 270,000 miles. I change the oil/filter every 3000 miles. This is not my primary car; I use it for my side hustle to deliver food for two local take out restaurants. Recently the oil light came on and there was no oil in the car. I added oil but now I have had to add about a quart of oil every 3-4 weeks. My mechanic said these Camrys are known for this problem and correcting it would be very expensive. What are my alternatives?

Some of the engines in Toyota products have been known to use some oil. That being said; at 15 years old and 270,000 miles I'm not surprised the engine uses some oil. In my opinion the most economical thing to do at this point is nothing. If this were my car, I would check the oil on a regular basis and add oil as necessary and drive the car in a reasonable manner.

I have a 2010 Honda Odyssey that was purchased brand new. On occasion while driving, the power to the entire car cuts out for a split second. Once it happened and the car stalled, and I lost power steering for a few seconds. I've had it checked and no one can find anything wrong. Any ideas on what is causing this?

At 11 years-old there are several possibilities from a possible fuel pump failure, high electrical resistance, to an ignition issue. The biggest deterrent to getting the vehicle repaired is how intermittent the problem is. Without fault codes or additional diagnostic testing time may be the best diagnostic tool. Once the problem becomes more easily repeatable the diagnosis and repair should be more apparent. One final thought, if your vehicle uses a conventional key to start, having too many items on your key ring can cause wear to the ignition switch. As an interim measure keep the car key on its own ring. If the problem doesn't return, I would suspect a faulty ignition switch.

I have an issue with a newer Ford F-150 pick-up truck. I purchased the truck to tow an 8,500-pound trailer, which it is capable of doing when equipped with a Class-4 hitch. The problem is this truck and every other F-150 I looked at has a Class 3 hitch installed even though the paperwork states it is a Class 4 hitch. The dealer ordered a new hitch and it is the same as the old Class-3 hitch. What can be done about this?

I would start with reporting the situation to www.nhtsa.gov. At this point, if it were my truck I would see if the dealer is willing to install a proper aftermarket Class-4 hitch. It seems as if you can purchase a custom fit Class-4 hitch that can tow 10,000 pounds and up to 12,000 pounds with a weight distributing setup. Ford F-150 owners, have you run into this problem? If yes I would like to hear from you: email me at jpaul@aanortheast.com

I recently went to Arizona to visit my 90-year-old aunt and although she doesn't drive, she has a 2010 Toyota Camry with 21,000 miles on it. The car is used by her caretaker to run errands and take her to appointments. The car runs great, but should we be concerned about the 10-year-old tires? I have heard that tires only last 6-8 years.

Tires can start to be problematic as they age, but the real issue is how they have been used. With such low mileage and desert heat I would be concerned about dry-rot and cracking. If this were my car, I would replace the tires.

I am in the process of ordering a new sports car and I have the option of the standard 18-inch wheels or an upgraded 20-inch wheels and higher performance tires. What are advantages/disadvantages of the 18-inch wheels versus the 20-inch wheels, if any? I will say the 20-inch wheels do look really nice.

It really depends how you are going to drive your new car. If this is going to be your everyday driver, I would be tempted to go with the 18 wheels and tires. The smaller wheel generally means a tire with a slightly taller sidewall; this translates into a bit softer ride and a tire that is less likely to be damaged by pavement breaks and potholes. The 20-inch wheels with performance tires are more apt to be damaged by potholes and are in many cases summer tires and don't perform well in colder temperatures. If you are okay with knowing that at some point you may need to replace a wheel or even tires due to a pothole and limit your cold weather driving, then buy what looks best to you.

I have a eight year-old Chrysler. It is a good car but like any eight-year old car is starting to develop some problems. First it was the battery died, then a computer sensor failed and now the starter is acting odd. With all the computers in cars as well as all the add-on accessories why isn't there something that can tell me when something is going to go wrong, before it does?

Wouldn't that be nice with everything: cars, houses and people. General Motors uses On-Star to alert the driver if there is a pending problem and other manufacturers, where vehicles have their own internet address can perform similar functions. Even with this technology I still recommended having your trusted repair shop give your car a once-over at least yearly to access its overall health. I recently read about a plug-in device that is capable of predictive diagnostics. The device is designed to alert the owner or repair shop if an electrical component or system is getting ready to fail. The company is Carmen out of Singapore, and I will be testing it in the near future.

In December 2019 I had to have the battery replaced in my 2016 Toyota Camry LE. I went to the dealer maintenance shop with approximately 243 miles to empty. When I picked up my vehicle, miles to empty was 303 miles. I brought this to the mechanic's attention immediately, telling them 303 miles to empty is what I get on a full tank and the tank was only half full. They said they don't touch those monitors and that it would readjust as I drove the car. I fractured my foot two days later and was not able to drive until March 2020. To make a long story short, the miles to empty did not adjust. When I took the car in for inspection, I spoke to a manager again and was told that when the battery is changed, I should also have throttle body and fuel injection service done, \$300. Is this true? Are these services necessary and do they affect the battery or how the car runs? I waited until the gas meter was down to 1/4 tank and filled it today. Miles to empty came up as 388 miles!

When the battery was replaced the car's computer memory was erased. The on-board computer that measures miles per gallon was reset. The new calculation is based on the day the battery was replaced and over time the average will adjust to number you are more familiar with. Regarding the fuel injection and throttle-body cleaning it can't hurt but



JOHN PAUL
AAA's Car Doctor

won't change the miles to empty number. If the car is running well is not something that I would spend my money on.

My car has a dent in the middle of the door. It looks like someone kicked a soccer ball at the door. It is an older Ford Windstar and is not really worth putting any money into, but the dent looks ugly. I have seen various tools online to remove dents. Do these work?

Most of the tools are some type of suction device. If the dent doesn't have a crease in it you may be able to pull it out. Without spending any money try this. Pour hot water on the dent then attached a plumber's plunger and give it a pull. You may find after multiple attempts you get the door looking acceptable.

My 2005 Hyundai Sonata has developed a new noise. As I back up the car makes a whirring noise which gets louder as I back up the car. My mechanic told me this is normal for a Hyundai or any car with lots of miles. What do you think? By the way this Hyundai is the best car I have ever owned.

I would certainly get a second opinion. The noise could be internal to the transmission and an expensive repair that may not be worth investing in at this point. Then again, the noise may be a wheel bearing or brake issue that could impact your safety. If this were my car, I would get a second opinion just to be safe. Even the best car ever can eventually wear out.

31 Quincy Students On Curry College Dean's List

Thirty-one students from Quincy are on the Dean's List for the spring semester at Curry College in Milton.

They are:

Quent Francis, majoring in accounting; Bernardo Teixeira, accounting; Ariana Monteiro, community health & wellness; Caroline Walsh, community health & wellness; Jaclyn Donahue, criminal justice; Olivia Haney, criminal justice; Tashia Herrington, criminal justice.

Lilia Leonard, majoring in criminal justice; Cian O'Connor, criminal justice; Alexander Scott, criminal justice; Samantha Lapierre, communication; John Ross McEvilly, communication;

Erin Turner, early childhood education; Julie Nabstedt, elementary education.

Abbie Koch, majoring in English; Jake O'Brien, information technology; Kailin Bell, nursing; Daniel Casey, nursing; Abby Gilmartin, nursing; Caitlyn Hannon, nursing; Gladys Kuria, nursing; Kelsey McGovern, nursing.

Victor Nguyen, majoring in nursing; Leybis Pena, nursing; Tayla Tervakoski, nursing; Alexandra Tilley, nursing; Julia Tomer, nursing; Jamie Meade, public health and wellness.

Kenny Tran, majoring in public health and wellness; Hailey Costello, psychology and Michaela Monahan, special education.

I make house calls!



Interior decorating,
home décor sewing,
downsizing/decluttering,
home staging,
decorating seminars

Secretary of the Interior

Creative solutions at reasonable rates
Call Barbara at 617-921-6033
www.sec-interior.com

J
U
L

9

2
0
2
0

Richard Staiti Candidate For County Commissioner

Richard R. Staiti of Canton, an attorney, has qualified for the Democratic Primary race for Norfolk County commissioner to be held Sept. 1.

Despite the challenges presented by the novel coronavirus, Staiti and his supporters gathered over 1,000 signatures (over twice the reduced requirement of 500) to qualify for the Democratic ballot.

A lifelong resident of Canton, Staiti currently serves as the town moderator. Prior to serving as moderator, Staiti served nine years as a member of the Board of Selectmen (newly renamed the Select Board), being elected chairman three times. Staiti represents Canton on the Norfolk County Advisory Board which oversees all county finances and spending. He is the longest serving member of the board and has been elected chairman of this financial board three times.

"The role of County Commissioner is to oversee the operation and expenditures of various county operations including but not limited to the maintenance of the Court system, the Norfolk County Agricultural School, the President's Golf Course, county roads and layouts, engineering and other agencies under their supervision," Staiti said in a campaign press release.

"As an attorney and with my education and experience as a selectmen, town moderator and long time member of the county advisory board, I feel this skill-set will enable me to deal effectively and professionally with the many issues confronting county government in the decade ahead," Staiti said.

Staiti added that his many years of service in education and first hand knowledge as a classroom teacher as well as director of Science and Technology at Canton High School will be invaluable in providing leadership to maintain and improve upon



RICHARD R. STAITI

the programs of study at the Norfolk County Agricultural school.

"The County School is the jewel of the county," Staiti said. "We need to improve and maintain high standards for the students, staff and parents."

"The pandemic has changed our life and forced us to rethink things the way they are at present. With the economic issues caused by the pandemic, and as revenues dwindle we need to investigate and explore new ways of producing revenue without increasing taxes."

Staiti said he is a proponent for clean energy.

"We need to expand the use of clean renewable energy in the county to preserve our environment and increase sources of revenue to the county operation. As an attorney I permitted one of the largest solar fields east of the Mississippi. The revenue from that project will provide a steady stream of income over a 20 year period. In addition the town (Canton) derives energy credits on the utility bill. Clean and reusable energy is something that we need to act upon now, not in five years."

"We should also collaborate and expand regional services to help local cities and towns especially in light of the impending fiscal crisis. With the help of the county and local chiefs, a grant was obtained to establish a regional dispatch operation that serves several towns in the county."

Staiti said he has worked

closely with the fire chiefs and director to make this regional service a reality. "As smaller communities struggle with budget shortfalls, the county can play a larger role in managing and providing regional services," he said.

"Like any municipal entity, the county should have a well planned, long term capital program to repair and maintain our courts and buildings. We need to set aside funds in a stabilization account that should be used only for capital improvements."

The son of working class parents, Staiti has been endorsed by unions such as New England Regional Council of Carpenters Local 346. He has been an avid participant in and supporter of numerous Massachusetts Nursing Association (MNA) vigils, canvassing and other related social justice actions.

The father of five children, Staiti is also a member of the Board of Directors on the Canton Association of Business and Industry, (CABI) as well as trustee of the Salah Foundation.

"Change is needed now at the county and in all phases of government, help make change happen now," Staiti said. "I respectfully ask for your vote for Richard Staiti as your new County Commissioner on election day Sept. 1."

For more information about the campaign, visit: www.votestaiticommissioner.com

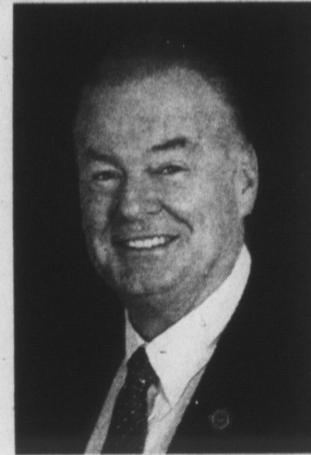
Michael Walsh Candidate For Norfolk Register Of Probate

Michael F. Walsh, a 33-year trial attorney who was recently re-elected for a third term to the Westwood Select Board, announces his candidacy for the Norfolk County Register of Probate.

Walsh is a candidate in the Democratic primary which will be held Sept. 1. Present Register of Probate Patrick McDermott is not seeking re-election; he is among a group of candidates running for Norfolk County sheriff.

In his campaign announcement, Walsh said the Register of Probate is an important position that many people know little about until they need it. It is the court system that handles all family matters, including divorce, child support, alimony, custody, wills, trusts, estates, name changes, adoption, and guardian ad litem issues. The Register is the person responsible for the day to day operations of the Probate and Family Court for Norfolk County. The need to know and understand the law, work with judges, lawyers, and members of the public (many who often try to navigate this system without lawyers), are essential skills needed for this position.

Walsh said he has spent 33 years getting access to justice for individuals and families of all races, religions, financial means, and gender preference in every type of courthouse in the Commonwealth, not just the Probate Court. He said he has prided himself and his career on helping those individuals in need to receive the services they need to make for a better life for



MICHAEL WALSH

themselves or get back on track.

"My experience in dealing with people, whether clients or constituents, judges, or other lawyers; is greatly needed to improve the court system, especially now, and moving forward into the future," Walsh said. "Gaining access to the courthouse is crucial, especially for those without cars. Adding satellite offices and more technology, while providing guidance and assistance to those without counsel is also a priority."

Walsh said he feels the next Register of Probate needs to be an attorney and have firsthand knowledge and experience in how to adjudicate in front of a judge, to know what is best for the court and its clientele. He is currently involved, both at the courthouse and with attorneys who practice before the court on a day-to-day basis. He said he understands the circumstances and what needs to be done to bring justice for all during some of the most difficult times of their life.

Walsh is currently a member of the Norfolk County Bar Association, where he sits on the Execu-

tive Board, a current member of the Norfolk County Advisory Board to the Norfolk County Commissioners and, is also a member of the Norfolk County Selectmen's Association. All boards that involve the Norfolk County government, including managing the current budget, staff, and creating protocols for making the system efficient for all. Michael's experience managing his own business, and as a negotiator, trusted advisor, advocate, and an elected official managing a budget over \$100 million a year makes him the most qualified for the position.

Walsh is a former resident of the City of Boston and now a small town, which he said makes him uniquely qualified to serve the people of Norfolk County. "Those who know me, through my work as their lawyer or through my service to my community, or the various boards and committees I serve, know that I am caring, dedicated, and hard-working. I am a thoughtful, compassionate leader and advocate," he said.

Walsh said his experience both inside and outside the courtroom, working with individuals, knowing the law, managing budgets and people, makes him the strongest candidate to run the courthouse daily.

Learn more about Michael at www.walshforprobate.com. Call his office at 781-251-0100 or email him at mike@walshforprobate.com.

Follow him on Facebook and like his page at Attorney Michael F. Walsh for Norfolk County Register of Probate.

How Seniors Can Protect Their Health And Finances During The Pandemic

Cont'd From Page 8

Act will pump \$2 trillion into the economy. Social Security income, Medicare, and Medicaid payments remain unchanged. Income from annuities remains guaranteed.

For owners of permanent life insurance policies, Orestis says, there are a couple of options to get liquidity from this asset. If the owner wants to keep the policy in force, they can take out a policy loan for upwards of 90% of the cash surrender value. If the policy owner wants to stop paying premiums, they could use a life settlement to sell the policy under tax-favorable conditions to receive a percentage of their death benefit as a lump-sum today.

• **Beware of scams.** Seniors often are prime targets

of scams, and with their heightened level of distress, could be even more susceptible than usual, Orestis says. "Be on the lookout for such things as emails from imposters of the CDC asking you to open a link or download a list telling you where positive cases are in your area," he says.

• **Vet your news sources.** The coronavirus is getting round-the-clock news coverage. But mixed into the information coming from reliable sources is a flood of misinformation. "Fact-check information by reading statistics from the websites of reliable medical resources and verified news organizations," Orestis says. "Don't fall for conflicting statistics or attempts to

minimize the severity of the outbreak by comparing it to car accidents, the flu, or other outbreaks. The danger is people can be lulled into underestimating the danger and let their guard down."

"No one is sure how long this crisis will last or what the outcome could be," Orestis says. "But the most vulnerable members of our population can protect themselves by following smart health practices, avoiding unwise financial decisions, taking advantage of financial safety-nets, and being on the lookout for scams and bad information."

Chris Orestis, known as the "Retirement Genius," is president of LifeCare Xchange and a nationally recognized healthcare expert and senior advocate.

Norfolk County Sheriff's Office Plays Role In Federal Investigation

Sheriff Jerry McDermott has confirmed the participation and involvement of the Norfolk County Sheriff's Office in the 18-month long federal investigation, which nabbed two dozen gang members.

According to U.S. Attorney Andrew Lelling, 24 members and associates of Boston-based street gangs have been charged in federal court in Boston in con-

nection with trafficking cocaine in a Brighton housing development and separately operating a large-scale drug trafficking organization. Over the course of this investigation, investigators purchased and seized approximately 1.7 kilograms of cocaine and cocaine base, approximately 27 pounds of marijuana, approximately \$200,000 in cash, over 200 rounds of ammunition and

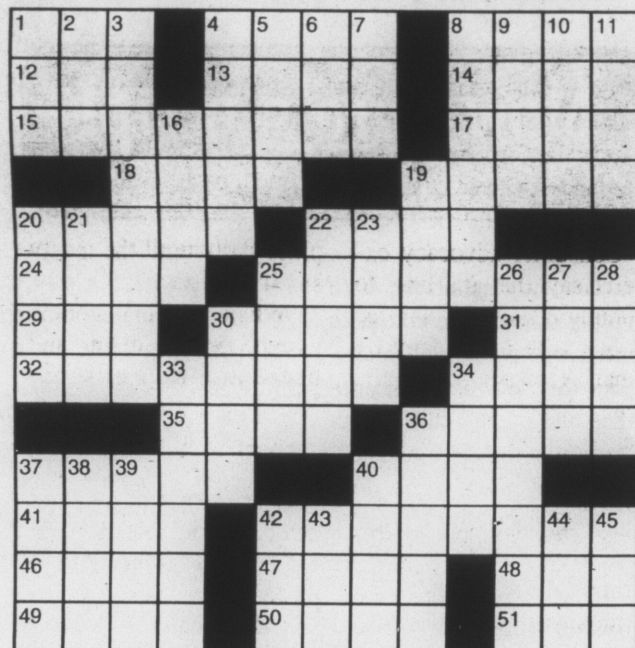
11 firearms.

"The Norfolk County Sheriff's Office will continue to work with multiple law enforcement agencies to keep our neighborhoods safe, and dangerous criminals and drugs off our streets," said Sheriff Jerry McDermott. "This most recent ongoing effort, addresses the prevalence of gang activity in our region."

SUN FUN PAGES

King Crossword

- ACROSS**
- 1 Actor Carrey
4 Weapon of mouse destruction
8 Zits
12 Man-mouse link
13 Midwestern state
14 Addition sign
15 The national pastime
17 Node
18 — pro quo
19 British patrolman
20 First lady before Michelle
22 Old MacDonald's place
24 Twistable cookie
25 Fort Dix, for one
29 Sea (Fr.)
30 Gray matter
31 Snapshot
32 You might run on one to get home
34 "The lady —
- protest too much"
35 Drench
36 Cow catcher
37 Underground chamber
40 Close
41 Villainous look
42 Information storehouse
46 Con
47 Versifier's tributes
48 Baltimore newspaper
49 "Act now!"
50 Prolonged sleep
51 "Of course"
- DOWN**
- 1 Task
2 401(k) alternative
3 Costume party guests (Var.)
4 Leg bone
5 Street
6 Piercing tool
7 Crony
8 Poise
9 Organization
- 10 Unfeeling
11 Catch sight of
16 Continental coin
19 — Mawr College
20 Bausch's partner
21 Vicinity
22 Candid
23 Grenoble girlfriend
25 La Scala showstopper
26 Renunciation of a faith
27 Perches
28 Reverberate
30 Rorschach sample
33 — de corps
34 Smear
36 Tibet's capital
37 Dressed
38 Nevada city
39 Bigfoot's cousin
40 Goblet feature
42 Medic
43 Big bother
44 Seek damages
45 Em halves



© 2020 King Features Synd., Inc.

MAGIC MAZE • LOFTY

DMJHERCZXSQNLJ
GIECZXEVT RPNLJE
TIMMUS SWHLHECLA
ASYAWVTTOCTRCNS
EPENRS EBLTRANLE
KFIRRYEGEINECBR
ZXFEETPWUNTCPSI
RPWAUVLEINOSMLP
JOINRREP ARCSYKS
TSAMNIAMGKEDBAY
XMWUTSGQPONLKJH

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally. Unlisted clue hint: WORLD'S TALLEST MOUNTAIN

Antenna CN Tower Giraffe Mainmast
Manute Bol Peak Perch Pinnacle
Pyramid Skyscraper Spire Steeple
Stilts Summit Towers

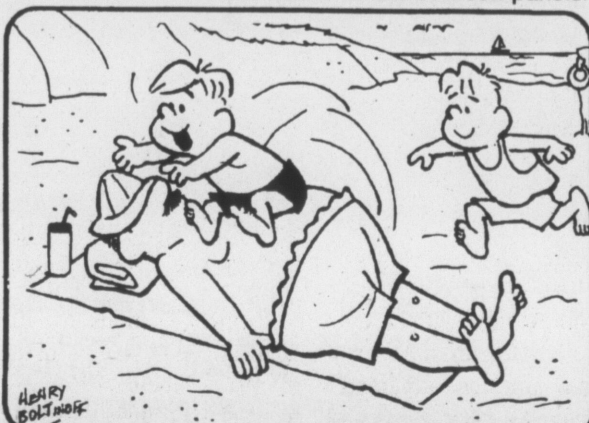
© 2020 King Features Syndicate, Inc. All rights reserved.

HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Boy is barefoot. 2. Blanket is narrower. 3. Man has mustache. 4. Water bottle has been added. 5. Swim trunks have no stripe. 6. Boat is on horizon.

Trivia test

by Fifi Rodriguez

- GENERAL KNOWLEDGE: Which U.S. highway is known by the nickname "the Mother Road"?
- FOOD & DRINK: What kind of cocktail contains ginger beer, lime juice and vodka?
- SCIENCE: What kind of cloud produces thunderstorms?
- MUSIC: How many musicians play in a quartet?
- GEOGRAPHY: Which of the seven continents is the driest?
- MOVIES: What word is on Austin Powers' license plate in "Austin Powers: International Man of Mystery"?
- HISTORY: What was

the ancient Sumerian form of writing called?

- TELEVISION: What is the name of Bert's roommate on the children's show "Sesame Street"?
- ANATOMY: How many lobes is the human brain divided into?
- MEASUREMENTS: How much liquid does a standard jigger hold?

Answers

- Route 66
- Moscow Mule
- Cumulonimbus
- Four
- Antarctica
- Swinger
- Cuneiform
- Ernie
- Four
- 1.5 ounces

(c) 2020 King Features Synd., Inc.

Wishing Well®

7 3 8 5 2 7 3 8 7 3 6 3 4
P O L H J R B O E S A T C
2 5 3 7 4 2 8 4 3 4 3 4 3
O A A S A Y O R C E L F E
5 7 2 5 4 3 2 7 6 7 8 7 4
P T I P O S S I I G K E R
3 4 3 2 8 2 3 6 3 2 4 6 4
O Y V Y F O E M R U O H U
2 8 6 3 2 8 7 8 3 5 7 3 4
R O I C S R A W O Y T M R
3 6 8 3 8 6 4 8 7 3 5 3 4
E G A B R H S D W Y T F E
3 5 4 5 3 7 3 7 3 4 7 5 5
A I L M I O T R H F K E S

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

© 2020 King Features Syndicate, Inc.

Salome's Stars

ARIES (March 21 to April 19) A perplexing situation needs to be dealt with in order to avoid problems later on. Rely on both your own sense of what's right and the advice of someone you trust to help work it out.

TAURUS (April 20 to May 20) Let your sharp Taurean business insight guide you when considering a "dream deal." Without all the facts, it could turn into a nightmare. Remember: Investigate before investing.

GEMINI (May 21 to June 20) Sharing so much of your time and your gifts with others is what you do so well, and this week, don't be surprised if others want to share with you. Enjoy the experience. You've earned it.

CANCER (June 21 to July 22) A difficult personal situation seems to defy efforts to resolve it. Perhaps you're too close to it. Take some time to reassess what went wrong, and then see where things can be set right.

LEO (July 23 to August 22) Leonine pride could be piqued a bit when someone else appears to be standing in your light. Be patient and resist the urge to growl at the interloper. You'll soon be the "mane" attraction again.

VIRGO (August 23 to September 22) A professional situation benefits from your clear assessment of the circumstances involved. On the personal side, that new relationship looks as if it will continue to grow.

LIBRA (September 23 to October 22) More good news about a loved one helps reassure others who could not share your more-

optimistic view before. Continue to help everyone in need of your comforting presence.

SCORPIO (October 23 to November 21) Creating new friendships could turn out to be the unexpected but welcome result of reconnecting with old friends. The weekend is a good time for fun and games. Enjoy!

SAGITTARIUS (November 22 to December 21) The more you learn about what you plan to do, the more likely you are to consider making some changes in your plans. This is good; don't resist it. Instead, go with it.

CAPRICORN (December 22 to January 19) A career change is still in your aspect, but a potential workplace change could be what you've been looking for. See what develops before making any drastic moves.

AQUARIUS (January 20 to February 18) Your energy levels are high this week, which should help you get all your workaday tasks done and still leave you with enough breath to handle some domestic challenges.

PISCES (February 19 to March 20) An unexpected fluke could cause problems with your plans. If so, use the time to troll for other available options, and you might be pleasantly surprised at what turns up.

BORN THIS WEEK: You enjoy the company of lots of people, but you also can treasure the moments shared with just one special person.

(c) 2020 King Features Synd., Inc.

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: R equals D

D DMFDKOR KGO PVJEM KV GOTX JO
QBO KGO SUVPCU COSEQBO D
RDRM'K PEMK KV TOFOU ETVMO.

© 2020 King Features Synd., Inc.

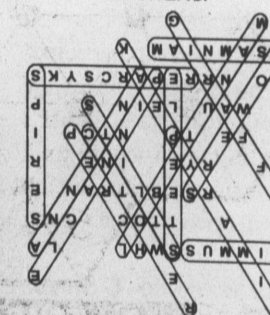
King Crossword

Answers

Solution time: 27 mins.

SEA VWOQ IIOO
NUS SEDQ IINV
ESVBYLVQ FEEL
IUNH TAYARQ
OSSVY KVOO
HIOO ENILLES
CIP NIVBB REM
ESVBYLVQ FEEL
ABBB BOO QOU
DMUT LTLAL VRO
SUT PLWOL VRO
CNE AVAP JIM

Magic Maze ANSWERS:



CryptoQuip answer

Invited the woman to help me use the crowbar because I didn't want to lever alone.

JUL

9

2020

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD -- Universal Studios gained success in 1931 with gothic horror films "Dracula," "Frankenstein," "The Mummy," "The Werewolf of London," and in 1933, "The Invisible Man." It's successfully regenerated these titles, with remakes starring Tom Cruise in "The Mummy" (\$410 million gross) and "The Invisible Man," starring Elisabeth Moss (\$126 million gross); a sequel is coming.

Despite the failure of the 2010 remake of "The Wolfman," starring Oscar-winners Anthony Hopkins and Benicio del Toro (\$150 million cost/\$143 million gross), they're going to remake it, this time with Ryan Gosling in the title role.

Gosling's last film was "First Man" (\$70 million cost/\$105 million gross). In 2014 Gosling wrote, co-produced and directed the horror film "Lost River," which failed at the box office (only \$615,500 gross) but was a vehicle to star the mother of his two daughters, Eva Mendes.

Universal is planning to remake, "The Bride of Frankenstein" (it's in talks with Angelina Jolie to play Frank's wife), "Dracula" and "The Creature From the Black Lagoon" (1954 in black & white and 3D), which had two sequels, "Revenge of the Creature" (1955 in B&W and 3D), which featured an unknown actor named Clint Eastwood, and "The Creature Walks Among Us" (1956, in B&W, no 3D).

Alec Baldwin has completed shooting "Rust," based on a story by Baldwin and

screenwriter Joel Souza, in which he plays an infamous Western outlaw trying to save his grandson from being hanged for an accidental murder. Baldwin also is awaiting the release date for "Chick Fight," with Bella Thorne.

Chris Pratt's film "Cowboy Ninja Viking," co-starring Priyanka Chopra and based on a comic book (written by the screenwriters of "Zombieland"), has been pulled from production. Originally being produced by Disney, it was picked up by Universal after the mouse house dropped it. Pratt's sci-fi thriller "The Tomorrow War," co-starring J.K. Simmons, has been rescheduled for July 2021.

Ben Pratt took Broadway by storm as the title star of "Dear Evan Hansen (2015), winning a Tony, a Grammy (for the cast album) and an Emmy (for performing on "The Today Show"). Ben starred at age 9 on Broadway in the role Ron Howard played in the film "The Music Man." He was in "Pitch Perfect" and "Pitch Perfect 2," "Ricki & The Flash," with Meryl Streep and Rick Springfield, and was renewed for a second season of the Netflix series "The Politician." His performance film, "Ben Pratt: Live at Radio City Music Hall," was filmed in September and released May 20 by Netflix. Now that Universal is making the film "Dear Evan Hansen," is Ben Pratt, at age 26, too old to play a teenager? MAKE-UP!

(c) 2020 King Features Synd., Inc.

GO FIGURE!

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY

★ Moderate ★★ Difficult ★★★ GO FIGURE!

	x		-		6
+		÷		-	
	-		x		10
x		+		x	
	x		+		7
11		4		12	

1 2 3 4 5 7 7 8 9

©2020 King Features Syndicate, Inc.

KOVELS' Antiques & Collecting

By Terry and Kim Kovel

Eye Chart -- There doesn't seem to be any type of antique that isn't sold at auctions, flea markets or shops. We were surprised years ago at a flea market when a dealer was offering a wooden artificial leg. It was sold an hour after we saw it. He said it went to a woman who wanted to make a statue, and she had wondered if he had any more. We have seen many sets of false eyes sold, samples of what surgeons would use to replace a missing eye. And bottles of cures too strange to describe. This is a 19th-century optician's eye test chart made of black painted wood from Andrew Spindler Antiques & Design, a shop in Essex, Massachusetts. It has a metal lamp visor and a linen scroll with letters of different sizes. It was purchased at an antiques show in New York City about 18 years ago for about \$1,800. It has since been rewired and the scroll restored, and it was priced at \$2,200. Keep your eyes open at antiques shops and you may find another eye test chart. It will certainly be a rare antique. Wonder what the prescribed glasses looked like? Lots of collectors can show you their favorite odd antique. Sometimes those are the most fun.

Q: Do you know who made the first commercial ice cream scoop or dipper, and what it looked like? Any other interesting information about serving ice cream in a soda shop would help me with a school paper.

A: We are told George Washington liked ice cream made from ice cut from a frozen river. Without refrigeration, ice was a luxury, so ice cream was for the very rich. The first U.S. ice cream factory was started

in Philadelphia in 1851. The first ice cream scoop was made in Pennsylvania in 1876 by George William Clewell. It was shaped like a tin cone with an attached handle. The knob on top was turned to move a metal strip that scraped the lump of ice cream from the scoop. Later, scoops were made in fancy shapes. The most famous is the heart-shaped scoop made in 1925. There were also heart-shaped dishes to hold the ice cream and toppings for a sundae. The few heart-shaped scoops known today have sold for over \$1,000 each. You might learn more from The Ice Creamers club (www.icescreamers.com).

CURRENT PRICES

Roasted peanut warmer, Ko-Pak-Ta, children, dancing, jumping, sunset, trees, 17 inches, \$120. Automobilia, tractor seat, cast iron, American Harrow Co., c. 1880, 14 x 15 1/2 inches, \$145. Loetz, crete pampas, green iridescent, squat base, baluster mouth, signed, 1899, 8 1/2 inches, \$415. Copper, figurine, lobster, jointed limbs, hammered plates, signed, Japan, 7 1/2 inches, \$550.

TIP: Look for vintage light fixtures and lamps at flea markets and thrift stores. Paint or polishing can often restore them.

For more collecting news, tips and resources, visit www.Kovels.com

(c) 2020 King Features Synd., Inc.

Strange BUT TRUE

* As Shakespeare said, what's in a name? A duck is called a duck because it ducks its head under the water to feed. The animal was named after the verb, not the other way around.

* In the era of TV dinners, it wasn't enough that you ATE your veggies. No, etiquette experts still found time to make some interesting rules about HOW you consumed them as well. According to one guide, asparagus should be cut in half in order to avoid "the ungraceful appearance of a bent stalk ... falling limply into someone's mouth."

* What's in a name? Part 2: The French name for cotton candy is "Barbe a papa," or "dad's beard."

* Mary Babnik Brown generously donated 34 inches of her natural golden locks to the United States military during World War II after they determined that blond hair that had never been treated or exposed to heat was the most resilient material to use as the

crosshairs in bombsights.

* A 7-year-old boy had long complained about his swollen and aching jaw, and small wonder: Surgeons at the Saveetha Dental College and Hospital in Chennai, India, found 526 teeth crammed inside his mouth! After removing a seven-ounce, "well-defined bag-like mass" from his jaw containing hundreds of miniature teeth, it took the team five hours to carefully search for and count all of them. The hospital asserted that it was "the first ever case to be documented worldwide, where so many minute teeth were found in a single individual."

* Led Zeppelin let Ben Affleck use their song "When the Levee Breaks" in the movie "Argo" on one condition -- that they digitally alter the record player's needle drop to the correct spot on the vinyl.

Thought for the Day: "The greatest weapon against stress is our ability to choose one thought over another." -- William James

(c) 2020 King Features Synd., Inc.

Now here's a tip!

by Jo Ann Derson

* Consumer advocacy experts say that it's best to communicate your service issues with a company by email. This way, there is a ready paper trail that you can refer to. If you have to call a customer service line, ask for an email address that you can correspond with.

* If your scallions are growing like crazy, you should know that you can freeze them to use later. Snip into smaller portions and freeze in a single layer for a couple of hours. Transfer to a container and store in freezer. When a recipe calls for scallions, just take what you need and use immediately.

* Save energy and heat by using an electric kettle to make hot water for tea. It uses less energy than a stovetop kettle, and it won't heat up your kitchen. * Stuff a musty cooler with crumpled up newspaper and seal. Remove and re-

place daily until the musty smell goes away.

* When making cookie dough, make extra and freeze it in balls or slices. You'll have an easy source of ready-to-bake fresh cookies!

* "You can use dishwasher detergent to clean your bathtub. I moved into a place with a very stained and dirty bathtub. I filled the tub with very hot water, put a cup of detergent into the water (the kind you put in a dishwasher, not soap) and stirred it to dissolve the powder. After letting it sit until it was just warm, I used a scrub brush to lightly lift away the soapy grime. It lifted stains out, too." -- G.G. in South Carolina

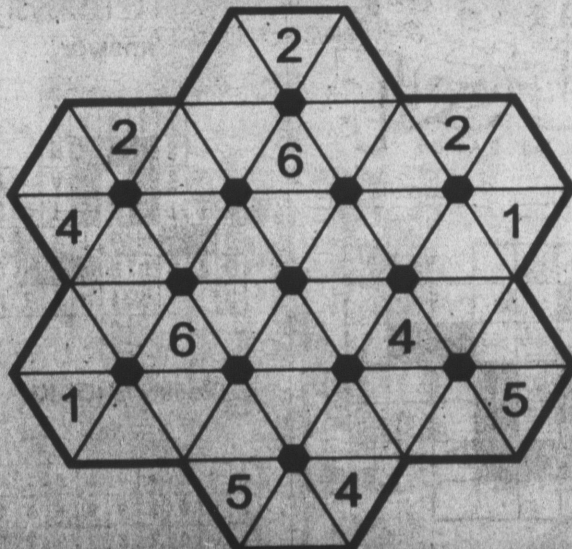
Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

(c) 2020 King Features Synd., Inc.

SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



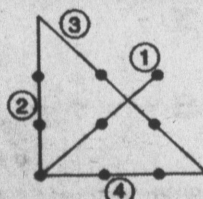
DIFFICULTY THIS WEEK: ◆◆◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

© 2020 King Features Synd., Inc.

STICKELERS

You may remember the old puzzle that asks you to connect nine dots with four lines and the solution is:

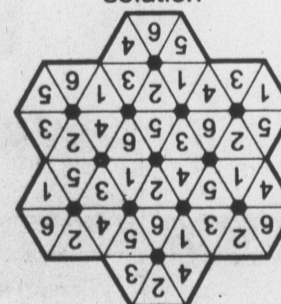


Here's a new and more difficult puzzle. Can you connect 25 dots with eight lines?

© 2020 King Features Synd., Inc.

SNOWFLAKES

solution

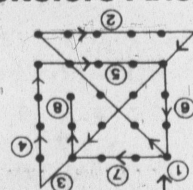


Go Figure!

answers

12	4	11
7	3	1
4	+	x
x	+	x
10	5	7
-	÷	6
-	+	+
6	8	7
-	x	2

Stickelers Answer



TRIPLE OVERLAP

ACROSS

1 Boater, e.g.
4 Poker chip,
for one
8 Uncorks
again
15 Liven (up)
19 Mexican
resort port
21 To-do trays
22 Actor Bates
23 GOP race
runner
25 At midnight,
say
26 Justice
Kagan
27 Planet near
Earth
28 "Attack, dog"
29 First-class
30 "Dirty" drink
32 Data entry
device
36 Ewoks' and
Na'vi,
in brief
38 Actor
DeLuise
39 Strengthens
in volume
40 Large
insectivores
with long
snouts
47 Recycling
container
48 Support
financially
49 Unmannerly
50 Suffix with
pay

52 Nissan, formerly
58 Mop brand —
60 Common bit of onstage audio equipment
63 Writer Isak
65 Pago Pago's home
66 Pied-à- —
67 Tokyo, prior to 1868
68 Play dumb
73 Bloom-to-be
74 Clivity's river
77 Radio booth notification
78 Mattel guy
81 Company not reliant on a parent, e.g.
86 Actress Kazan of "My Favorite Year"
87 MRI's kin
88 —de-France
89 Branchlet
91 Krone spenders
92 Breakfast brew
94 Ones who love making others happy
96 Egg-making organs
101 Many a pro bono TV at

103 Grass sold in
rolls
104 Clinton
Kaine, in
2016
108 Optimistic
114 Somber song
115 Party card
game cry
116 "Tomb
Raider" Croft
118 Raptor's nest
119 Foot bottom
120 They include
Advent and
Easterlike
124 Be fitting for
125 Ideal spots
126 Appeases
127 Warlike god
128 Floral wrist
accessory
129 Rolling car
part, to Brits
130 "Ethyl" suffix

DOWN

1 Female seal
group, e.g.
2 Amtrak bullet
train
3 Get thinner
at one end
4 Persian Gulf
emirate
5 Ailing
6 Sword type
7 Funny
Imogene
8 Classic
detergent
brand

- 9 Complete
- 10 California's
San Luis —
- 11 Speaking
platform
- 12 Spot-on
- 13 Kin of .com
- 14 Flagstaff-to
Tucson dir.
- 15 Ashen-faced
- 16 Actress
Stritch
- 17 Wickerwork
cane
- 18 Genueflects
- 20 Gridiron kick
- 24 Oval portion
- 29 Aussie avian
- 31 Once known
as
- 33 "ER" extras
- 34 Wallach of
"The Deep"
- 35 Sonata part
- 37 Poker variety
- 40 Like the giant
sphere at
Epcot
- 41 Occurrence
- 42 Lymphoid
throat
masses
- 43 Lymph —
- 44 Christmas
verse starter
- 45 Ice cream
maker
Joseph
- 46 Kyo of "Star
Wars"
- 47 Breakfast
meat

50 Sharif of movies
51 Peru's capital
53 Spot-on
54 With
55-Down, Paris edifice housing several universities
55 See
54-Down
56 More out of control
57 Not necessary
59 Ring arbiter
61 Of — (in some way)
62 Spice holder
64 Very bright
69 Agra's home
70 Manxman, e.g.
71 Square root of 81
72 Slithery fish
75 Japanese tech corp.
76 MPG-rating org.
79 Nil
80 "Buenos —" ("Good day")
82 Get admitted
83 Suffix with Denver
84 16 eighths
85 Pups' plaints
90 The world over
93 That, in Peru

94 Karachi's
nation: Abbr.
95 Kin of .com
96 Ukraine port
97 Fabric with a
soft nap
98 2002 César
winner for
Best Film
99 Popular
thesaurus,
familiarily
100 Really cold
101 Models on
walls, maybe
102 Smelting
slag
105 One-on-one
teacher
106 Beethoven's
"Für —"
107 Tic —
109 With 121-
Down, judge
in the O.J.
Simpson
trial
110 Helen of
Troy's
mother
111 Seeing red
112 Air raid alert
113 German
state
117 Engrossed
120 Jazz's Jean-
— Ponty
121 See 109-
Down
122 Funny bit
123 Big elephant
part

by Dana Jackson

Q: For the past two years during the summer months, my local ABC affiliate had three fabulous game shows in a row beginning at 8 p.m., starting with "Celebrity Family Feud" and ending with "Match Game." I can't remember the name of the show, but the one in the 9 p.m. hour was emceed by Michael Strahan with two celebrities each playing with a contestant. "Family Feud" and "Match Game" are both back this summer, but the Strahan show is not. Will it be returning before the end of the season? -- D.J.

A: ABC's Summer Fun & Games lineup is back again on Sunday nights this summer, but "The \$100,000 Pyramid" seems to be missing. It's not in the promos, and it looks like it's been replaced by "Press Your Luck," hosted by actress Elizabeth Banks.

According to sources like TVSeriesFinale.com, "Pyramid" was renewed for 2020, so my guess is that unlike the other Fun & Games shows, it hadn't begun filming before the pandemic shut down production in all of Hollywood. Hopefully it'll return for next sum-

mer's Fun & Games, if not sooner.

Q: Did I miss something in the first episode of Netflix's "Space Force"? Why is the general's wife in jail for 40 years? My daughter thinks I should rewatch the premiere to find out.
-- A.V.

A: You're not the only viewer asking this question. During the first episode, we see Lisa Kudrow and Steve Carrell (as Maggie and Gen. Mark Naird, respectively) happily married before the general moves to Colorado to head up the newest branch of the military. After that, Kudrow is seen behind bars in an orange jumpsuit, her blond hair now with long dark roots, signifying she's been there for a while. Turns out Maggie has been sentenced to 40 years in prison, but at no time during the 10-episode first season of "Space Force" do they explain how she got there. In an interview with "Collider," co-creator Greg Daniels said the omission was intentional, explaining "I think that it's very funny to just hear little hints of it, and not know the full story, that it gives her character a certain mysterious energy."

Q: Is it true that they are remaking "The Princess Bride"? Why of all movies would they do a new version of this classic? It will never work! -- T.B.

A: No one has plans to re-



PHOTO: Michael Strahan
Photo credit: ABC/Lorenzo Bevilaqua

make "The Princess Bride" in the traditional sense, but director Jason Reitman ("Up in the Air") came up with the idea back in March to do an at-home, quarantine-style version of the classic 1987 film.

While the original starred Cary Elwes and Robin Wright as Westley and Princess Buttercup, Reitman's version, which is airing on the new streaming service called Quibi, features real-life celebrity couples such as Joe Jonas and Sophie Turner taking turns playing the star-crossed lovers. Other performers rounding out the cast include Hugh Jackman, Jennifer Garner, David Oyelowo, Jon Hamm and Tiffany Haddish, plus many, many more.

Send me your questions at NewCelebrityExtra@gmail.com, or write me at KFWS, 628 Virginia Drive, Orlando, FL 32803.

(c) 2020 King Features
Synd., Inc.

by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

- | | | | |
|-------------------------|-----------|----------------------|-----------|
| 1. Express appreciation | ___ A ___ | Ponder | ___ I ___ |
| 2. Money back guarantee | R ___ | Formal argument | D ___ |
| 3. Electrical jolt | ___ H ___ | "Star Trek" Vulcan | ___ P ___ |
| 4. Checkered print | ___ ___ D | Unadorned, like Jane | ___ ___ N |
| 5. Take out a loan | ___ O ___ | Rabbit's dwelling | ___ U ___ |
| 6. Gamble | W ___ | Like a beaver | E ___ |
| 7. Snorkeler | ___ I ___ | White Cliffs' locale | ___ O ___ |
| 8. Make | ___ ___ T | Pleat | ___ ___ S |
| 9. Plentiful | ___ P ___ | Saunter | ___ B ___ |
| 10. Go on board | ___ ___ R | Levee up | ___ N |

©2020 King Features Synd., Inc.

by Linda Thistle

	2		4	3		5		
7		4	5				8	
		3			6		2	4
6		1	2			9		
	8			9		7	1	
2				7	8			5
	4	6			7			1
	9		8		1		4	
8				6		2		3

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦
 ♦ Moderate ♦♦ Challenging
 ♦♦♦ HOO BOY!

© 2020 King Features Synd., Inc.

Answers

[illegible]

answers

1. Thank, Think
2. Rebate, Debate
3. Shock, Spock
4. Plaid, Plain
5. Borrow, Burrow
6. Wager, Eager
7. Diver, Dover
8. Create, Crease
9. Ample, Ambly
10. Embark, Embark

Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥RATHE becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.

answer

Weekly SUDOKU

Answer

3	1	7	9	6	4	2	5	3
8	9	2	8	5	1	6	4	7
5	4	8	3	2	7	8	9	1
6	2	9	9	1	7	8	4	5
4	5	5	6	9	3	1	2	7
7	1	2	4	5	9	3	8	6
9	5	3	7	8	6	1	2	4
7	6	4	5	1	2	3	8	9
2	2	4	3	9	5	7	6	8

Amber Waves



Out on a Limb



R.F.D.



SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Crushed
KNOBER
Loath
RESAVE
Gentle
COILED
Induct
CURRITE

TODAY'S WORD

"Will you marry me? We both
the same things."

Conceptis Hitori

Each puzzle consists of a square grid with numbers appearing in all squares. The object is to shade squares so:

1	5	3	1	2
5	4	1	3	4
3	4	3	1	5
4	4	2	3	3
2	1	5	4	4

- No number appears in a row or column more than once.
- Shaded (black) squares do not touch each other vertically or horizontally.
- When completed, all un-shaded (white) squares create a single continuous area.

5	4	3	2	1	6
4	1	2	1	2	3
2	3	4	5	4	5
3	1	4	4	5	2
6	6	1	3	5	5
2	5	6	4	3	3

©2020 Conceptis Puzzles Dist. by King Features Synd., Inc.



Can I Pet That K-9?

DEAR PAW'S CORNER: My parents and I were marching in a demonstration, and we passed two police officers who each had a police dog. I love German Shepherds and I wanted to pet one of their dogs, but my parents wouldn't let me. Why was it wrong to pet them? -- David, via email

DEAR DAVID: K-9 police dogs, just like service animals, are working dogs that are trained to accomplish complicated tasks. When they're at work, they should not be disturbed, even with a well-meaning pat. A K-9 may be trained to help apprehend suspects, or to detect illegal substances, or to perform search and rescue. They are large, energetic dogs, and though they're well-trained, they can be aggressive. When a neighbor and their

dog approach on the sidewalk, the polite way to interact is to ask permission to pet the dog. When K-9s and service animals are working, the best way to help them is to leave them be. Petting a service dog can confuse it or cause it to lose focus on the task it's supposed to be doing. Petting a K-9 trained in apprehension can get your fingers nipped, or worse. If, and only if, a service dog's owner or a K-9's handler invites you to approach, should you do so. Police departments sometimes put on demonstrations or other events with their K-9s to meet the public. If you want to meet the dogs and ask questions of the police officers about what their workday is like, these are good opportunities to do so. When fairs and other public events start up again, find out if and where any such demonstrations are taking place.

Send your tips, comments and questions to ask@pawscorner.com.

(c) 2020 King Features Synd., Inc.



TOP TEN VIDEO, DVD for release week of June 29, 2020

- Top 10 Video On Demand**
1. The Invisible Man (R) Elisabeth Moss
 2. The Hunt (R) Betty Gilpin
 3. Bad Boys for Life (R) Will Smith
 4. Sonic the Hedgehog (PG) James Marsden
 5. Jumanji: The Next Level (PG-13) Dwayne Johnson
 6. The Call of the Wild (PG) Harrison Ford
 7. 1917 (R) Dean-Charles Chapman
 8. Think Like a Dog (PG) Megan Fox
 9. The Gentlemen (R) Matthew McConaughey
 10. Survive the Night (R) Bruce Willis

Top 10 DVD/Blu-ray Sales

1. Sonic the Hedgehog (PG) Paramount
2. Birds of Prey: And the Fantabulous Emancipation of One Harley Quinn (R) Warner Bros.
3. Star Wars: Episode IX: The Rise of Skywalker (PG-13) Disney/Lucasfilm
4. 1917 (R) Universal
5. Onward (PG) Disney
6. Jumanji: The Next Level (PG-13) Sony Pictures
7. The Hunt (R) Universal
8. The Invisible Man (R) Universal
9. Top-Gun (PG) Paramount
10. Jaws (PG) Universal

Sources: comScore/Media Play News

(c) 2020 King Features Synd., Inc.

Hitori answer

3	3	4	9	6	2
5	6	1	3	6	9
5	3	1	4	4	5
2	3	4	5	4	5
4	1	2	1	2	3
1	6	2	3	2	1

DISLIKE Today's Word

1. Broken 2. Averse 3. Docile 4. Recruit

SCRAMBLERS solution

OBITUARIES

Michael E. Graichen, 79

Michael Ervin Graichen, 79, of Quincy, formerly of Warwick and Providence, RI, died peacefully June 26.

Mr. Graichen grew up in Smithfield, RI on his parents' chicken farm, which was on a large pond. There he developed a lifelong love of the outdoors, especially water. Shortly after turning 17, he joined the Coast Guard, serving from 1957 to 1961. He served mainly out of the Castle Hill Station in Newport, RI, but also served on the ice breaker, the Eastwind, in the North Pole towards the end of his service. Mr. Graichen was immensely proud to have served in the Coast Guard and was as patriotic as the day is long.

After the service, he met his first wife, Priscilla (Myrick) Graichen and they wed shortly after. They settled in North Scituate, RI and had three children. After some time, the family moved to Providence, where Michael worked for McGoff and Killgus as a machinist for a number of years. After that, he became a truck driver, driving short and long haul for a number of years until retiring in 1992, when he went legally blind.

Mr. Graichen also lived in Newport and Smithfield and ended up settling in Warwick in late 2009. There he lived in senior housing making many dear friends, spending



MICHAEL E. GRAICHEN

many happy days in the sun wiling away the afternoon with them. He also loved listening to country music from artists like Merle Haggard, Loretta Lynn, Dolly Parton, Kenny Rogers, and the like.

He had a love for life that was apparent to everybody who met him. Mr. Graichen always had a smile on his face and made the best of everyday, no matter what it brought. He loved his family and friends and enjoyed spending time with them. He loved the water and fishing and participated in several of the RI Lions Vision Impaired Persons fishing tournaments. He even won the RI contest twice and the regional contest once.

After some very serious health issues in late 2017, he moved to Quincy to live with his daughter. In August 2018, he went to live in the Brockton VA Community Living Center (CLC) after suffering

an amputation. There, he was taken care of by the most caring and compassionate team of doctors, nurses, aides, physical therapists, and recreational therapists. Despite several serious health issues, he lived his life to the fullest. He enjoyed the many happy days participating in activities like shooting, bowling, musical activities, socials, and field trips fishing, sailing, and even kayaking. For this wonderful care, his family will forever be indebted to the Boston VA Healthcare System, particularly the staff of the Brockton VA CLC.

He was the son of the late Ervin and Bessie Graichen of Smithfield RI. He is survived by ex-wife, Priscilla Graichen of Providence, and children Lorrie Thomas of Quincy, Debbie Rubio of Providence, RI, and Robin (Al) Graichen of Brooklyn, CT. He is also survived by several grandchildren and great-grandchildren, nieces and nephews, and several dear friends.

Due to the current environment and out of an abundance of caution for family and friends, a memorial service will be held for Mr. Graichen at his church, the First Baptist Church of Wollaston in Quincy, at a later date when the church re-opens. Please contact the family for more details.

Memorial donations may be made to VA Boston Healthcare, The 5202 Recreation Account/Building 4 and can be mailed to the VA Brockton Medical Center, 940 Belmont St., Brockton, MA 02401, Attn: Voluntary Services Mailbox 135.

Funeral arrangements were made by Hamel-Lydon Chapel & Cremation Service of Massachusetts, 650 Hancock St., Quincy.

Linda R. Brassard, 63

Linda R. Brassard of Quincy died June 28 surrounded by her family at age 63.

Born in Boston where she was raised and educated, she lived in Dorchester before moving to Quincy 30 years ago and worked as a secretary for the IRS in the Boston office.

The daughter of the late Jose Miranda and Charlotte (Wolensky) Brassard, she was the loving mother of Tina Marie Brassard of Holbrook; dear grandmother of Shanequa Bodgett and Davon Robinson, both of Holbrook; great grandmother of Samiya Taylor; beloved



LINDA R. BRASSARD

sister of Judith Schnarbel of Roslindale, Theodore Brassard of Wrentham, Eleonore Noonan of Roslindale, Charlene Quiles of Dorchester, Anna Brassard of Ran-

dolph, Catherine Quiles of Holbrook, Michael Miranda of Quincy, Ricardo Miranda of NH, Joseph Miranda of Hingham, Mark Miranda of TX, Bertha Miranda of Randolph and Kristina Miranda of Quincy; and is also survived by many nieces and nephews.

Visiting hours were held July 3 in the Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Memorial donations may be made to Hospice of the South Shore, 30 Reservoir Park Dr., Rockland, MA 02370 southshorehealth.org/give.

Laura B. Todesca, 70

A funeral Mass for Lauretta B. (D'Alessandro) Todesca, age 70, a lifelong Quincy resident, was celebrated Monday in St. John the Baptist Church, Quincy.

Mrs. Todesca died peacefully June 28 at Massachusetts General Hospital in Boston, surrounded by her loving family.

She was born in Quincy, to the late Guido "Larry" and Delma (Cellucci) D'Alessandro. She was raised and educated in Quincy, and graduated from Fontbonne Academy. Mrs. Todesca also attended Quincy Junior College.

She was employed as a teller at the Quincy Credit Union for over twenty-five years, retiring three years ago.



LAURA B. TODESCA

Mrs. Todesca enjoyed spending time with friends. Most of all, she was devoted to her family, especially to her late husband, daughters, and granddaughters.

Beloved wife of the late Antonio Todesca. Devoted mother of Sylvana Prodanas and her husband

Sean of Seekonk, Andriana Belanger and her husband Joshua of Manchester, NH. Loving grandmother of Sophia and Kayleigh. Sister-in-law of Charles Todesco and his wife Elena of Westwood, Carmelina Abruzzese and her husband Joseph of Dedham, Vincenzia Petriello and her husband Attilio of Roslindale, and the late Maria Todesca. She is also survived by her aunt, Geraldine A. McNealy, and many nieces, nephews, and cousins.

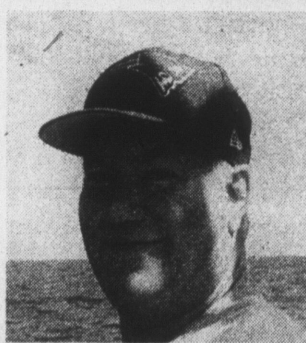
Interment at Pine Hill Cemetery, Quincy.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Walter E. McGinley III

Walter E. "Mac" McGinley III of Quincy died suddenly at his home on June 29.

Born in Boston, he was the son of the late Walter E. McGinley Jr., Elsie L. (Hurley) DiBella and Albert "Pops" DiBella. He was the devoted father of Melissa Van Gorden and her husband Justin of Plymouth and Mathew McGinley and his companion Jennifer Dias of East Taunton. He was the brother of James C. McGinley and his wife Susan of Quincy, Joseph DiBella of Palm Bay, FL, Gregory DiBella of Quincy, Donna DiBella of Braintree, Nancy Perry of Sandwich, Albert DiBella of Norwell, Cathy Fallon-Evans (McGinley) and her husband Brian of



WALTER E. MCGINLEY III

Amherst, NH, and Michael McGinley and his wife Erin of Exeter, NH. He was the proud grandfather of Jaxon Van Gorden of Plymouth, and the uncle of Teresa and Elena McGinley, Shawn Achorn, and Jennifer Kelly, and the great uncle of Elizabeth Fallon, Aidan and Connor McGinley, and Adrian-na, Andrew, and Ava Kelly. Mr. McGinley was a

graduate of North Quincy High School and was in the baseball and soccer Hall of Fame. He was captain of both teams. Mr. McGinley enjoyed fishing and was a Boston sports fanatic. He was well loved by his family and friends and was very generous in his ability to help others.

A graveside service with military honors will be held Friday at 10:45 a.m. in the Massachusetts National Cemetery, Bourne.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to Disabled American Veterans, State House, Room 546, Boston, MA 02133.

Ruth E. Arons

Funeral services for Ruth E. (Langbort) Arons of Attleboro, formerly of Quincy and Weymouth, were private.

Mrs. Arons died June 27.

Beloved wife of the late Morton Arons. Loving mother of Howard Arons of Canton. Proud grandmother of Amanda and Zachary.

Memorial donations may

be made to the National Rose Society, 196 James St., Barrington, IL 60010.

Funeral arrangements were made by Breznjak Funeral Directors.



Honor Your
Loved One's
Memory
With Flowers

cliffords.com
1.800.441.8884



HAMEL-LYDON CHAPEL
&
CREMATION SERVICE OF MASSACHUSETTS
Pre-Planning • Funerals • Cremations

Proud Recipient of the
**2020 Best of Quincy
Funeral Home Award**

Two Consecutive Years (2019 & 2020)
Quincy Business Hall of Fame

DIRECTORS

Christopher P. Goulet, Sr. & Michelle A. Lydon

(617)472-5888

650 Hancock Street, Quincy, MA 02170 • HamelLydon.com

J
U
L

9

2
0
2
0

John J. Stephens, Jr., 72

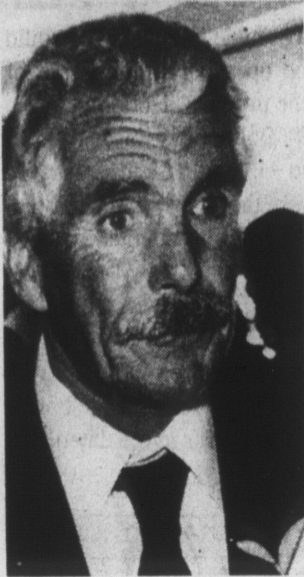
John J. Stephens, Jr., age 72, of North Quincy, died peacefully July 2 at home, surrounded by his loving family.

Mr. Stephens was born in Dorchester. He was the son of the late Florence (Lind) and John J. Stephens, Sr. Older brother to both Brian Stephens of Hanson and the late Mark Stephens. He grew up in Weymouth and enlisted in the U.S. Marine Corps at the age of seventeen. He attained the rank of sergeant, serving for four years, including two tours in the Vietnam War. He earned numerous commendations, including the National Defense Service Medal, Vietnam Service Medal w/1 star, Vietnam Campaign Medal w/device, Meritorious Mast, Rifle Marksman Badge, Combat Action Ribbon, and Good Conduct Medal.

Mr. Stephens worked for forty-five years as a heavy equipment master mechanic for the International Union of Operating Engineers (Local 4). He lived and raised a family for many years in Braintree before moving to North Quincy.

Faithful husband for forty-seven years of Catherine (Bailey) Stephens. Beloved father of Althea (Stephens) Heisler and her husband Ben Heisler of Westport, CT. Loving grandfather of Esmé Rose and Emery Mae Heisler, both of Westport, CT. Brother-in-law of Joanne Bailey-Hanna of Weymouth. Uncle of Eric and Mitchell Hanna, Henry, Paul, and Donna McCarthy, and Melanie Core. Lifelong friend of Michael and Helen Scalisi and their children of Weymouth. Along with many other wonderful friends.

Mr. Stephens was an avid boater and fisherman. He spent most of his free time on his boat just being out on the ocean. When not out at sea you could find John either hanging out at the boatyard with the guys for happy



JOHN J. STEPHENS, JR.

hour or at Bay Pointe Marina shooting the breeze with his boating friends. Tugged away at times by his two granddaughters who gave him so much joy.

Those who knew Mr. Stephens remember his infectious laugh, a mustache even hipsters would envy, and the most piercing set of steely blue eyes that could look right through you. He had the most unbelievable work ethic and a tremendous toughness and determination that he imparted to his daughter. Mr. Stephens was very proud to be a Marine Corps veteran. Although he did not talk about his service to our country often, when he did open up, he had some amazing stories.

Due to COVID-19 and to honor John's wishes, no funeral services will be held. John's wish was to be cremated. His loving wife and daughter will hold a celebration of life that will be planned for a later date.

In lieu of flowers, we ask you to please take a moment to hug a veteran, thank a veteran, spend time with a veteran. They sacrificed a piece of themselves so that we can be free and John would not have had it any other way.

Arrangements under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Kevin Sullivan

A Mass of Christian Burial for Kevin Sullivan of Quincy will be celebrated Thursday at 10 a.m. in St. John the Baptist Church, Quincy.

Mr. Sullivan died suddenly at his home on July 1.

Born in Boston, he was the son of Donald and Joan (LeDoux) Sullivan of Braintree. He was the husband of the late Debra (Collins), and the father of John and Jessica Sullivan. He was the brother of Donna Fooks and her husband Samuel of Quincy, James Sullivan of Pawtucket, RI, William Sullivan of Quincy and his late wife Cheryllyn, Steve Sullivan of Attleboro, and the

late Donald Sullivan Jr. He is survived by many nieces and nephews.

Mr. Sullivan was a graduate of Braintree High School and worked for the Sinai Hospital in Canton for many years. He was an avid baseball, hockey, and football enthusiast.

Interment at St. Mary's Cemetery, Randolph.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to the American Diabetes Association, 10 Speen St. 2nd Floor, Framingham, MA 01701.

Catherine A. Ronan, 78

A funeral Mass for Catherine A. "Cathy" (O'Neil) Ronan, also known as "Nancy," age 78, of Quincy, formerly of Hull, will be celebrated Thursday at 11 a.m. in St. Mary's Church, Quincy.

Mrs. Ronan died peacefully July 2 at her home, in the comfort of her loving family.

She was born in Dorchester, to the late Thomas and Mary (Crowley) O'Neil. Raised and educated in Dorchester, she was a graduate of the former Saint Patrick's High School in Roxbury. Later in life, she earned an Associate's degree from Quincy College.

Mrs. Ronan had lived in Quincy for the past two years, previously in Hull for over twenty years, and earlier in Quincy for most of her life. Along with her late husband, Bill, she was a longtime winter resident of Naples, FL.

After raising her family, Mrs. Ronan returned to the workforce and was employed as an office manager in the behavioral health industry for many years.

She was a former parishioner of Saint Mary of the Assumption Parish in Hull. In her earlier years, she was a parishioner of Saint Mary's Church in West Quincy where she sang in the choir.

Mrs. Ronan stayed active, playing tennis, pickleball, and golf. She enjoyed ballroom dancing, yoga, and vacationing with family. Most of all, she was devoted to her children and grandchildren, actively supporting their many activities and accomplishments.

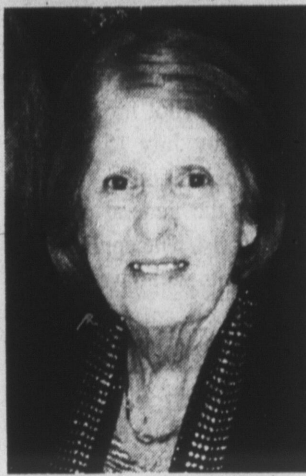
Frank D. Houlihan

A funeral Mass for Frank D. Houlihan of Quincy was celebrated Tuesday in Sacred Heart Church, Quincy.

Mr. Houlihan died at his home on June 30.

Born in Boston, he was the son of the late Charles Houlihan and Barbara (Keohane). He was the beloved husband of Linda J. (Sheaff) Houlihan of Quincy, and the brother of Charles Houlihan and his wife Shelley of Simsbury CT, and the late Barbara Houlihan. He was the nephew of Marilyn Keohane of Barnstable and Laurence Keohane of Brighton. He is survived by many nieces, nephews, and grand-nieces and nephews.

Mr. Houlihan worked many years at Beth Israel Deaconess. He will be sadly



CATHERINE A. RONAN

Beloved wife of the late William J. Ronan. Devoted mother of Marie C. Leonard of Weymouth, Robert F. Leonard and his wife Diane of Pembroke, Patti-Ann Jaehnig and her husband James of Quincy, and Thomas J. Leonard and his wife Jennifer of Seekonk. Loving grandmother of Kevin, David, and John Leonard, Samantha, Bobby, and Jillian Jaehnig, and Benjamin, Jessica, and Jackson Leonard. One of four siblings, she was the dear sister of Mary Raimo and her late husband Joseph of Leominster, and was predeceased by Janice O'Neil and Thomas O'Neil.

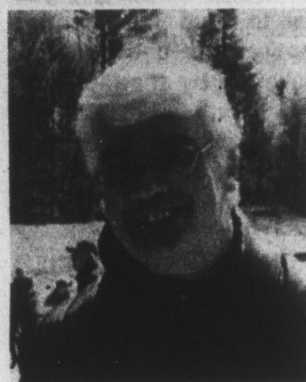
Mrs. Ronan is also survived by many nieces, nephews, cousins, and was a special friend to many. She will be greatly missed.

Visiting hours were held at the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy, Wednesday from 5 to 7 p.m.

Interment at Massachusetts National Cemetery, Bourne.

Services are operating in accordance with current guidelines.

Memorial donations may be made to the veterans' charity of your choice.



FRANK D. HOULIHAN

missed by all.

Interment at Holyhood Cemetery, Brookline.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to Old Colony Hospice, 321 Manley St., W. Bridgewater, MA 02379-1022.

Margaret M. Thornton, 83

Margaret M. "Peggy" (Curran) Thornton, age 83, of Quincy, formerly of Dorchester, died peacefully July 3 at her home, surrounded by her family.

Born in Boston and a graduate of Notre Dame Academy, she was the daughter of the late Anthony Curran and Vesta (Mongeau) Greek.

Mrs. Thornton worked in accounts payable for the Corcoran Jennison Companies. She enjoyed her work and the relationships she built throughout the years. She was a longtime bingo player and enjoyed shopping, doing puzzles, watching all New England sports teams, and spending time with her family. She also enjoyed attending her grandchildren's extra-curricular activities.

Mrs. Thornton raised her family with love and devotion and was a woman of great faith. She lived her life in accordance with the virtues of faith, hope and love and instilled these in her children. She was strong, loving, kind and caring and will be missed by all.

She was the beloved wife of the late John P. Thornton, who died in 2010. Together they shared 44 years of marriage. She was the devoted mother of Kathleen P. Thornton and her wife Lori of New Bedford, Mary M. Sullivan and her husband Joseph of Pembroke and



MARGARET M. THORNTON

Patricia A. Thornton of Haverhill. She was the loving nanny of Sean and Aidan Sullivan, both of Pembroke. She was the dear sister of Edward Curran and his wife Elaine of Cohasset, Kathleen Guber and her husband Bob of New Hampshire, and the late Madelyn Hines, Rita Brace and Eleanor "Ann" Murray. She is also survived by many loving nieces, nephews, cousins, extended family members and friends.

Visiting hours were 4 to 8 p.m. Wednesday in Keohane Funeral Home, 785 Hancock St., Quincy.

A Mass of Christian Burial will be celebrated privately in Holy Trinity Parish at Our Lady of Good Counsel Church, Quincy, followed by private interment in Pine Hill Cemetery, Quincy.

Memorial donations may be made to St. Jude Children's Research Hospital, 501 St. Jude Place, Memphis, TN 38105.

Robert K. Spillane, 66

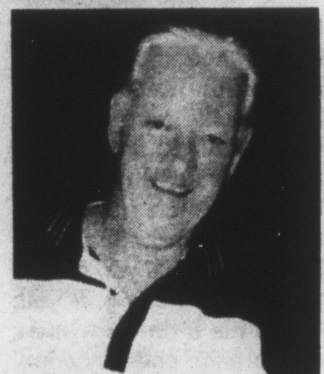
Robert K. Spillane, age 66, died June 20.

Son of the late Mary D. Spillane.

Mr. Spillane was a 1973 graduate of Quincy Vocational Technical School, receiving his plumber's license.

He was a former football player. A dedicated Boston sports fan, Mr. Spillane loved fishing and playing his harmonica.

He will be sadly missed



ROBERT K. SPILLANE

by family and friends.

Kurt A. Johnson

Kurt Arthur Johnson, born Dec. 27, 1957, the youngest son of Roy and Barbara Johnson from Houghs Neck, died June 21.

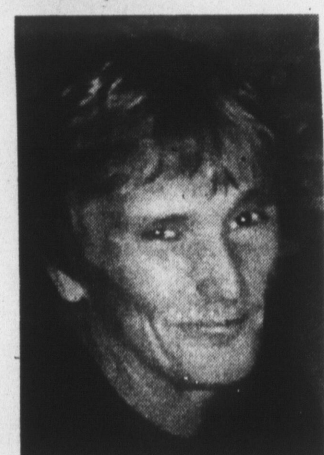
He is survived by his brothers Eric and Jay Johnson and many nieces and nephews.

Mr. Johnson will always be remembered as a kind, generous, gentle and independent person.

He loved to watch birds and enjoyed his pet dogs. He was happiest on a boat, fishing and living on Peddocks Island.

Here today, gone tomorrow - a lost soul, who only wanted to return to his cottage on Peddocks Island.

He will be missed by his



KURT A. JOHNSON

family.

A private service will be held at a later date.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

More Quincy News

and Obituaries

online at

www.TheQuincySun.com

Massachusetts To Allow Voting By Mail

By SCOTT JACKSON
Every registered voter in Massachusetts will be able to vote by mail this fall amid the coronavirus pandemic. Gov. Charlie Baker on Monday signed into law a

bill that will authorize voting by mail for both the state primary on Sept. 1 and the general election on Nov. 3. The new law also creates an early voting period ahead of the state primary for the first time.

All registered voters will receive an application to cast a mail-in ballot for the state primary by July 15 and another application to vote by mail in the general election by Sept. 14. The applications and ballots will have postage

costs already paid for. Applications must be received four days ahead of the election — Aug. 26 for the primary and Oct. 28 for the general election. The law also tasks the secretary of state to create an online portal where residents can apply to vote by mail. The online portal must be

available by Oct. 1 but could be up and running ahead of the primary election. Ballots cast by mail need to be postmarked on or before the day of the election in order to be counted. Counting of ballots will continue through 5 p.m. on the Friday after the day of the election. Local election officials will have the ability to tabulate ballots prior to the day of the election.

Massachusetts has allowed in-person early voting ahead of the 2016 and 2018 general elections, as well as the presidential primary held in March. Early voting will be offered ahead of the state primary for the first time this year. Early voting ahead of the primary will take place from Aug. 22 to Aug. 28. Two weeks of early voting, from Oct. 17 to Oct. 30, will

Cont'd On Page 25

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION
Docket No. NO20P1474EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:
Margaret A. McLeer
Also known as:
Margaret McLeer
Date of Death:
April 5, 2020

To all interested persons:
A Petition for **Formal Probate of Will with Appointment of Personal Representative** has been filed by **Janet A. Clifford of Quincy, MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: **Janet A. Clifford of Quincy, MA** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in an **unsupervised** administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 08/05/2020. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: July 2, 2020

PATRICK W. McDERMOTT
Register of Probate

7/9/20

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION
Docket No. NO20P1367EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:
David Calvin Hall
Date of Death:
March 18, 2020

To all interested persons:
A Petition for **Formal Probate of Will with Appointment of Personal Representative** has been filed by **Maryann a/k/a Maria A. Hall of Randolph, MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: **Maryann a/k/a Maria A. Hall of Randolph, MA** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in an **unsupervised** administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 07/29/2020. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: June 22, 2020

PATRICK W. McDERMOTT
Register of Probate

7/9/20

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION
Docket No. NO20P1329EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:
John Edward Riquelme
Date of Death:
February 16, 2020

To all interested persons:
A Petition for **Formal Adjudication of Intestacy and Appointment of Personal Representative** has been filed by **Lynne J. Zagami of Newton, MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: **Lynne J. Zagami of Newton, MA** be appointed as Personal Representative(s) of said estate to serve **With Personal Surety** on the bond in an **unsupervised** administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 07/22/2020. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: June 18, 2020

PATRICK W. McDERMOTT
Register of Probate

7/9/20

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION
Docket No. NO20P1476EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:
Marites C. Gonzales
Date of Death:
April 29, 2020

To all interested persons:
A Petition for **Formal Probate of Will** has been filed by **Richard Le of Quincy, MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: **Richard Le of Quincy, MA** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in an **unsupervised** administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 08/05/2020. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: July 2, 2020

PATRICK W. McDERMOTT
Register of Probate

7/9/20

LEGAL NOTICE

CITATION
Docket No. NO20P1362PO
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Matter of:
Cynthia Avery

To all interested persons:
A Petition has been filed by: **Thomas J. Cleary, Esquire of Raynham, MA** requesting: **General Trust Petition for reasons more fully stated in said petition.**

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before 10:00 A.M. on 07/29/2020.

This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an Affidavit of Objections within thirty (30) days of the return date, action may be taken without further notice to you.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: June 22, 2020

PATRICK W. McDERMOTT
Register of Probate

7/9/20

LEGAL NOTICE

CITATION
Docket No. NO19P1632PM
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Matter of:
Lerita Brown

To all interested persons:
A Petition has been filed by: **Robert F. Brown of Quincy, MA** requesting: **Petition for License to sell of Real Estate for reasons more fully stated in said petition.**

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before 10:00 A.M. on 07/15/2020.

This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an Affidavit of Objections within thirty (30) days of the return date, action may be taken without further notice to you.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: July 2, 2020

PATRICK W. McDERMOTT
Register of Probate

7/9/20

NOTICES OF PUBLIC HEARING

Case ZBA 20-29

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, July 14, 2020 @ 5:30 P.M. to consider the application of **MICHAEL DAVIS** for a **VARIANCE** to construct an addition for additional living space in violation of Title 17 as amended Chapter 4.0 (dimensional requirements) on the premises numbered: **63 LENOX, QUINCY.**

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Join Zoom Meeting
<https://zoom.us/j/99923504424?pwd=V0ZKTjJvbyRWE4UlpYbkJySnFhQT09>
Meeting ID: 999 2350 4424
Password: Quincy
Dial by your location
+1 646 558 8656 US (New York)
Meeting ID: 999 2350 4424
Password: 576002
Find your local number: <https://zoom.us/j/auQQ3CFKD>
Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance.
7/1/20, 7/9/20

JUL

9

2020

OBITUARY

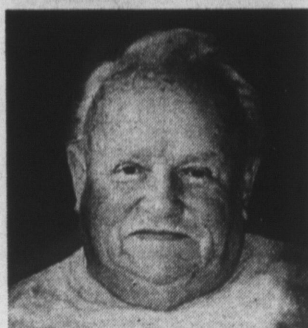
Frederick P. Hallisey

A funeral Mass for Frederick P. Hallisey of S. Weymouth will be celebrated Thursday at 10 a.m. in St. Francis Xavier Church, Weymouth.

Mr. Hallisey died in the comfort of his home with his family by his side on March 21.

He was born and raised in Quincy to the late George and Margaret Hallisey. He attended Quincy High School and was a proud United States Navy veteran.

Mr. Hallisey worked hard to start his own contracting business, D.E.H. General Contracting Inc., and retired in 1995. He spent his remaining years working by the side of his son Fred in his business. He embraced the time with his family and also enjoyed spending time on his front stoop with



FREDERICK P. HALLISEY

neighbors, their children and grandchildren. Mr. Hallisey will be dearly missed by all who knew him.

Beloved husband of 50 years to Darlene E. Hallisey of S. Weymouth. Loving father to Lisa M. Bohmbach and Robert of E. Taunton, Anne M. Hallisey of S. Weymouth, Sharlene M. Cellini and Joseph of S. Weymouth, Frederick P. Hallisey II and Ellen of S. Weymouth and John S. Balonis. Dear brother of Anne Meade of

Weymouth, Warren Hallisey of FL and the late George, Paul, Robert and David Hallisey. Devoted grandfather to 6 grandchildren whom he adored; Scott Balonis, Joseph Cellini, Teresa Santos, Ariana Cellini, Molly Hallisey and Frederick P. Hallisey III. Soon to be great grandfather with the anticipated arrival Mia Belle Cellini. Also survived by many nieces and nephews.

Interment at Massachusetts National Cemetery, Bourne, Thursday at 12:45 p.m.

Memorial donations may be made to St. Jude Children's Research Hospital, 501 St. Jude Place, Memphis, TN 38105.

Funeral arrangements were made by McDonald Keohane Funeral Home, Weymouth.

Massachusetts To Allow Voting By Mail

Cont'd From Page 24

take place ahead of the general election.

The law also allows municipalities, with proper notice, to consolidate polling places and eliminate the check-out table at these locations, allowing for a more efficient process and fewer poll workers. It also expands who is eligible to serve as a poll worker, knowing that many current volunteers are seniors who may feel less comfortable working in public during COVID-19.

Members of Quincy's delegation on Beacon Hill applauded the new legislation.

"Voters should not have to choose between exercising their right to vote and their health," Rep. Ronald Mariano, the House majority leader, said in a statement. "This bill preserves the integrity of our voting process while giving voters several safe options to cast their ballot, both by mail and in person."

"While COVID-19 can bring much uncertainty, this bill offers a safer, more reliable election process and gives voters several options on when and how to vote," said Sen. John Keenan. "By giving our election clerks flexibility in how to run the election, this comprehensive legislation will result in an election with greater voter access and will ensure the integrity of the results."

"As we continue to adapt to the ongoing pandemic, I am proud to stand alongside my colleagues to pass important voting legislation here in Massachusetts," said Rep. Tackey Chan. "Voters will not have to choose between executing their constitutional right to vote and risking their health and safety. This legislation ensures secure voting options whether by mail, early voting or on Election Day."

"The right to vote is sacred and must be afforded to all citizens of Massachusetts

no matter what obstacles stand in our path," said Rep. Bruce Ayers. "Creating more feasible ways for people to vote has become an issue of paramount importance during the COVID-19 pandemic. I'm proud Massachusetts has once again led the way by protecting and extending the right for our citizens to vote while also staying vigilant in regards to public health."

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL APPOINTMENT OF SUCCESSOR PERSONAL REPRESENTATIVE
Docket No. NO18P0842EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court

Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:
Anne T. Corcoran
Date of Death:
January 29, 2018

To all interested persons:
A Petition has been filed by: **Patrick J. Corcoran, Jr. of Plymouth, MA** requesting that the Court enter a formal Decree and Order that **Patrick J. Corcoran, Jr. of Plymouth, MA** be appointed as Successor Personal Representative(s) of said estate to serve **Without Surety** on the bond and for such other relief as requested in the Petition.

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before 10:00 A.M. on 07/22/2020.

This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an Affidavit of Objections within thirty (30) days of the return date, action may be taken without further notice to you.

The estate is being administered under formal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but recipients are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: June 18, 2020
PATRICK W. McDERMOTT
Register of Probate

7/9/20

AAA Gas Prices Up Four Cents

Massachusetts's average gas price is up four cents from last week (\$2.06), averaging \$2.10 per gallon, according to AAA.

Today's price is 10 cents cheaper than a month ago (\$2.00) and 63 cents cheaper than July 6, 2019 (\$2.73). Massachusetts's average gas price is 8 cents lower than the national average.

A slight drop in demand amid an increase in sup-

plies comes as many states report increases in COVID-19 cases, potentially causing Americans to reconsider outings. However, for motorists who hit the road for the Independence Day holiday, gas prices were a welcome sight.

"Independence Day weekend gas prices were nearly 60 cents cheaper than last year and on top of that, they were the most inexpensive prices seen for

the holiday since 2004," said Mary Maguire, AAA Northeast Director, Public and Legislative Affairs.

AAA Northeast's July 6 survey of fuel prices found the current national average to be \$2.18, up a penny from last week (\$2.17). Today's national average price is 17 cents cheaper than a month ago (\$2.01), and 57 cents cheaper than this day last year (\$2.75).

master's Circle (all A's) for the fourth quarter.

Yaxuan Fan On Honor Roll At Saint Joseph Prep

Yaxuan Fan of Quincy has been named to the honor roll at Saint Joseph Prep in

Boston. Fan, a member of the Class of 2021, earned Head-

Jordi Van Gaal Graduates Nichols College

Jordi Van Gaal of Quincy recently graduated from

Nichols College in Dudley with a master of business

Tam Nguyen Graduates Emerson College

Tam Nguyen of Quincy recently graduated from

Emerson College in Boston with a bachelor of science

administration. degree in communication disorders.

REQUEST FOR QUALIFICATIONS

REQUEST FOR QUALIFICATIONS

Request for Qualifications (RFQ)

OPEN COMPETITION FOR SCULPTURE(S) FOR MT WOLLASTON CEMETERY VETERANS

In accordance with M.G.L. Chapter 30B and all other relevant procurement laws and guidelines, The City of Quincy acting on behalf of the Department of Natural Resources, is soliciting qualifications for the design, fabrication, and installation of a monumental sculpture(s) capturing our City's gratitude for those that served our country in armed conflicts from 1991 through present day. The goal is to expand the public understanding and appreciation of veterans who have served and/or are currently serving in the United States military in active conflict/war. The project is being completed in conjunction with the renovation/revitalization of the Mt. Wollaston Cemetery being designed by the landscape architecture firm of Holmes & Edwards for Quincy, Massachusetts. The sculpture(s) will be placed prominently within the Veterans Section of the Mt. Wollaston Cemetery. As part of the design team, led by Holmes and Edwards, the selected artist will work with the City to complete the 100% designs, construction and installation of the sculpture(s) for the cemetery.

Request for Qualifications submittals will be received at the office of the Purchasing Department; City Hall, 1305 Hancock Street; Quincy, MA 02169, until Thursday, July 30, 2020 at 11:30 a.m. Late responses will be rejected.

Copies of the Request for Qualifications will be available on Wednesday, July 1, 2020 and may be obtained from the Purchasing Department; City Hall, 1305 Hancock Street; Quincy, MA 02169, or by calling (617) 376-1060, between 9 AM and 4 PM, Monday through Friday. The RFQ will also be available at the Purchasing Department website: <http://www.quincyma.gov/Government/PPD/PurchasingBidPage.cfm>

The City of Quincy shall determine the selected artist/artists through a standard panel-based artist selection process. The City of Quincy reserves the right to withdraw the Request for Qualifications; to reject any and all submittals; and to accept any submittals deemed to be in the best interest of the City of Quincy.

Bids shall be in accordance with any and all M.G.L. Chapter 30B, Chapter 149 as amended, and Chapter 30, Sections 39A, 39B and 39F-R, if applicable. All Federal, State and City of Quincy regulations in relation to Equal Employment Opportunity, OSHA, Employment of Quincy Residents and subject to the minimum wage rates set under the Massachusetts Prevailing Wage Law Chapter 149, §26. The City reserves the right to waive any informality in or to reject any or all bids when such an action is deemed in the best interests of the City.

The City of Quincy reserves the sole right to amend this RFQ by formal Addendum.

7/9/20

Louis Lot Sale Back Before Zoning Board

Cont'd From Page 13

posed.

Mike Rolfes, who said he lives several doors down from the restaurant, was among those who spoke in favor of the request on June 30. Rolfes said he believed there would be enough parking at the maritime center lot for Louis' customers.

"I think the proposed parking solution looks very reasonable to me," he said. "A lot of us down here want to see the restaurant re-open."

Melissa Cappadonna, a Sea Avenue resident, said many restaurants in Quincy, Boston and elsewhere in the state do not have their own parking lots.

"This has gone on for too long," she said. "Ninety percent of restaurants do not have a parking lot."

Angela Cristiani, a Sturtevant Road resident, said Louis is an important restaurant for the community in Houghs Neck and for the city as a whole.

"I'm 100 percent in support of Louis re-opening,"

she said. "Louis extends beyond the neighborhood - it belongs to Quincy."

Maura Doherty, a Rock Island Road resident, said she was opposed to the request. Doherty said she too wants to see the restaurant re-open, but only if it has enough parking spaces to do so. Granting the Galligans' request would set a "dangerous precedent," she added, because other restaurant owners could soon seek permission to sell off their parking lots, particularly when many have faced

financial difficulties because of COVID-19.

"Any cash-strapped restaurant open in Quincy can look to this decision and eliminate their parking," Doherty said.

The residents who told the board they were unde-

cided said they wanted to see further analysis of the restaurant's parking needs and more information about the maritime center project, including assurances that the state, which currently owns the site, would be willing to turn it over to the city.

Several members of the board said they too would like more information on those items before voting on the matter.

"I'm going back and forth like a ping pong ball," said Charles O'Brien.

READERS FORUM

Mayor Has Shown Steady Leadership, Protective Guidance In Troubled Times

We are writing with regard and in response to an open letter addressed to Mayor Thomas Koch that appeared in the Reader's Forum of the June 11 edition of the Quincy Sun. The letter, dated June 4, 2020, and signed by various area residents, objected to the Mayor's use of the phrase "animal behavior" and the word "thugs". The letter also asked the city to study and implement changes and new measures to stop "systemic racism" and "police brutality" against people of color. These include a "public interface for statistics on stops and police actions", a "Civilian Review Board", "training in implicit bias", et cetera.

In more than 10 years of compiling traffic stop ticket statistics for Quincy police officers through the Massachusetts Racial Profiling law have unequivocally shown no racial bias. Under thorough scrutiny over all these years, no incidents of bigotry by police during interactions with people, of all colors, have surfaced. In fact the opposite was shown; completed investigations time and again have proven that Quincy officers acted lawfully and appropriately. It is believed that the study and implementation of changes requested, where no such issues are present, is unnecessary and would be to no avail.

As far as Mayor Koch

using the words, "animal behavior" and "thugs", irrespective of race, to describe the actions of rioters, looters, arsonists, violent assaulters, and murderers, he owes an apology to no one. Is it possible that the author and endorses of that letter not see the television film of the ruins, injury, and death caused by terrorists, Antifa and anarchists in cities across the country? The Mayor, leader of our fair city, took a strong, reasonable and effective stand saying that such behavior and appearance of trouble seeking unsavory characters would not be tolerated.

We are fortunate to have Mayor Koch's solid, steady leadership, demonstrating courage, and protective guidance in these troubled times. On Saturday, June 20, our mayor spoke in support of the police at a Defend the Police Rally attended by several hundred American Patriots on Wollaston Beach. He cited the Prince of Peace, Jesus Christ, who calls for all to "love one another" as an example to follow. In a time when most local leaders were conspicuously absent, Mayor Koch's appeal for unity, peace, and the rule of law was heartening and reassuring.

SUPPORT YOUR POLICE OFFICERS AND STAND WITH MAYOR KOCH.

Jack Swanson

Martha Swanson
Kathy Sullivan-Moran
Norman Tuttle
Marilyn Manning
Ron Kauffman
William & Diane Laraia
Jenna Doyle
Barbara from Harlem
Matthew Sisk
Anneli Johnson
Carrie Peil
Sandy and Steve Verhault
Maryann Flaherty
Julie Berberan
Joan DeLuca
Beth M. Veneto
Jack Mullen
Greg DiBella
Anne Hersenius
Sharon Massaadi
Louis Murray
Carole & Tim Hearn
Barbara Lynch
Paul Paulson
Beth McKeon
Ron Hidalgo
Brian Girard
Chris Chetwynd
William
Anne McCarthy
Joe and Freda DeNapoli
Rick Wuori
Philip M. Jarvis
Kerry J. Byrne
Jim McGue
Robert Murphy
Russell Theriault
Mark Linnane
Audrey Wilcoxon
Lawrence and
Mary Linskey
Daniel J. Davis
Charles and
Anne Marie Fazio
Barbara and
Eddie Murphy
Jaclyn Walsh

RELIGION

Quincy Point Congregational

Quincy Point Congregational Church announces there will be two worship services both starting at 10 a.m. on July 12.

The online version will premiere at 10 a.m. on the Quincy Point Congregational Church "You Tube" Page.

The outdoor service will also begin at 10 a.m. There is limited seating for 25 people on the Abbey Road Lawn on the church. Sign up is required, register at Eventbrite.com or call the

church office@ 617-773-6424 by 2 p.m. on Friday.

Familiarize yourself with the safety protocols that have to be adhered to for the love and care of others.

Note that on July 19, Rev. Kimberly Murphy will be on sabbatical, so the Brockton and Stoughton United Church of Christ are helping provide worship. At 9:55 a.m. on Sunday, July 19 visit: <https://brocktonucc.org/live-videos/> (Then click on the button for "live stream"

to see the service.)

Worship is also broadcast on Wednesdays at 6 p.m. on Quincy Access TV - Channel 8. The church office will remain open, Monday through Friday from 9 a.m. to 2 p.m. Call or email if you have any concerns or questions.

Pledges or donations can be mailed to 444 Washington Street, Quincy, MA 02169 or online at <https://www.quincypointcong.org/donate>.

First Baptist Church Of Wollaston

First Baptist Church of Wollaston, 81 Prospect Ave., Quincy, continues its online remote worship service Sunday.

Pastor David Choi will preach his sermon: "Better Be Wise" (Ecc 7:5-9); reader will be Lewann Mina

The following is the church online dial-in/web meeting weekly schedule:

- Sunday 10:30 a.m. - worship service.
- Wednesday, 6:30 p.m. - community group meeting; Gospel of John.
- Thursday, 6:30 p.m.

- Bible classes; Epistle of Paul to Romans.

• Friday, 11 a.m. - prayer group meeting.

Go to the Home page of the church website: www.firstbaptistchurchofwollaston.org/ to join our online Sunday worship service and activities.

put you on the list to receive meeting information.

Bethany Church will re-open with its regular Sunday services at 9:30 a.m., on July 19th. Masks and social distancing will be required. If you would prefer to stay at home, the on-line services will also still be available on YouTube and through our website.

Bethany Congregational Church

Bethany Congregational Church continues its video ministry with a full church service available on Sunday mornings.

Go to the church website: bethanyconchurch.org and scroll down to the very bottom to find the link to the most recent service. This will give you not only the church service, but the bulletin and other informa-

tion about what's going on in the church.

Or, go directly to YouTube and type in Bethany Church Quincy, Massachusetts to find all of the services.

If you would like to participate in the ZOOM coffee hour at 10:30 a.m. Sunday mornings, contact the church office (617-479-7300) and let them know to

R3BILT Partners With Olympian Nancy Kerrigan

Massachusetts based fitness club R3BILT has partnered with two-time Olympic figure skating medalist and Massachusetts sports icon Nancy Kerrigan as a spokesperson and brand ambassador.

"We are incredibly excited to have Nancy on our team; she embodies our R3BILT 'workout smarter' philosophy of pushing our mind and body for maximum health gains accompanied by full recovery" said fitness club founder Allison Barnes, "I grew up rooting

for her, so I'm honored and grateful to play a part in her continued fitness and health success to achieve what we all want as we age- better quality of life and overall function."

R3BILT utilizes the latest science to combine bio-individual weight training, mobility, and medical based recovery equipment to build muscle, bone, and function in the safest and most effective way possible, all within one hour.

R3BILT is re-opening in conjunction with Phase 3

opening in Massachusetts.

"The beauty of R3BILT and its community is that our small group training is so individualized and effective that you can just as likely expect to workout along side someone brand new to weight training as you can Nancy," Barnes said.

For information on R3BILT's Workouts, personal training, workshops, and nutrition or health coaching programs you can contact them through social media or: website www.r3bilt.com.

"Blah blah blah blah blah." That was the reaction of school committee member Paul Bregoli after hearing a letter from concerned residents on the importance of finding a new superintendent who will address racism, bigotry, and hate in the schools head-on. The disrespect he showed with that comment - and others he made as the letter was read at a school committee meeting on June 24th - was a slap in the face to the folks who wrote in to ensure that the next superintendent be committed to making the

schools a safe and nurturing environment for all students. (Watch the letter being read at bit.ly/bregoli.)

Mr. Bregoli is a member of the superintendent search committee, and his public mocking of this request - at a time when students are expressing serious concerns about racism in Quincy schools - undermines the committee's credibility. For him to behave this way in front of the mayor suggests he does not think his disdainful comments will lead to any consequences or pushback.

We are here to prove otherwise. Anyone who ridicules attempts by parents to keep kids of color safe in light of current events should not have a role in shaping QPS's future. We urge Mr. Bregoli to step down - or, failing that, be removed - from the superintendent search committee to restore the community's trust in the search process. Our kids deserve better.

Quincy residents Maggie McKee, David Shiga, Gina Favata, Jon Gorey, and Joe Herosy

Respect for Diversity Must Guide Search For Superintendent

J
U
L

9

2

0

2

0

CLASSIFIEDS

SERVICES
(QUINCY ONLY) Summer Special - Save Up to *50% Off
(Labor Only)
Senior Discount 10%

Pratt & Son, Inc.
Roofing, Siding, Windows,
Doors & More!
PRATTANDSON.COM

Steven L. Pratt Cell: 508.857.9307
President Office: 781.326.4144
CSL #033706 HIC #100046

SERVICES
KERRY CONSTRUCTION INC.
CARPENTRY, GUTTERS, DECKS
REPLACEMENT WINDOWS & DOORS
SHINGLE & RUBBER ROOFS
FULLY INSURED & LICENSED
JIM AT 617-825-0592 9/3

SERVICES
HOME SWEET HOME REAL ESTATE
Broker/Owner
Fran Lawlor
Wollaston, MA 02170
Member of MLS
Cell 617-314-3788 7/23

SERVICES
IMAGE LANDSCAPING
We are committed to your property.
QUALITY WORKMANSHIP FOR
ALL YOUR LANDSCAPING NEEDS

SERVICES
We Clean it,
Trim it,
Remove it!
617-471-0044
SEASONAL CLEANUPS FREE ESTIMATES

SERVICES
T & M Landscape
• Spring & Fall Cleanups
• Power Washing
• Lawn Mowing Services
• Yard Mulching
• Bushes & Trees Trimmed
Free Estimates
617-733-4554
~ AFFORDABLE RATES ~ 12/24

DERRICKS PAINTING
When Quality Counts
Interior/Exterior
Home Repairs
Gutter Cleaning
References Available
617-851-1688
Licensed/Insured 3/25

Kevin O'Connell
• Landscaping
• Gardening
• Plantings
• Premium Mulches Installed
• Home Caretaking
617-922-0034 7/23

Shrub Trimming - Pruning,
Lawn Aeration, Mowing
AGGIE YARD MAINTENANCE SERVICES
Call 857-526-6478
for a FREE ESTIMATE 7/9

GENERAL CONTRACTING
• Carpentry • Roofing
• Siding • Windows
• Painting • Bathrooms
Also, Handyman Jobs
- Great References -
Call
617.980.6558 7/16

MEANS PRECAST CO., INC.
MANUFACTURERS OF
CONCRETE PRODUCTS
STEPS, RAILINGS,
BULKHEADS, ETC
(781)843-1909 7/9

Interested in a career in Human Services?
Work Inc., New England's leader in
providing services to individuals with
disabilities is looking for dedicated and
motivated staff to join their team. To
learn about opportunities check out
www.workinc.org or call 617-691-1500 7/9

FOR HIRE
Garages, Decks
Torn Down
Rubbish Piles
Moorings Moved
OR ME WITH DUMP & LIFTGATE
OR 18FT BOX TRUCK
\$75/HR.
"Your Trash is my Ca\$h"
(617)479-5410 7/30

Dorothy Quincy Homestead
Tours Closed for 2020
We welcome you to safely
visit us in 2021!
617-742-3190 NSCDA-MA 7/9

CONTINENTAL MARINE SERVICES INC.
Continental Marine Services transports boats
local and long distance. Boat storage, boat
disposals. Large selection of used parts
(617)479-5799 7/9

Jim Riley
Riley Construction
Commercial & Residential Roofing All Phases
Windows and Gutters
Quincy, MA 02169 Licensed & Fully Insured
(617) 472-3335 Mass Reg #138824
rileyconstruction@live.com Free Estimates 10/8

DG'S YARD MAINTENANCE
• LAWN MOWING • Mulching, Weeding & Edging
• Small Tree Removal • Hedge & Shrub
• Overseeding/Sod • Trimming or Removal
• FULLY INSURED • Rototilling & Dethatching
Serious about Service... Reasonable Rates

J.F. ROOFING Co.
QUINCY, MA
• Shingles
• Rubber
• Slate
• Copper
• Vinyl Replacement
Windows
617-471-8216
CREDIT CARDS ACCEPTED 2/18

PETE'S GRILLE INC.
Friendly Service, Affordable Prices,
Serving Food 7 Nights a Week,
Live Entertainment 5 Nights
Handicap Accessible
1-617-471-9714 7/9

ACE WATERPROOFING INC.
All Construction Exteriors
35 YEARS EXPERIENCE
Licensed and Insured
acewpinc@yahoo.com
Masonry Waterproofing Roofs
Call Jim Healy 617-230-4156 9/10

CLEAN-UPS
617-786-9558...FREE ESTIMATES 11/25

Want to pick up a copy of The Quincy Sun?
Here are stores in Quincy that sell it on their newsstands:

GOODIE'S STORE 1250 Hancock St., Presidents Place	ARTERY GROCERY 1000 Southern Artery	7-11 721 Hancock St.
NEW STORE ON THE BLOCK 1183 Hancock St., Quincy Ctr. T Station	7-11 495 Washington St.	BEALE ST. NEWS AND TOBACCO 17 Beale St.
HANCOCK MARKET 5 Cottage Ave.	DAIRY FARM 330 Washington St.	CVS 42 Beale St.
MIGNOSA'S FRUIT BASKET 138 Granite St.	7-11 230 Washington St.	COFFEE BREAK CAFE 12 Old Colony Ave.
STAR MARKET 130 Granite St.	STOP & SHOP Southern Artery	SUPREME LIQUORS 615 Hancock St.
WALGREENS 132 Granite St.	CVS Southern Artery	MULLANEY'S VARIETY 205 W. Squantum St.
HANCOCK PARK LOBBY SHOP 164 Parkway	7-11 650 Adams St.	STOP & SHOP 65 Newport Ave.
FRANKLIN ST. BP 60 Franklin St.	VILLAGE COMM. MARKET 100 Willard St.	7-11 363 Hancock St.
7-11 78 Franklin St.	COPELAND LIQUORS 273 Copeland St.	WALGREENS 324 Hancock St.
SHOP N SAVE LIQUORS 20 Independence Ave.	GRANITE MART 308 Willard St.	SAM'S VARIETY 125 Billings Rd.
DONUT + DONUTS + MUFFINS 33 Scammell St.	7-11 Copeland St.	LUCKY'S WINE & LIQUOR 66 Newbury Ave.
PRESIDENTIAL LIQUORS 25 Scammell St.	JOE'S PLACE 260 Centre St.	ATLANTIC MARKET & LIQUORS 247 Atlantic Ave.
ADAMS VARIETY 22 Independence Ave.	CORNER FOOD MARKET 1060 Hancock St.	CARMINE'S CAFE 69 Huckins Ave.
DAILY MART 291 Quincy Ave.	200 FOOD MART 200 Sea St.	7-11 751 E. Squantum St.
ROCHE BROTHERS The Falls	ADAMS SHORE SUPERMARKET 494 Sea St.	LUCKY SHAMROCK 265 Beale St.
WALGREENS 418 Quincy Ave.	PALMER STREET MARKET 231 Palmer St.	ANDRE'S STORE 20 Brook St.
WALGREENS 550 Adams St.	BERNIE'S GENERAL STORE 1147 Sea St.	EVEREST MARKET 121 Standish Ave.
	WEST ELM VARIETY 139 W. Elm Ave.	QUINCY MARKET 33 Washington St.
		5 CORNER FOOD MART 163 Newbury Ave.

FOR SALE
Cherrywood dining
room table & 5 chairs -
\$250.00 o.b.o. Must see
to appreciate its beauty
617-479-1601 7/9

HALLS FOR RENT
MORRISETTE LEGION POST
81-83 Liberty St., Quincy
Function Hall Available
Call for Details 617-770-4876
Internet Capable • Weddings •
Showers • Christenings • Meetings
After Funeral Gatherings 7/9

PERSONAL
THANK YOU
ST. JUDE, BLESSED MOTHER,
ST. ANTHONY, ST. JOSEPH,
ST. PEREGRINE,
ST. THERESA
J.D. 8/27

God Bless People
Suffering With the Virus.
Our Prayers Will Help! 7/9

THANK YOU TO THE BOREKS
OF WOLLASTON HILLS
FOR MAINTAINING
A BEAUTIFUL YARD 7/9

Happy, healthy summer to
Lon.Cahill and family in
sunny California - Stay safe
- Nancy 7/9

**Psalm 91: "...When I call
to You, You will answer
me... When I am in
trouble,... You will save
me."** 7/9

The Quincy Sun
CLASSIFIED AD FORM
MAIL TO: THE QUINCY SUN, 1372 HANCOCK STREET,
QUINCY, MA 02169
PAYABLE IN ADVANCE. Payment must accompany order.

INDEX	RATES	
☐ Services	1 WEEK	☐ \$9.00 for one insertion, up to 20 words, 10¢ for each additional word.
☐ For Sale	2-4 WEEKS	☐ \$8.00 per insertion up to 20 words for 2-4 insertions of the same ad, 10¢ each additional word.
☐ Autos	5-10 WEEKS	☐ \$7.50 per insertion, up to 20 words, for 5-10 insertions of the same ad 10¢ for each additional word.
☐ Boats	11 WEEKS OR MORE	☐ \$7.00 per insertion, up to 20 words, for 11 or more insertions of the same ad 10¢ for each additional word.
☐ For Rent		
☐ Wanted		
☐ Help Wanted		
☐ Work Wanted		
☐ Pets		
☐ Lost & Found		
☐ Real Estate		
☐ Antiques		
☐ Flea Markets		
☐ Yard Sales		
☐ Instruction		
☐ Day Care		
☐ Personal		
☐ Miscellaneous		

☐ Enclosed is \$ _____ for the following ad to run _____ weeks in
The Quincy Sun.
COPY: _____

NO REFUND WILL BE MADE AT THIS CONTRACT RATE IN THE EVENT OF CANCELLATION.
DEADLINE: FRIDAY AT 4PM. PLEASE INCLUDE YOUR PHONE NUMBER IN AD.



QUINCY COLLEGE

MILITARY AND VETERAN SERVICES

YOUR EDUCATION IS OUR MISSION

LIFE, LIBERTY & THE PURSUIT OF EDUCATION

Quincy College is pleased to welcome veterans of the United States Armed Forces, active duty service members and their loved ones, to our college. We look forward to meeting your educational needs and assisting you in navigating your education benefits with the U.S. Department of Veteran Affairs. We take pride in our ability to provide personalized assistance to all veterans and veteran dependents.

MILITARY & VETERAN TUITION

Programs we are approved to administer include:

- Post 9/11 GI Bill®
- Vocational Rehabilitation
- Montgomery GI Bill®
- Tuition Assistance
- MyCAA
- VA Work Study

Through the Quincy College Veterans Discount Program, Veterans may enroll in either Liberal Arts or Professional Programs classes at a discounted rate.

We are happy to review both military and college transcripts, as well as CLEP and DANTES exam scores, for transfer credit according to American Council of Education (ACE) recommendations.



PROGRAMS OF STUDY

- Computer Science
- Criminal Justice
- Criminal Justice- Law Enforcement
- Corrections Administration
- Emergency Medical Technician
- Exercise Science & Personal Training
- Paramedic Education
- Security Administration
- Security Management
- Business
- General Studies

...and more!

CONTACT US:

JOSIE SMITH, MILITARY AND VETERAN SERVICES ASSOCIATE
617-405-5928 | JSMITH@QUINCYCOLLEGE.EDU

2020

Summer & Fall
Register now!



INFO.QUINCYCOLLEGE.EDU/VETS

J
U
L

1
6

2
0
2
0